

February

RANDOM ACTS OF KINDNESS

Hold the door open for someone

Write a handwritten thank you note

Serve at a homeless shelter

Buy someone a cup of coffee

Participate in a neighborhood clean up

Check in with a colleague

Give a stranger a compliment

Hold the elevator for someone

Donate clothes or items you no longer need

Pass along a great book you have read

Call a friend or family member to say hi

Prepare a meal for your family or friends

Participate in or donate to a fundraiser

Share a friend's art, blog, or company on social media

Leave a large tip and kind note to a server

Review a local business that you enjoy

Donate books to your local library

Use Amazon Smile the next time you place an order

Drop off hygiene products to a shelter

Do something kind for yourself