

6. Checklist: Conduct a comprehensive gynecologic examination

Instructions: Please check to indicate that the student completed the **relevant** portions of the exam. If there are rows that are not relevant or if that part of the exam cannot be performed, skip or mark as N.A. (not applicable).

Did not complete relevant exam	Partial completion of relevant exam	Completion of all relevant exam	
			<u>External Genitalia exam</u> : inspect skin and hair distribution; inspect labia majora/minora/clitoris, inspect urethral meatus, inspect introitus and Bartholin's glands and inspect perineum and anus
			<u>Speculum exam</u> : holds speculum 45-degree angle, inserts speculum properly, rotates speculum at full insertion, opens speculum slowly, identifies and inspects cervix, secures speculum in open position, inspects vaginal walls while removing speculum, removes speculum appropriately
			<u>Bimanual examination</u> : introduces fingers into vagina, palpates cervix and cervical os, palpates uterine body apex of fundus, notes uterine size/describes position of uterus, palpates right adnexa/ovary and left adnexa/ovary, removes fingers smoothly
			Describes each step of exam to patient prior to performing
			Maintains patient modesty
			Attends to patient's comfort
			Performed exam in a gentle and professional manner
			Instructs patient to return to sitting position at conclusion of exam