Wednesday, February 20, 2019
Birmingham Botanical Gardens Auditorium

7:30 - 8:15  Registration and Continental Breakfast
Welcome/Introductions/Housekeeping Details

8:15-9:15  The Changing World of Pediatric Nutrition from Birth through 5
Harriet Cloud, RD, MS
Professor Emerita
University of Alabama at Birmingham

9:15-10:00  Changes in Medicaid – Opportunities/Challenges for Interdisciplinary Professionals
Cason Benton, MD
Assistant Professor – General Pediatrics
University of Alabama at Birmingham

10:00-11:00  Managing Inherited Disorders of CHO, Pro, and Fat Metabolism in Adolescence
Lauren Dodd, MA, RD, LD
Nutritionist
University of Alabama at Birmingham

11:00-12:30  Cultural Competence and Diversity
Julia Sosa, MS, RD, LD
Latino HIV and Prenatal Outreach Coordinator
Whatley Health Services Inc.

12:30-1:15  Lunch

1:15-2:15  Adolescent Diet and Mental Health
Sylvie Mrug, PhD
Interim Chair – Department of Psychology
Senior Scientist – Nutrition and Obesity Research Center
University of Alabama at Birmingham

2:15-3:15  Intervention with Children with Special Needs: Adolescent Nutrition Case Studies
Suzanne Geerts, MS, RD, LD
Clinical Assistant Professor – Department of Nutrition Sciences
University of Alabama at Birmingham

3:15-4:15  Eating Disorders in Today’s World
Nicole Sigfried, PhD, CEDS-s
Chief Clinical Officer
Alsana Eating Recovery Community

4:15-4:30  Discussion, Evaluation and Drawing
Thursday February 21, 2019
Birmingham Botanical Gardens Auditorium

7:30-8:00  Registration and Continental Breakfast

8:00-9:00  Executive Function in Weight Management: Implications for Intervention
Marissa Gowey, PhD
Assistant Professor – Department of Pediatrics – Psychology
University of Alabama at Birmingham

9:00-10:00  Allergies and Food Intolerances
Amy CaJacob, MD
Assistant Professor – Department of Pediatrics - Allergy and Clinic Immunology
University of Alabama at Birmingham

10:00-11:00  Early Life Stressors and Hypertension
Daniel Feig, MD, PhD
Professor of Pediatrics – Division of Nephrology
University of Alabama at Birmingham

11:00- 12:00  Transition in Cystic Fibrosis
Valerie Tarn, MS, RD, LD
Assistant Professor – Division of Pediatric Pulmonary & Sleep Medicine
University of Alabama at Birmingham

12:00-1:00  Lunch

1:00-2:00  Motivational Interviewing
Heather Austin, PhD
Assistant Professor – Department of Pediatrics – Adolescent Medicine
University of Alabama at Birmingham

2:00-3:00  Sleep and Health
Mary Halsey Maddox, MD
Assistant Professor – Division of Pediatric Pulmonary & Sleep Medicine
University of Alabama at Birmingham

3:00-4:00  Substance Abuse/Opioid Use in MCH Population
Lorie Harper, MD
Associate Professor – Division of Maternal-Fetal Medicine
University of Alabama at Birmingham

4:00-4:30  Discussion, Evaluation and Drawing
Friday February 22, 2017 - HOT TOPICS
Birmingham Botanical Gardens Ireland Room

7:30-9:00 Breakfast with the Experts
   Table 1
   Table 2
   Table 3
   Table 4
   Table 5
   Table 6
   Table 7
   Table 8

9:00-10:00 The Ketogenic Diet
   Eric Plaisance, PhD
   Associate Professor, Graduate Program Director, Honors Program Director – Department of
   Human Studies – Exercise Physiology
   Associate Professor – Department of Nutrition Sciences
   Associate Scientist – Center for the Study of Community Health, Nutrition and Obesity Research
   Center, UAB Comprehensive Diabetes Center, Center for Exercise Medicine
   University of Alabama at Birmingham

10:00-11:00 Intermittent Fasting
   Courtney Peterson, PhD
   Assistant Professor – Department of Nutrition Sciences
   University of Alabama at Birmingham

11:00-12:00 Health at Every Size
   Amy Claire McMurtie, MS, RD, LD
   Lead Dietitian
   Alsana Eating Recovery Community

   Amber Parris, LICSW, PIP, CEDS
   Director of Clinical Services
   Alsana Eating Recovery Community
The goal of the course is to improve the nutritional status of the MCH population across the life-course using complex/difficult cases through interactive case analyses and interactive activities involved in the nutrition care process as well as through both formal and informal learning in a varied learning context, including group case-based discussion sessions, faculty interaction, and peer networking opportunities. We will accomplish this goal through the following objectives:

1) Providing leadership in training in pediatric nutrition by developing high levels of clinical competence, providing instruction in nutrition needs, navigating the complexities of the dynamics of nutritional concerns from pregnancy through adulthood, and providing training in systems of delivery of nutrition care.

2) Integrating evidence-based nutrition practice and recent developments and research into the practice of MCH nutrition.

3) Discuss the management

CE’s Offered:
Day 1: Approved for 7 hours by the Commission on Dietetic Registrations, Program # 145173
Day 2: Approved for 7 hours by the Commission on Dietetic Registrations, Program # 145174
Day 3: Approved for 3 hours by the Commission on Dietetic Registrations, Program # 145175