Academic (Objective) Metrics

Who could be a physician?

- ☐ **MCAT**
  Predicts performance on USMLE Step 1
  - **508** School of Medicine class average for matriculating applicants
  - **495** Minimum total MCAT score given consideration
- ☐ **GPA**
  Predicts potential for success in medical school curriculum
  - **3.80** Overall GPA average for School of Medicine matriculating applicants
  - **3.84** Average BCPM GPA for School of Medicine matriculating applicants
- ☐ **Rigor of Academic Curriculum**
  Including science and other courses

Non-Academic (Subjective) Attributes and Experiences

Who would be the best physician?

- ☐ **Desirable personal attributes**
  Responsible to self and others, honesty, integrity, empathy, compassion, reliable, dependable, resilience, adaptability, self-aware, socially and culturally competent, effective team member, capacity for improvement
- ☐ **Communication skills & personal interview**
  Overall ability to communicate effectively and specific ability to convey a realistic understanding of patient's experiences in the doctor-patient relationship; know the importance and the qualities of skillful listening
- ☐ **Service & volunteer experiences**
  Evidence of a demonstrated concern for others, particularly with unmet needs, through a pattern of on-going, face-to-face, hands-on service
- ☐ **Medically Related Experiences and Shadowing**
  Medical exposure is an essential part of being considered competitive for admission. Through experiences in a medical setting, you will begin to:

  • Develop an understanding of what happens when doctors and patients interact
  • Develop insight into the patient's experience in the patient-physician relationship
  • Better understand what becoming a physician would mean to you

- ☐ **Extracurricular & campus activities / Work experience**
  How have you invested your time in extracurricular activities and work experience?
- ☐ **Research experience**
  Opportunity to develop fundamentals of scientific inquiry important for evidence-based medicine
- ☐ **Leadership roles**
  Leadership is highly desirable in roles with responsibility for developing and promoting service to meet unmet needs, oversight of significant financial and/or people resources

- ☐ **Contribution to a diverse and creative class experience**
- ☐ **Potential to meet unmet medical service needs**
- ☐ **Distance traveled to overcome adversity**

Who could be a physician?
Anyone who can academically obtain a medical degree and pass the USMLE.

Who would be the best physician?
Someone who has invested time in experiences that demonstrate passion for others and for medicine.

What have you learned and how have you grown in your pursuit of medicine?

For each of your meaningful premedical experiences reflect on:

- How did I grow and/or what did I learn through participation in this experience?
- How did this experience support and/or challenge my motivation for a career in medicine?
- What have I learned as a result of activities that involved stepping outside my comfort zone?
- Reflect on a specific example of a learning experience or a "a-ha" moment from each experience.