

1st

Annual UAB Partnership in Eating Disorders Symposium

The Changing Face of Eating Disorders

Location: Birmingham Botanical Gardens

Date: July 11th and 12th, 2019

Thursday, July 11, 2019 Birmingham Botanical Gardens Auditorium

7:30 - 8:15 Registration, Welcome and Continental Breakfast

Hosted by Alsana

8:15-8:45 Yo-ga-ta start the day right

Heather Sullivan

Birmingham Yoga

8:45-9:45 Functional relationship of exercise from a compensatory behavior

Brian Cook PhD

Alsana

9:45-10:45 Co-Occurring Mental Health Conditions

Amy Ricke PsyD

Selah House

10:45-11:45 Art Therapy

Elizabeth McMurray MA, LMFT, CEDS-S

A Center for Eating Disorders

11:45-12:30 Networking Lunch

Hosted by MCH Nutrition Training Program

12:30-1:30 Health at Every Size

Aaron Flores, RDN

1:30-2:30 Feeding the Disordered Eating Brain

Ralph Carson PhD, RD

2:30-3:15 Mind, Body and Spirit –Religiosity in Eating Disorders Treatment

Reverend **Katie Rengers**

The Abbey

3:15-4:15 When Eating Disorders and Substance Abuse Collides

Cailey Binkley, M. Ed, LAPC
Program Director for MARR, Inc., Women
Recovery Center

4:15-5:15 Youth and Social Media
Dale Wisely PhD

5:15-5:30 Evaluation

**Friday July 12, 2019 Birmingham Botanical
Gardens Auditorium**

7:30-8:00 Breakfast
Hosted by A Center for Eating Disorders

8:00-9:00 Supporting the Support System
Carlus M. Houston
Recovery Coach, Treatment Consultant
Fidelis Treatment Consultants

Becky Henry, CPCC
Eating Disorder Parent Coach
Hope Network, LLC

**9:00-10:00 Medical Complications Specific to Growth and
Development**
Anna Tanner, MD
Veritas Collaborative

**10:00-11:00 Sports Nutrition for the Triad: Female Athletes,
Male Athletes and Coaches**
Page Love, MS, RDN, LD, CSSD
Nutrifit Sport Therapy

11:00- 12:00 Eating Disorders in the LGBTQ Community
Morissa Ladinsky MD
UAB

12:00-1:00 Lunch with the Experts
Hosted by Magnolia Creek