

Eating Disorders Workshop

UAB Department of Pediatrics- Division of Adolescent Medicine in Partnership with A Center for Eating Disorders, Alsana and Magnolia Creek/Selah House

Thursday, July 11, 2019 Birmingham Botanical Gardens Auditorium

- 7:30 - 8:15 Registration, Welcome and Continental Breakfast**
Breakfast Hosted by Alsana
- 8:15-8:45 Yo-ga-ta start the day right**
Heather Sullivan
Birmingham Yoga
- 8:45-9:45 Functional Relationship of Exercise and Eating Disorders: From Compensatory to Therapeutic**
Brian Cook PhD
Alsana
- 9:45-10:45 Psychiatric Co-Morbidities of Eating Disorders**
Amy Ricke MD
Selah House
- 10:45-11:45 The Unfolding of the Story: Kids Communicating Through Art**
Elizabeth McMurray MA, LMFT, CEDS-S
A Center for Eating Disorders
- 11:45-12:30 Networking Lunch**
Lunch Hosted by MCH Nutrition Training Program
- 12:30-1:30 “Judge Me By My Size Do You?” Lessons Learned from a Fat Dietitian**
Aaron Flores, RDN
- 1:30-2:30 Feeding the Disordered Eating Brain**
Ralph Carson PhD, RD
- 2:30-3:15 Divine Bodies, Human Hearts: Remembering We Are Created Good**
Reverend Katie Rengers
The Abbey
- 3:15-4:15 Feeding Off Each Other**
Cailey Binkley, M. Ed, LAPC
Program Director for MARR, Inc., Women Recovery Center
- 4:15-5:15 The Digital World and Our Youth**
Dale Wisely PhD
- 5:15-5:30 Evaluation**

Friday July 12, 2019 Birmingham Botanical Gardens Auditorium

- 7:30-8:00** **Breakfast**
Breakfast Hosted by A Center for Eating Disorders
- 8:00-9:00** **Supporting the Supporters**
Carlus M. Houston and Becky Henry
Recovery Coach, Treatment Consultant
Fidelis Treatment Consultants
- 9:00-10:00** **Medical Complications Specific to Growth and Development**
Anna Tanner, MD
Veritas Collaborative
- 10:00-11:00** **Practical Sport Nutrition Approaches to Treating Female Athlete Triad and REDS**
Pediatric Athletes
Page Love, MS, RDN, LD, CSSD
Nutrifit Sport Therapy
- 11:00- 12:00** **GD, ED and Related Health Challenges Facing Trans and Gender Expansive Youth**
Morissa Ladinsky MD
UAB
- 12:00-1:00** **Lunch with the Experts**
Lunch Hosted by Magnolia Creek