UAB Clinical Training Academy (CTA) in Palliative and Supportive Care

The primary focus of the UAB CTA experience is to provide a one week immersion in clinical palliative care practice for physicians, RNs, nurse practitioners (NPs), physician assistants (PAs), and chaplains. Provided by leaders in the field of palliative and supportive care, participants will receive opportunities for observation of direct patient care and provision of palliative and supportive care services in an acute inpatient and ambulatory settings. Followed by mentorship to guide future educational and clinical learning, participants will receive up to three (3) mentor phone calls as well as access to selected educational resources of the UAB Center for Palliative and Supportive Care through SharePoint.

Target Audience:
1) Practicing physicians who currently serve as hospice medical directors
2) Physicians in leadership positions in health care systems or hospices who wish to begin or sustain an acute care palliative care service as part of a hospital system
3) RNs, NPs, PAs, & chaplains currently engaged in inpatient palliative care service provision
4) RNs, NPs, PAs, or chaplains in leadership positions in hospice organizations who wish to broaden services to include palliative and supportive care
5) Any care provider with an interest in broadening personal skill set in the areas of symptom management, palliative or end of life care in an acute hospital setting

CTA Experience:
Participants will be surveyed prior to their experience regarding their personal goals and motivations for participation in the CTA with an emphasis on sustaining their individual educational goals in the future. Curriculum will include a combination of morning didactic teaching sessions with select faculty and staff coupled with direct observation of patient care on an inpatient palliative and comfort care unit, palliative care consultation in a large academic acute care hospital, and daily debriefing with a primary provider mentor. Standard topics include Introduction to Palliative Care, Communication Skills, Complex Care Coordination, Interdisciplinary Team Dynamics, Psychosocial and Spiritual Care, and Pain & Symptom Management are included in the immersion experience. Specific individualized time and curricular content for participants interested in ambulatory care settings can be provided as well.

Application Process and Fees:
Total cost for the week’s training experience is $2,500 for physicians and $1,500 for RNs, NPs, PAs, and chaplains. Applications are accepted on a competitive ongoing basis. Completed application and CV should be returned with a refundable $500 deposit to the address below. Applications will be reviewed by the CTA primary faculty and staff. Once accepted, training dates will be determined by matching applicant and CTA mentor schedules. Accepted applicants are responsible for all related travel, meals, and lodging during the immersion experience.

The $2,000 balance of the individual fee for physicians or $1,000 balance for RN, NP, PA, or chaplain will be due two weeks prior to the start of the training week. In the event that you are unable to attend the training your deposit will be returned.