

## SPORTS AND EXERCISE MEDICINE FELLOWSHIP PROGRAM

# A COLLABORATIVE COMMUNITY

IT TAKES A TEAM.

### UAB CENTER FOR EXERCISE MEDICINE

The UAB Center for Exercise Medicine promotes the health and well-being of children and adults of all ages through: interdisciplinary research; training and education; and exercise-based research programs. We bring together more than 190 members and trainees, 35 departments, and 10 schools.

### LAKESHORE FOUNDATION

The Lakeshore Foundation mission is to enable people with physical disability and chronic health conditions to lead healthy, active, and independent lifestyles through physical activity, sport, recreation, advocacy, policy, and research. This facility is also a training site for the US Olympic & Paralympic teams.

### COMPREHENSIVE TRAINING

BROAD-BASED TRAINING IN MEDICAL AND MUSCULOSKELETAL CONDITIONS IN ATHLETES AND ACTIVE INDIVIDUALS

### ACADEMIC LEADERS

AWARD-WINNING CLINICIANS, EDUCATORS, AND RESEARCHERS

### ATHLETES OF ALL TYPES

TEAM COVERAGE FOR HIGH SCHOOL, NCAA DIVISION I, AND PROFESSIONAL SPORTS

Thanks for your interest in our Sports and Exercise Medicine Fellowship Program! This two-year fellowship offers individuals the opportunity to learn comprehensive state-of-the-art sports and exercise medicine.

Trainees will gain expertise in managing musculoskeletal and non-musculoskeletal disorders for athletes and active individuals in a variety of settings. They will master musculoskeletal ultrasounds, receive mentorship in completing scholarly activity, and ultimately develop the skills needed to become a leader in sports medicine. Each fellow assumes a principal role in caring for athletes of all ages, including organized sports at the professional, collegiate, and high school settings.

## MINIMUM REQUIREMENTS

- ERAS application
- Three letters of recommendation (including one from residency program director)
- Curriculum vitae
- Personal statement
- Copy of USMLE/COMLEX transcript
- Copy of medical school diploma and transcript
- Copy of current state medical license
- Copy of first page for all publications

## ACCEPTING CANDIDATES FROM ALL BACKGROUNDS

Our program participates in the NRMP Fellowship Match Program and considers applicants with training in Family Medicine, Emergency Medicine, Pediatrics, Internal Medicine, and Physical Medicine & Rehabilitation.

BIRMINGHAM, ALABAMA

# AN ATHLETIC COMMUNITY

UAB will be joining the American Athletic Conference (AAC) in 2023 and participates in NCAA Division I sports. In 2021, the UAB Blazers football team won the Independence Bowl, defeating No. 14 BYU. Fellows will have the opportunity to work directly with our Division I athletes.

## BIRMINGHAM

### Birmingham Legion FC

Professional soccer club in the USL Championship, the second division of American soccer

### United States Football League

Professional football league featuring eight teams with all games scheduled in Birmingham

### The World Games 2022

Major international multisport event including martial arts, ball sports, strength sports and more

### Birmingham Bulls Hockey

Professional hockey team competing in the Southern Professional Hockey League

### Birmingham Vulcans Rugby Club

Rugby Union club competing in Division II of the USA Rugby True South Union

## UAB DIVISION 1 ATHLETICS

### Men's Sports

Baseball  
Basketball  
Football  
Rifle  
Soccer  
Tennis

### Women's Sports

Basketball  
Beach Volleyball  
Bowling  
Cross Country  
Golf  
Rifle  
Soccer  
Softball  
Tennis  
Track  
Volleyball

## COMMUNITY TEAMS & PARTNERS

### Birmingham United Soccer Association

### Hoover-Vestavia Soccer Club

### Birmingham City Schools Athletics

### Coach Safely

# SPORTS & EXERCISE MEDICINE

## FELLOWSHIP PROGRAM

### CONTACT

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Family and Community Medicine  
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UAB DEPARTMENT OF FAMILY  
AND COMMUNITY MEDICINE  
UAB.EDU/FAMILYMEDICINE  
CAHABA MEDICAL CARE  
CAHABAMEDICALCARE.COM



# OUR EXPERTS



IAN D. MCKEAG, M.D., M.S.

PROGRAM DIRECTOR

Department of Family  
and Community Medicine



IRFAN M. ASIF, M.D.

PROFESSOR, CHAIR

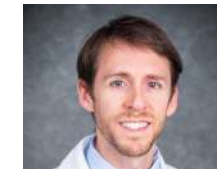
Department of Family  
and Community Medicine



AMIT MOMAYA, M.D.

ASSOCIATE PROFESSOR

Department of  
Orthopaedic Surgery



M. HEATH HALE, M.D., MPH

ASSOCIATE PROFESSOR

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STEVEN BROWN, M.D.  
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ASSISTANT PROFESSOR

Department of  
Orthopaedic Surgery



BEAU GRANTIER, M.D.  
COMMUNITY SPORTS MEDICINE

Southlake  
Orthopaedics



CALVIN SPELLMON, JR., M.D.  
ASSISTANT PROFESSOR

Department of Family  
and Community Medicine



SARA GOULD, M.D., MPH  
ASSOCIATE PROFESSOR

Departments of Orthopaedic  
Surgery and Emergency Medicine