

# Practical Day of Pediatrics

## Agenda

Saturday, February 2, 2019

- 8:00-8:15 **Welcome and Opening Remarks**  
Robert Pass, MD, Professor  
Beth Gordy Dubina Endowed Chair  
in Pediatric Hospital Medicine  
Director, Pediatric Hospital Medicine  
Department of Pediatrics  
University of Alabama at Birmingham
- 8:15-9:15 **Red Book Update: Vaccines and More**  
David Kimberlin, MD
- 9:15-10:15 **Oh Nuts! Prevention and Management  
of Food Allergy**  
Amy CaJacob, MD
- 10:15-10:30 **BREAK**
- 10:30-12:30 **ENDOCRINE ROUNDTABLES**  
**Puberty: What is normal, early, or delayed?**  
Pallavi Iyer, MD
- Management of Pediatric Dyslipidemia  
in Children With and Without Diabetes**  
Ambika Ashraf, MD
- Type 2 Diabetes and Metabolic Syndrome  
in Children and Adolescents**  
Mary Lauren Scott, MD
- 12:30-1:30 **Pain Control in Children  
and Opioid Use Disorder**  
Michael (Garrett) Hurst, MD
- 1:30-2:30 **Diagnosis and Treatment  
of Pediatric Functional Neurological  
Disorders and Functional Pain**  
Aaron Fobian, PhD

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## Speakers

### David Kimberlin, MD, Professor

Sergio Stagno, MD, Endowed Chair in Infectious Diseases  
Vice Chair for Clinical and Translational Research Co-Director,  
Division of Pediatric Infectious Diseases  
Department of Pediatrics, University of Alabama at Birmingham

### Amy CaJacob, MD, Assistant Professor

Associate Program Director  
Allergy and Immunology Fellowship Program  
Division of Pediatric Allergy and Immunology  
Department of Pediatrics, University of Alabama at Birmingham

### Pallavi Iyer, MD, Associate Professor

Division of Endocrinology  
Department of Pediatrics, University of Alabama at Birmingham

### Ambika Ashraf, MD, Professor

Director, Pediatric Lipid Clinic  
Associate Director, Pediatric Metabolic Bone Clinic  
Division of Endocrinology  
Department of Pediatrics, University of Alabama at Birmingham

### Mary Lauren Scott, MD, Associate Professor

Assistant Fellowship Director, Endocrinology  
Director, Type 2 Diabetes Clinic and High Risk Diabetes Clinic  
Division of Endocrinology  
Department of Pediatrics, University of Alabama at Birmingham

### Michael (Garrett) Hurst, MD, Assistant Professor

Division of Palliative Medicine  
Department of Medicine, University of Alabama at Birmingham

### Aaron Fobian, PhD, Assistant Professor

Assistant Professor  
Division of Behavioral Neurobiology  
Department of Psychiatry and Behavioral Neurobiology  
University of Alabama at Birmingham

### Practical Day of Pediatrics Organizing Committee

Christina Cochran, MD, UAB Department of Pediatrics  
Brian Dudgeon, MD, Jefferson County Pediatric Society  
Liesel French, MD, Jefferson County Pediatric Society  
Tiffany Kaczorowski, Children's of Alabama  
Adolfo Molina, MD, UAB Department of Pediatrics  
Robert Pass, MD, UAB Department of Pediatrics  
Erinn Schmit, MD, UAB Department of Pediatrics

## Continuing Education

### CME

Children's of Alabama designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 6.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Note: MOC points are Part 2.

# Practical Day of Pediatrics

Saturday  
February 2, 2019

8:00 am—2:30 pm

Bradley Lecture Center

Fourth Floor, Children's Harbor Building  
1600 6th Avenue South, Birmingham, AL 35233

## Registration

FOR ONLINE REGISTRATION, please visit:

<http://give.childrensal.org/practicalday>

Or complete the form below and mail, email or fax registration

form and payment to:

Tiffany Kaczorowski

Children's of Alabama

Corporate Communications & Marketing

1600 7th Avenue South

Birmingham, AL 35233

tiffany.kaczorowski@childrensal.org FAX 205.638.9064

**\$25 to Attend**

Please make checks payable to Children's of Alabama.

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NAME \_\_\_\_\_

ABP ID NUMBER (physicians only) \_\_\_\_\_

May look number up here:

<https://www.abp.org/content/verification-certification>

ORGANIZATION \_\_\_\_\_

EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

DATE OF BIRTH (month and day only xx/xx) \_\_\_\_\_

The CME Provider has my permission to transmit the completion data to the ACCME on my behalf upon successful completion of the activity. Please check one:  YES  NO

PHYSICIAN  NURSE PRACTITIONER

Check here if Jefferson County Pediatric Society member

Special dietary needs \_\_\_\_\_

Questions?  
Please call Tiffany Kaczorowski at 205.638.6916 or  
email [tiffany.kaczorowski@childrensal.org](mailto:tiffany.kaczorowski@childrensal.org)

Parking is available in the 5th Avenue Deck  
Corner of 16th Street South and 5th Avenue South  
7th Avenue Deck is closed on weekends unless using a Children's access badge

## Global Learning Objectives

*Upon completion of this live activity, participants will be able to:*

1. Review the latest information on prevention and management of important pediatric disorders.
2. Diagnose and create a management plan for specific pediatric disorders in a primary care setting.
3. Describe consensus guidelines for specific pediatric diseases.
4. Differentiate when referral to a specialist is necessary for complex pediatric problems.