

SPORTS AND EXERCISE MEDICINE FELLOWSHIP PROGRAM

A COLLABORATIVE COMMUNITY

IT TAKES A TEAM.



COMPREHENSIVE TRAINING

BROAD-BASED TRAINING IN
MEDICAL AND MUSCULOSKELETAL
CONDITIONS IN ATHLETES AND
ACTIVE INDIVIDUALS

ACADEMIC LEADERS

AWARD-WINNING CLINICIANS,
EDUCATORS, AND RESEARCHERS



ATHLETES OF ALL TYPES

TEAM COVERAGE FOR
HIGH SCHOOL, NCAA DIVISION I,
AND PROFESSIONAL SPORTS



Thanks for your interest in our Sports and Exercise Medicine Fellowship Program! This two-year fellowship offers individuals the opportunity to learn comprehensive state-of-the-art sports and exercise medicine.

Trainees will gain expertise in managing musculoskeletal and non-musculoskeletal disorders for athletes and active individuals in a variety of settings. They will master musculoskeletal ultrasounds, receive mentorship in completing scholarly activity, and ultimately develop the skills needed to become a leader in sports medicine. Each fellow assumes a principal role in caring for athletes of all ages, including organized sports at the professional, collegiate, and high school settings.

MINIMUM REQUIREMENTS

- ERAS application
- Three letters of recommendation (including one from residency program director)
- Curriculum vitae
- Personal statement
- Copy of USMLE/COMLEX transcript
- Copy of medical school diploma and transcript
- Copy of current state medical license
- Copy of first page for all publications

ACCEPTING CANDIDATES FROM ALL BACKGROUNDS

Our program participates in the NRMP Fellowship Match Program and considers applicants with training in Family Medicine, Emergency Medicine, Pediatrics, Internal Medicine, and Physical Medicine & Rehabilitation.

UAB CENTER FOR EXERCISE MEDICINE

The UAB Center for Exercise Medicine promotes the health and well-being of children and adults of all ages through: interdisciplinary research; training and education; and exercise-based research programs. We bring together more than 190 members and trainees, 35 departments, and 10 schools.

LAKESHORE FOUNDATION

The Lakeshore Foundation mission is to enable people with physical disability and chronic health conditions to lead healthy, active, and independent lifestyles through physical activity, sport, recreation, advocacy, policy, and research. This facility is also a training site for the US Olympic & Paralympic teams.

BIRMINGHAM, ALABAMA

AN ATHLETIC COMMUNITY

UAB will be joining the American Athletic Conference (AAC) in 2023 and participates in NCAA Division I sports. In 2021, the UAB Blazers football team won the Independence Bowl, defeating No. 14 BYU. Fellows will have the opportunity to work directly with our Division I athletes.

BIRMINGHAM

Birmingham Legion FC

Professional soccer club in the USL Championship, the second division of American soccer

United States Football League

Professional football league featuring eight teams with all games scheduled in Birmingham

The World Games 2022

Major international multisport event including martial arts, ball sports, strength sports and more

Birmingham Bulls Hockey

Professional hockey team competing in the Southern Professional Hockey League

Birmingham Vulcans Rugby Club

Rugby Union club competing in Division II of the USA Rugby True South Union

UAB DIVISION 1 ATHLETICS

Men's Sports

Baseball
Basketball
Football
Rifle
Soccer
Tennis

Women's Sports

Basketball
Beach Volleyball
Bowling
Cross Country
Golf
Rifle
Soccer
Softball
Tennis
Track
Volleyball

COMMUNITY TEAMS & PARTNERS

Birmingham United Soccer Association

Hoover-Vestavia Soccer Club

Birmingham City Schools Athletics

Coach Safely

SPORTS & EXERCISE MEDICINE

FELLOWSHIP PROGRAM

CONTACT

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UAB DEPARTMENT OF FAMILY
AND COMMUNITY MEDICINE
UAB.EDU/FAMILYMEDICINE
CAHABA MEDICAL CARE
CAHABAMEDICALCARE.COM



OUR EXPERTS



IAN D. MCKEEAG, M.D., M.S.
PROGRAM DIRECTOR

Department of Family
and Community Medicine



IRFAN M. ASIF, M.D.
PROFESSOR, CHAIR

Department of Family
and Community Medicine



AMIT MOMAYA, M.D.
ASSOCIATE PROFESSOR

Department of
Orthopaedic Surgery



M. HEATH HALE, M.D., MPH
ASSOCIATE PROFESSOR

Department of Family
and Community Medicine



STEVEN BROWN, M.D.
ASSISTANT PROFESSOR

Department of Family
and Community Medicine



AARON CASP, M.D.
ASSISTANT PROFESSOR

Department of
Orthopaedic Surgery



BEAU GRANTIER, M.D.
COMMUNITY SPORTS MEDICINE

Southlake
Orthopaedics



CALVIN SPELLMON, JR., M.D.
ASSISTANT PROFESSOR

Department of Family
and Community Medicine



SARA GOULD, M.D., MPH
ASSOCIATE PROFESSOR

Departments of Orthopaedic
Surgery and Emergency Medicine