

AYA Program Newsletter for April 2025

Updates & FYIs

AYA Cancer Awareness Week is April 7-11th!!

AYA Pool in Impact

You can now message the AYA Team in Impact via the AYA Pool. Search for <u>AYA Pool</u> and send us patient referrals or any pertinent patient information.



Social Media Launch

We have officially launched our Instagram page! **Please follow us at uabayacancer**. Give us a like and share the news with your patients and your networks. We will have special posts everyday for AYA Week!

AYA Trials of Interest

Unpacking Insurance Coverage for Fertility Preservation (IRB-300013335)

This study evaluates process of insurance coverage for sperm banking (SB), which is recommended for all post-pubertal males newly diagnosed with cancer. Most insurance carriers do not cover SB, but some states have mandates that include limited coverage for SB. Patients have a short window of time to decide about SB before treatment starts. This multi-center study utilizes an <u>independent funding guaranteeing payment</u> to <u>sperm banks</u>, to allow time to investigate insurance coverage.

<u>Primary Objective</u>: Describe the rate of timely insurance coverage and the process of requesting coverage for SB.

Eligibility: Patients 15-24yo with male reproductive organs and a new cancer diagnosis

- Planned treatment includes any chemotherapy and/or testicular radiation
- Has insurance (any insurance)

Where is it Open? Adult + Pediatric Oncology (no priority enrollment: pediatrics = adult)

Triptorelin and Protection of Ovarian Reserve in Adolescents and Young Adults with Cancer (ALTE2131 | NCT06513962; IRB-300014507)

This cross-network NCI trial **randomizes females** at a high risk of premature ovarian insufficiency to receiving the **GnRH agonist** triptorelin, then follows measures of **ovarian reserve** through 2y after the completion of cancer therapy.

<u>Primary Objective</u> To evaluate the impact of GnRH agonist triptorelin, as a randomized intervention, on the ovarian reserve of newly diagnosed AYA cancer patients (exclusive of breast cancer) treated with alkylating agent chemotherapy.

<u>Eligibility:</u> Females <40yo newly diagnosed with cancer (excluding breast cancer) <u>Where is it Open?</u> Pediatric oncology (adult oncology discussion ongoing)

PRISM (IRB-300010134)

The **P**romoting **R**esilience **in S**tress **M**anagement (PRISM) intervention is an ageappropriate program designed to improve mental health in AYAs with cancer through skills-based coaching sessions and a supporting digital app.

<u>Primary Objective</u>: To evaluate the impact of video- and text-PRISM coaching versus the self-guided mPRISM app on patient-reported resilience.

<u>Eligibility:</u> Patients at participating sites of all genders \geq 12 and \leq 25 years of age at baseline

- Able to read and speak English or Spanish
- Have completed their main cancer-directed therapy [participants receiving oral maintenance chemotherapy (e.g., AYAs with ALL) also eligible].

<u>Where is it Open?</u> Adult + Pediatric Oncology (primary site prioritizing enrollment pediatrics > adult)

Fertility Preservation

REI Storage Costs

Storage costs related to fertility preservation will be increasing in cost due to a change in the storage company. The annual cost for cryopreservation will be \$400 for eggs or embryos and \$300 for sperm.

Out of Office

Dr. Sukhkamal Campbell, Director of Fertility Preservation Services, will continue to be out in April.

Reminders and Program Events

AYA Tumor Boards

We plan to continue tumor boards virtually for the foreseeable future for the convenience of both our pediatric and adult teams - but welcome any feedback! Be on the lookout for the next few dates:

- Leukemia Disease Team (Led by Jamy/Wolfson) Friday, 4/25/2025 from 4-5PM
- Neuro-Onc Disease Team (Led by Nabors/Metrock) Friday, 5/2/2025 from 4-5PM
- NSST Disease Team (Led by Alva, et al.) Tuesday, 5/13/25 from 4-5PM
- Lymphoma Disease Team (Led by Eulo/Aye) Friday, 6/6/25 from 4-5PM

Of note: Our goal is to obtain CME/CEU accreditation and hope to be able to provide this in 2025.

Clinical Resources

Childhood Cancer Survivorship Clinic (TLC Clinic)

This clinic is open to any patient who was <u>diagnosed at ≤21 years</u> of age <u>regardless of where they were treated for cancer</u> (UAB, COA, outside hospital). They are eligible once they have been off therapy for at least two years, and TLC will follow them annually. Please see flyer attached to this email for more info. Referrals and inquiries for adult oncology patients can also be made via <u>TLC@uabmc.edu</u>.

AYA Support Group

We continue to offer a weekly virtual AYA Support Group for patients ages 15 to 25 years. This is now being advertised on the O'Neal Comprehensive Cancer Center's Cancer Support Groups webpage. For more information, <u>CLICK HERE</u>. The informational flyer is also attached to this email.

UAB-COA-O'Neal AYA Oncology & Oncofertility Program

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Email us: <u>AYAprogram@uabmc.edu</u> Visit us on the web: <u>Click HERE</u>

ADOLESCENT & YOUNG ADULT (AYA) ONCOLOGY & ONCOFERTILITY





