

# Agenda: Building the Resilient Teen

# Learning Objectives

Friday, April 8, 2016

- 8:00-8:20 **Registration & Continental Breakfast**
- 8:20-8:30 **Welcome**  
Tina Simpson, MD, MPH
- 8:30-9:40 **Youth 360; Where Youth Live, Learn and Play Matters**  
Pat Paluzzi, CNM, DrPH
- 9:40-10:10 **Adolescent Health Action Plan**  
Jamie Keith, MS, & Tina Simpson, MD, MPH
- 10:10-10:20 **BREAK**
- 10:20-11:30 **How Social Determinants of Health Contribute to the Trafficking of Marginalized Youth and How R.E.E.P. (Recognize, Engage, Educate and Promote) Changes the Landscape**  
Sunnetta "Sunny" Slaughter
- 11:30-12:30 **LUNCH (provided)**
- 12:30-1:30 **Spiritual Coping in Youth with Chronic Illness**  
Sylvie Mrug, PhD
- 1:30-2:15 **Primary Care for LGBTQ Youth in 2016**  
Morissa Ladinsky, MD, FAAP
- 2:15-3:00 **Panel Discussion: Community and School Resources for At Risk Youth**  
Moderated by Heather Austin, PhD  
Shannon Hubbard, LGSW, Anthony Sparks, MBA, & Kelley Castlin-Gacutan, PhD
- 3:00 **Complete Evaluation & Adjourn**  
Turn evaluation in as you leave and receive your Certificate of Attendance.



## Continuing Education

Children's of Alabama designates this live activity for a maximum of *5.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Upon completion of this live activity, participants will be able to:

1. Using the Youth 360 approach, examine how and where youth live, learn and play affect their health and wellbeing.
2. Incorporate social-ecological health promotion into adolescent health management strategies.
3. Discuss the community roles in addressing the victimization of youth.
4. Describe coping interventions used in the management of adolescents with chronic medical conditions.
5. Discuss how providers can address the unique needs of Lesbian, Gay, Bisexual, and Transsexual (LGBT) youth.

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**A**village

# Registration

FOR ONLINE REGISTRATION, please visit  
[ChildrensAL.org/adolescent](http://ChildrensAL.org/adolescent)

Or complete the form below and mail, email or fax registration form and payment to:  
Adrienne Marbury, MPA  
Adolescent Medicine at Children's of Alabama  
1600 7th Ave South, Children's Park Place, Suite 310  
Birmingham, AL 35223

FAX: 205.975.6503 Email: [amarbury@peds.uab.edu](mailto:amarbury@peds.uab.edu)

\$50 to Attend (includes continental breakfast and lunch)  
\$60 for late registration

Registration Deadline is March 28, 2016

Please make checks payable to Children's of Alabama.

There will be no refunds.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

FAX \_\_\_\_\_

EMAIL \_\_\_\_\_

PHYSICIAN       NURSE  
 SOCIAL WORKER       COUNSELOR  
 OTHER HEALTH CARE PROFESSIONAL  
 Check here if a Children's or UAB employee.

Special dietary needs \_\_\_\_\_

Parking will be available free of charge  
in the Children's Park Place Deck.  
The entrance to the deck is at  
16th Street South and 5th Avenue South.

Questions?

Call: Adrienne Marbury, 205.638.6970.  
Email: [amarbury@peds.uab.edu](mailto:amarbury@peds.uab.edu)

# Speakers

**Heather Austin, PhD**  
Assistant Professor of Pediatrics  
University of Alabama at Birmingham

**Kelley Castlin-Gacutan, PhD**  
Superintendent, Birmingham City Schools

**Shannon Hubbard, LGSW**  
Coordinator, Alabama REACH  
University of Alabama

**Jamie Keith, MS**  
Director, Alabama Coalition to Prevent  
Teen Pregnancy

**Morissa Ladinsky, MD, FAAP**  
Associate Professor of Pediatrics  
University of Alabama at Birmingham

**Sylvie Mrug, PhD**  
Professor of Psychology  
University of Alabama at Birmingham

**Pat Paluzzi, CNM, DrPH**  
President and CEO,  
Healthy Teen Network, Baltimore Maryland

**Tina Simpson, MD, MPH**  
Associate Professor of Pediatrics  
University of Alabama at Birmingham  
Director, LEAH Project

**Sunnetta "Sunny" Slaughter**  
CEO/Founder, Sunny Slaughter Consulting

**Anthony Sparks, MBA**  
Executive Director  
Birmingham YMCA Youth Center



Adolescent Medicine at Children's of Alabama  
Children's Park Place, Suite 310  
1600 7th Avenue South  
Birmingham, AL 35233



10th Annual Adolescent Health Update Conference

**BUILDING THE RESILIENT TEEN**

Friday, April 8, 2016

8:00 am-3:00 pm

Bradley Lecture Center, 4th Floor  
Children's Harbor Building  
1600 6th Avenue South  
Birmingham, AL 35233



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