

# TOBACCO CONSULT SERVICE

A service provided to patients in University hospital who WANT HELP to quit smoking.



## ***Services Provided:***

- Assessment of nicotine withdrawal and need for medication
- Bedside counseling by trained tobacco counselors with post-hospital follow-up phone call
- Referral of patient to 1-800-QUITNOW for post-hospital counseling

## **How to request a consult:**

### **If you are a Provider:**

- Complete Tobacco PowerPlan in IMPACT
- OR
- Call 4-0411 - include patient's name/room and your name/service

### **If you are a Patient:**

- Call 4-0411 from your room and give your name/room number and the floor you are on—from outside phone, call 205-934-0411

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**Counseling + medication are the most effective way to quit smoking!**

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**Medication** can improve a person's ability to quit and stay quit.

Examples include:



Nicotine Patch\*   Bupropion\*   Nicotine Inhaler  
Nicotine gum\*   Chantix   Nicotine lozenge

\*available through hospital pharmacy

**Become a  
Quitter Today!**

### **For more information about quitting:**

Call the Tobacco Quitline at 1-800-QUITNOW  
(784-8669)

OR

Visit [www.alabamaquitnow.com](http://www.alabamaquitnow.com)