University of Florida

NExTNet Member Presentation

April 12th
UF - Overview

• 50K students, 4K faculty, 20 schools

• Six Health Science colleges
  • Dentistry, Medicine, Nursing, Pharmacy, Public Health and Health Professions, and Veterinary Medicine

• 3 Main Campuses
  • Gainesville, UF Health Jacksonville, Lake Nona (Orlando)
Institutes & Centers

- CTSI
- Aging
- Myology
- Diabetes
- Brain
- Numerous Centers
  - (Pain, Hypertension, Movement Disorders, Exercise Science, Pharmacogenomics, etc)
Clinical Trial Facilities

• Clinical Translational Research Building
University of Florida Clinical and Translational Research Building

Entrances, Parking & Drop-off Locations
2004 Mowry Road, Gainesville, FL 32610

- UF Clinical Research Center Adult Entrance
- UF Clinical Research Center Pediatric Entrance
- Parking Garage (entrance on Gale Lemerand)
  Designated spaces for research participants available in the south bay of the ground level
- Circle Drive
  Drop-off and pick-up, UF Health Shuttle stop
- Main Entrance
- Institute on Aging Entrance
Exercise Facilities

• IOA Health Promotion Center
• SW Recreation Center
• UF Health Fitness & Wellness Center
• Center for Exercise Science
Potential Partners
Ongoing Exercise Research

- Institute on Aging
- Physical Therapy
- Myology Institute
- Center for Exercise Science

- Others
  - Orthopedics
  - Endocrinology
  - Cardiology
  - Health Outcomes/Policy
Ongoing Exercise Trials

- **T. Buford**
  - Exercise + Antihypertensive Med./Aging & Hypertension
  - BFR exercise in Aging/Knee OA
  - Objective Monitoring + Exercise/Aging and CVD Risk
  - Resveratrol & Exercise/Aging Mobility

- **D. Christou**
  - Aerobic Exercise/Endothelial Dysfunction in Older Adults w/ T2D

- **C. Hass**
  - Locomotor Adaptation Training/Aging Mobility

- **D. Lott**
  - Strength Training for Duchenne Muscular Dystrophy

- **K. Vincent**
  - Eccentric Exercise for Knee Osteoarthritis
Phase 3 Experience

- LIFE Study
  - 8 sites, N = 1635
  - Older Adults with Mobility Limitations
  - Median 2.7 year intervention
    - Center phased physical activity
    - Health education workshops
- Outcomes & PA measures
  - Mobility Disability, CV events, Cognition
  - Accelerometry, Home-based activity logs
Questions

"Harris, when I said 'any questions' I was using only a figure of speech."