Urogynecology Case Studies: Stress Urinary Incontinence Evidence Based Management

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Evidence Based Management of Stress Urinary Incontinence

Educational Objectives

At the end of the lecture, participants will be able to describe the following:
• Current guidelines for diagnostic evaluation of Stress Urinary Incontinence
• Current guidelines for evidence based treatment of Stress Urinary Incontinence

Outline

1. Current Guidelines for Diagnostic Evaluation
   • History and physical exam
   • Diagnostic tests

2. Evidence Based Treatment
   • Gold standard approach: Midurethral Sling
     i. Choice of slings
     ii. Sling-related complications; Slings after prior midurethral sling excision
     iii. Issues related to "Mesh"
   • Efficacy of other treatments
   • Special Populations
     i. What if the initial treatment fails?
     ii. Women who desire future fertility

Select References