

Mandatory Radiology Prep for Pre-Medication for Previous Contrast Reaction

- Premedication is used to decrease the risk of a contrast-induced reaction in high-risk patients that have experienced a prior reaction.
- The patient has to be properly pre-medicated prior to the exam to avoid any delays or the possibility of rescheduling their appointment.
- Below is the required premedication for patients with a prior history of a contrast-induced reaction during a CT, MRI, or other imaging studies.

METHYLPREDNISOLONE PLUS DIPHENHYDRAMINE

A. Methylprednisolone 32 mg tablets

- 32 mg PO 12 hours before the contrast-enhanced exam
- 32 mg PO 2 hours before the contrast-enhanced exam

B. Diphenhydramine (Benadryl) 50 mg (*optional*)

- 50 mg PO 1 hour before the contrast-enhanced exam

* Referring Physician must prescribe medication.

* Any deviations from this Radiology Prep requires a Radiologist approval.