Academic (Objective) Metrics

Who could be a physician?

- **MCAT**
  Predicts performance on USMLE Step 1
  - 508 School of Medicine class average for matriculating applicants
  - 495 Minimum total MCAT score given consideration

- **GPA**
  Predicts potential for success in medical school curriculum
  - 3.80 Overall GPA average for School of Medicine matriculating applicants
  - 3.84 Average BCPM GPA for School of Medicine matriculating applicants

- **Rigor of Academic Curriculum**
  Including science and other courses

Non-Academic (Subjective) Attributes and Experiences

Who would be the best physician?

- **Desirable personal attributes**
  Responsible to self and others, honesty, integrity, empathy, compassion, reliable, dependable, resilience, adaptability, self-aware, socially and culturally competent, effective team member, capacity for improvement

- **Communication skills & personal interview**
  Overall ability to communicate effectively and specific ability to convey a realistic understanding of patient’s experiences in the doctor-patient relationship; know the importance and the qualities of skillful listening

- **Service & volunteer experiences**
  Evidence of a demonstrated concern for others, particularly with unmet needs, through a pattern of on-going, face-to-face, hands-on service

- **Shadowing**
  To develop an understanding of the patient-doctor relationship; to begin to develop insight into the patient’s experience in the patient-doctor relationship; shadowing is essential to be considered competitive for admission; shadowing primary care physicians (family medicine, internal medicine, pediatrics) is highly recommended as this provides the best opportunity for observing the patient-doctor relationship

- **Medically related experiences**
  To better understand what is involved in caring for patients and how medical services are delivered

- **Extracurricular & campus activities / Work experience**
  How have you invested your time in extracurricular activities and work experience?

- **Research experience**
  Opportunity to develop fundamentals of scientific inquiry important for evidence-based medicine

- **Leadership roles**
  Leadership is highly desirable in roles with responsibility for developing and promoting service to meet unmet needs, oversight of significant financial and/or people resources

- **Contribution to a diverse and creative class experience**

- **Potential to meet unmet medical service needs**

- **Distance traveled to overcome adversity**
What have you learned and how have you grown in your pursuit of medicine?

For each of your meaningful premedical experiences reflect on:

- How did I grow and/or what did I learn through participation in this experience?
- How did this experience support and/or challenge my motivation for a career in medicine?
- What have I learned as a result of activities that involved stepping outside my comfort zone?
- Reflect on a specific example of a learning experience or a “a-ha” moment from each experience.