List of Clinical Cases

- 1. **Abnormal Labor**: L & D notifies you that 32 year-old, Georgia, G4 P3, at 41 1/2 weeks gestation in active labor has been 5 cm dilated for the past 3 hours.
- 2. **Abnormal Pap Smear**: Your office nurse shows you the PAP smear report on 40 year-of Harriet, G3 P3. It is consistent with moderate dysplasia.
- 3. **Anemia in Pregnancy**: 19 year-old Anna, G2 P1, at 15 weeks gestation is found on routine prenatal CBC to have: hemoglobin 9.0, hematocrit 26.3, MCV 75, RDW 18.
- 4. **Breast Disorders**: 49 year-old Jean, G3 P2 Abl, presents at your off-ice complaining of a le breast lump. Your examination confirms a right breast upper outer quadrant 3 cm discrete, nontender cystic mass.
- 5. **Contraception**: 16 year-old Lisa, GI PO Abl, presents at your office requesting an intrauterine contraceptive device.
- Discrepant Fundal Size: 38 year-old Emma, G5 P1 Ab3, is referred to you for evaluation at 32 weeks gestation by dates. (a) Her fundal height is 27 cm. (b) Her fundal height is 40 cm.
- 7. **Dysmenorrhea**: 28 year-old Martha, G2 P1 Abl, comes to your office complaining of severe pain with her menstrual periods for past 7 months. She had not had pain such as this previously.
- 8. **Dyspareunia**: 26 year-old Judy, G2 P1 Abl, presents at your office complaining of painful intercourse.
- 9. **Ectopic Pregnancy**: 17 year-old Raquel, G2 PO Ab2, is seen in the ER for unilateral pelvic and left lower abdominal pain. She admits to recent vaginal bleeding. She is afebrile. Qualitative serum beta-HCG is positive.
- 10. **Enlarged Uterus**: 31 year-old Judy, G3 P3, comes to your office for a routine annual exam On pelvic examination you find her uterus is enlarged.
- 11. **Fetal Demise**: 28 year-old Mary, G2 P1, at 30 weeks gestation (confirmed by a 15 week ultrasound) comes to L & D due to no fetal movements for 2 days.
- 12. **Fetal Distress**: L & D nurse calls you in a panic regarding 18 year-old Peggy, G1 PO, 39 weeks gestation in active labor. The fetal monitor which was initially normal now shows FHR baseline at 70/min. FECG is in place.
- 13. **First Trimester Bleeding**: 22 year-old Sally, G1 PO, at 10 weeks gestation by dates comes to the E.R. complaining of vaginal bleeding.
- 14. **Glucose Intolerance in Pregnancy**: 22 year-old Carol, GI PO, at 23 weeks gestation by dates is referred to you with the following 3 hour 100 gram OGTT results: F 102; 1 hr 195; 2 hr 180; 3 hr 140.
- 15. **Hirsutism/Virilization**: 18 year-old Marla, 00 PO, comes to your office complaining of excessive dark, coarse hair growth on her face, chest and pubic area.
- 16. **Hypertension in Pregnancy**: 16 year-old Tiffany, G1 PO, at 35 weeks gestation comes to your office for a regular prenatal visit. BP is 150/90.

- 17. **Isoimmunization**: 31 year-old Charlotte, G2 P1, was seen at your office for the first prenatal visit at 12 weeks gestation by dates. Her prenatal laboratory panel reveals a blood type of AB negative. (a) Her atypical antibody screen is positive. (b) Her atypical antibody screen is negative.
- 18. **Menopause**: 51 year-old Hattie, G3 P3, has had increasing irregular menses. Her last period was 3 months ago. She has been experiencing sudden onset of profuse, embarrassing diaphoresis and sensation of heat. She finds her emotional state increasingly labile.
- 19. **Menorrhagia**: 32 year-old Faith, G4 P4, presents at your office complaining of menstrual periods that last 14 days. Her cycles are irregular.
- 20. **Multiple Gestation**: 21 year-old Maggie, G1 PO, at 15 weeks gestation has a uterine fundus palpable at the umbilicus. An ultrasound examination shows twin gestation with a single placenta but no septum was visualized.
- 21. **Operative Obstetrics**: 28 year-old Sybil, G1 PO, 41 weeks gestation has been in the second stage of labor for the past four hours. She is exhausted and has not been pushing effectively. The fetus is cephalic presentation. Fetal position is right occiput transverse. Station is + 1. The fetal head has molding and also caput formation. You recommend a cesarean. Sybil asks if a trial of vacuum extractor or forceps might be safer.
- 22. **Ovarian Cancer**: 54 year-old Joan. G2 P2, comes to your office complaining of abdominal enlargement and bloating. Abdominal exam reveals shifting dullness. Pelvic examination shows diffuse masses.
- 23. **Pelvic Relaxation**: 55 year-old Amanda, G5 P4 Abl, complains of pelvic pressure symptoms. On pelvic exam you note her cervix is protruding from her vagina.
- 24. **Post Dates**: 24 year-old Liza, G3 P1 Abl, saw you for the first time 6 weeks ago. By dates she is now 42 1/2 weeks gestation.
- 25. **Postmenopausal Bleeding**: 58 year-old Minnie, G5 P3 Ab2, underwent menopause 7 years ago. She comes to your office complaining of vaginal bleeding for one week.
- 26. **Postmenopausal Pelvic Mass**: 60 year-old Lucinda, G 3 P3, is in for an annual exam. She is 9 years postmenopausal. You find a 5 cm solid mobile right adnexal mass.
- 27. **Postpartum Hemorrhage**: L & D nurse calls to you see a 20 year-old Becky, G3 now P3, one hour post vaginal delivery because of excessive bleeding.
- 28. **Precious Puberty**: 5 year-old Lucy is referred to you by her pediatrician with the findings of breast development along with pubic and axillary hair.
- 29. **Premature Rupture of Membranes**: 22 year-old Dana, G1 PO, at 27 weeks gestation comes to your office stating she had a gush of fluid from the vagina 2 hours ago. Her perineum is grossly wet.
- Premenopausal Pelvic Mass: 25 year-old Betty, G1 PO Abl, presents at your office complaining of pelvic pressure symptoms. On pelvic examination you find she has a 5 cm. cystic right adnexal mass.

- 31. **Premenstrual Syndrome**: 29 year-old Donna, G3 P3, presents at your office complaining of emotional lability, bloating and breast tenderness. The symptoms are so severe in the week prior to her menses she has difficulty functioning in the home and at work. She wonders if you can help her.
- 32. **Prenatal Diagnosis**: 42 year-old Naomi, G1 P1, comes in for her fist prenatal visit at 8 weeks by dates. She had a previous Down's syndrome baby with a spina bifida. She asks if you can help identify if her present fetus is normal.
- Prepubertal Pelvic Mass: Prepubertal 8 year-old Tamara is referred to you by her pediatrician with the findings of a 4 cm. solid left adnexal mass.
- 34. **Preterm Labor**: 24 year-old Lorna, G2 PI, at 28 weeks gestation by dates (but no prenatal care) presents at L & D with regular uterine contractions every 5 minutes.
- 35. **Primary Amenorrhea**: 19 year-old Rhonda, GO PO, presents at your office stating she has never had a menstrual period.
- 36. **Primary Infertility**: 30 year-old Marsha, GO PO, has been married for 5 years. In spite of not using any contraception she has been unable to get pregnant. She desperately wants a child and comes to your office.
- 37. **Puerperal Infection**: 29 year-old Babette, G3 now P3, is 36 hours post low mid-forceps delivery of a 3950 g male neonate following a 4 hour second stage of labor. The maternity unit nurse notifies you Babette has a temperature of 103.4 F.
- 38. **Rape Victim**: E.R. calls you to see 21 year-old Ann, GO PO, who states she was recently raped.
- 39. Rectovaginal Fistrula: 31 year-old Barbara, G1 PO, 3 weeks post vaginal delivery and 4th degree laceration comes to your office complaining of finding what looks and smells like stool in her vagina.
- 40. **Salpingitis**: E.R. calls you to see 21 year-old Michelle, GO PO complaining of severe pelvic pain. She has a 103.0 F fever with exquisite tenderness to cervical motion.
- 41. **Secondary Infertility**: 24 year-old Debra, G2 P1 Abl, has not had a menstrual period since her last pregnancy 15 months ago.
- 42. **Secondary Infertility**: 30 year-old Joyce had a successful term pregnancy 3 years ago. In spite of not using any contraception she has been unable to get pregnant again. She desperately wants a child and comes to your office.
- 43. **Sexually Transmitted Diseases**: 21 year-old Trudy, GO PO, presents to your office complaining of exquisitely tender vulvar lesions. On pelvic examination you confirm her findings. You also note periurethral, vaginal and cervical ulcerative lesions. Inguinal nodes are palpable and tender bilaterally. Temperature is 101.2 F.
- 44. **Sterilization**: 20 year-old Tasha, GI PI, comes to your office requesting permanent sterilization.
- 45. **Third Trimester Bleeding**: 32 year-old Elsie, G4 P3, at 31 weeks gestation comes to L & D with complaints of painless vaginal bleeding for the past hour. On exam her perineurn is grossly bloody but there is no active bleeding.

- 46. **Trophoblastic Disease**: You recently performed a D&C on 28 year-old Darlene, G2 P1 now Abl, 10 weeks gestation by dates. The gross findings were consistent with a molar pregnancy. The path report confirms your suspicion.
- 47. **Urinary Incontinence**: 48 year-old Shirley, G5 P4 AbI, comes to your office complaining of involuntary loss of urine.
- 48. **Urinary Tract Infection in Pregnancy**: 21 year-old Rochelle, G2 P1, at 30 weeks gestation presents to your E.R. with 103.5 F fever, right flank tenderness and dysuria.
- 49. **Vaginal Discharge/Itching**: 34 year-old Heather, G4 P3 AbI, comes to your office complaining of vaginal discharge and itching for the past 4 days.
- 50. **Vulvar Lesians**: 57 year-old Lottie, G5 P3 Ab2, comes to your office complaining of vulvar itching for 6 months. On exam you find a 6 x 10 mm white lesion on the right labia majora.
- 51. **Preventative Care and Routine Screening:** A 60 year old G4P4 patient presents for annual exam. What should this include. How would this list change if patient was 40 years old or 20 years old?