

## PURPOSE

*The purpose of this course is to improve the nutritional status of the pediatric population. This year, we will focus primarily on nutritional concerns in adolescents. The course will provide leadership training in pediatric/adolescent nutrition by developing high levels of clinical competence, providing instruction in nutrition needs, navigating the complexities of the dynamics of adolescent nutritional concerns, and providing training in systems of delivery of nutrition care. This course is designed for pediatric practitioners including dietitians, nurses, nutritionists, nurse practitioners, physicians and other professionals who are involved in the care of children.*

### Course Director:

Krista Casazza, PhD, RD, CSSD  
Associate Professor  
Project Director

### For more information, please contact:

Krista Casazza, PhD, RD, CSSD  
(205) 638-6856

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Administrative Support Specialist  
(205) 638-9588

General Pediatrics and Adolescent Medicine  
University of Alabama at Birmingham  
1600 7th Ave S, CPPI 310  
Birmingham, Alabama 35233

## LOCATION AND LODGING

The conference will be held at the  
**Florentine**  
2101 2nd Ave North  
Birmingham, Alabama 35203

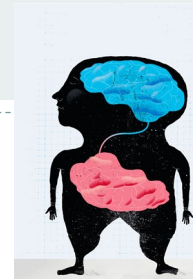
Hotel accommodations will be at  
the **Redmont Hotel**  
2101 Fifth Avenue North  
Birmingham, AL 35203  
(205.427.9910)



Special conference rates have been secured as follows: \$99/night for a single or double occupancy, with \$15 parking per night.

To guarantee the special rate, attendees must identify themselves as registrants for the Pediatric Nutrition Course.

**The cut-off date for such reservations is January 15, 2017.**



# Intensive Course Nutrition for Adolescents



## COURSE OBJECTIVES

- ⇒ Integrate evidence-based management and recent developments and research into the practice of adolescent nutrition
- ⇒ Manage complex/difficult adolescent nutrition cases through interactive case analyses
- ⇒ Discuss adolescent nutrition practice issues through both formal and informal learning in a varied learning context, including group case-based discussion sessions, faculty interaction, and peer networking opportunities

**February 22–24, 2017  
Birmingham, AL**

*Sponsored by:*  
Departments of Pediatrics and Nutrition Sciences,  
University of Alabama at Birmingham (UAB)  
& the Maternal & Child Health Bureau,  
Health Resources & Services Administration,  
Department of Health & Human Services

**UAB MEDICINE**

PEDIATRICS

## Continuing Education

24 hours of continuing education have been requested for Dietitians and Diet Technicians. Continuing education has also been requested from the Alabama Board of Nursing.

### FACULTY

**Krista Casazza, PhD, RD, CSSD**  
UAB Pediatrics

**Jennifer Coltharp, MS, RD**  
Children's of Alabama

**Harriet Cloud, MS, RD, FADA**  
Sparks Clinic, UAB

**Morissa Ladinsky, MD**  
UAB Pediatrics

**Lauren Dodd, MS, RD**  
Sparks Clinic, UAB

**Erin Swanson, MD**  
UAB Pediatrics

**Suzanne Geerts, MS, RD**  
UAB, Sparks Clinics

**Samantha Hill, MD**  
UAB Pediatrics

**Valerie Tarn, MS, RD**

**Prescott Atkinson, MD, PhD**  
UAB, Pediatrics

Pediatric Pulmonary Center, UAB Pediatrics

**Sarah-Jeanne Salvy, PhD**  
UAB, Preventive Medicine

**Frank Franklin, MD, PhD, MPH**  
UAB Pediatrics

**Bonnie Spear, PhD, RD**

**Tina Simpson, MD, MPH**  
UAB Pediatrics

UAB Pediatrics

**Kristin Avis, PhD**  
UAB Pediatrics

## REGISTRATION FEE

The registration fee for the three-day program is \$200 for professionals and \$100 for students. A daily rate is available at \$100 per day for professionals and \$50 per day for students. This includes daily continental breakfast, refreshment breaks and all handout materials. Deadline for registration is January 24, 2017. Since space is limited, participants will be taken on a first come basis.

Please visit the website at <http://www.uab.edu/medicine/peds/gpam> and click on "2017 Nutrition Intensive Course" to register, or fill out the attached form to mail in your registration.

## COURSE AGENDA

### Thursday, February 23rd

**Best Practices Pechakucha**

**Allergies and Food Intolerances**  
Prescott Atkinson, MD, PhD

**Social Determinant of Health, Obesity and Academic Performance**  
Sarah-Jeanne Salvy, PhD

**Transition in Cystic Fibrosis**  
Valerie Tarn, MS, RD  
Julianna Bailey, MS, RD

**Nutritional Implications of Sleep Curtailment**  
Kristin Avis, PhD

**Nutritional Concerns for HIV Positive Adolescents**  
Samantha Hill, MD  
Liza Koepsel, RD, Case Study

**The Changing Face and Focus of Eating Disorders**  
Krista Davis, MS, RD

**Organization of Coordinated Care**  
Panel Discussion

### Friday, February 24th Hot Topics:

**Nutritional Concerns for the Adolescent Substance Abuser**  
Krista Casazza PhD, RD, CSSD

**Hunger and Food Insecurity**  
TBD

**Nutrition, Body Image, and Related Health Challenges Facing Trans and Gender Nonconforming Youth**  
Morissa Ladinsky, MD  
Christine Ho, RD, Case Study

**Reaching Out with Telehealth**  
Lloyd Sirmons, Southeastern Telehealth Resource Center

### Wednesday, February 22nd

**Adolescent Growth and Development**  
Tina Simpson, MD

**Nutrition Focused Physical Findings and Pediatric Malnutrition**  
Jennifer Coltharp, MS, RD

**Risk for Poor Birth Outcomes in the "Teen Mom"**  
Harriet Cloud, MS, RD

**Adolescents with Motor and Neurological Conditions**  
Erin Swanson, MD

**Managing Inherited Disorders of CHO, Pro, and Fat Metabolism in Adolescence**  
Lauren Dodd, MS, RD

**Intervention with Children with Special Needs: Adolescent Nutrition Case Studies**  
Suzanne Geerts, MS, RD

**Nutrition Focused Physical Exam (Small Group Practice)**  
Bonnie Spear, PhD, RDN

**Networking Session**