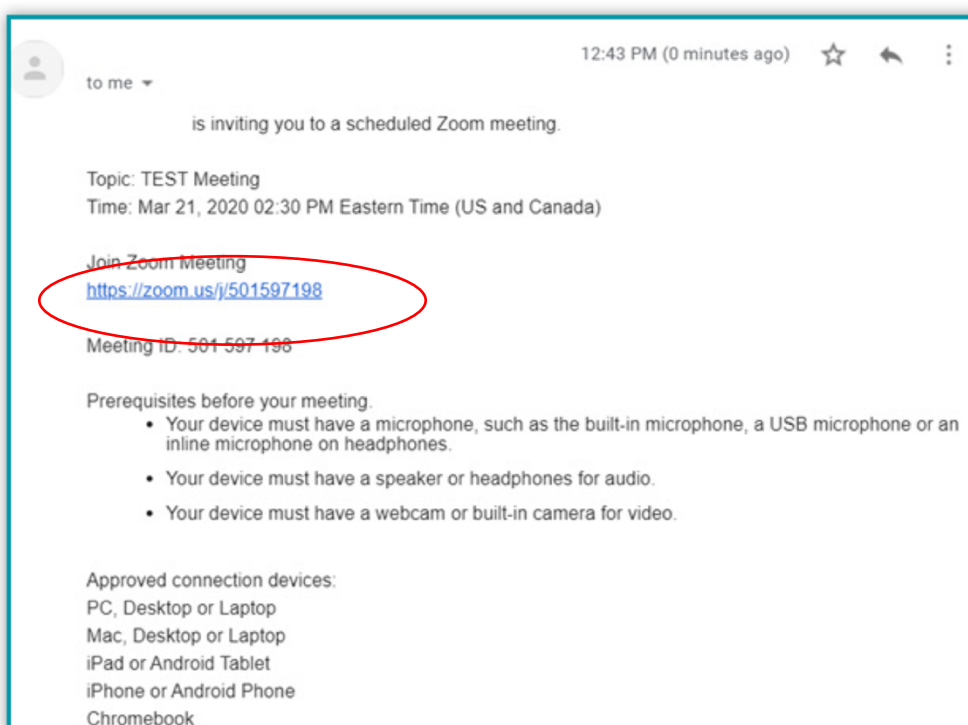# Joining a Zoom Meeting- Instructions

Step 1: You will receive an email link from your provider with Zoom meeting info. The email will display at the time of the session and the link to join. Add to your calendar if possible.


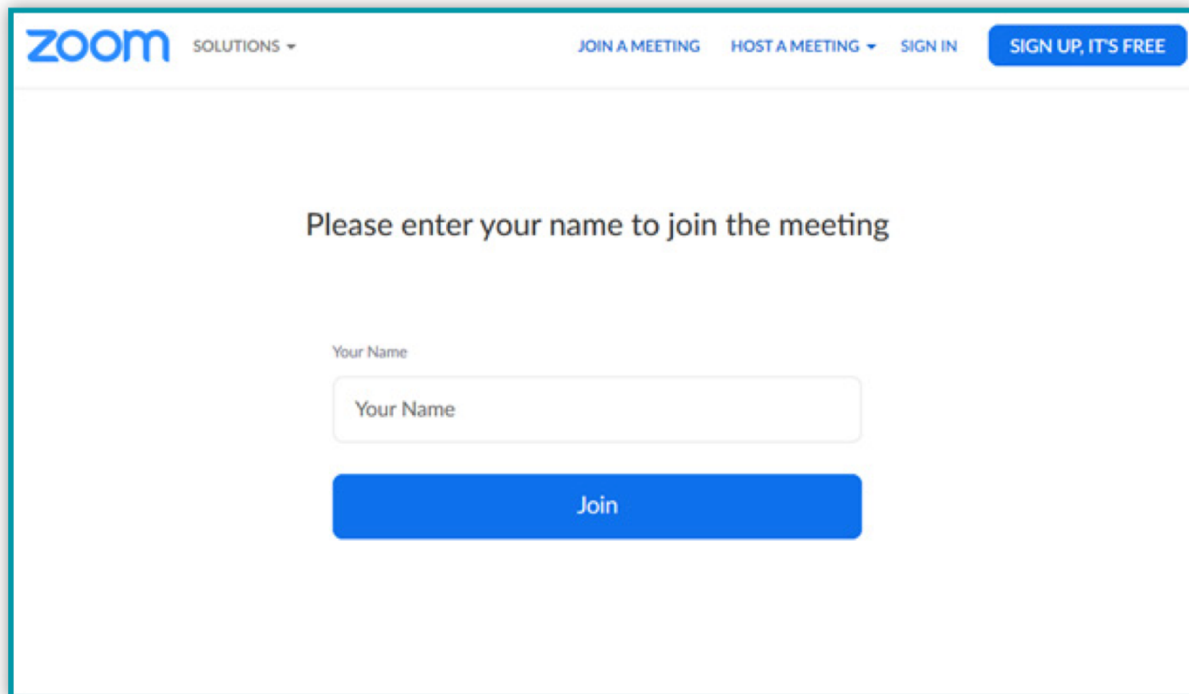**Step 2:** At time of appointment join the meeting using the link in the email.

To join the meeting, click on the join link from your email. It will look like this: https://zoom.us/j/501597198

Step 3: Zoom will launch from any browser to run your meeting. Google Chrome is the recommended browser.

After clicking the blue Zoom Link in your email, your browser will take you to your launcher landing page. Click "Join from your browser".
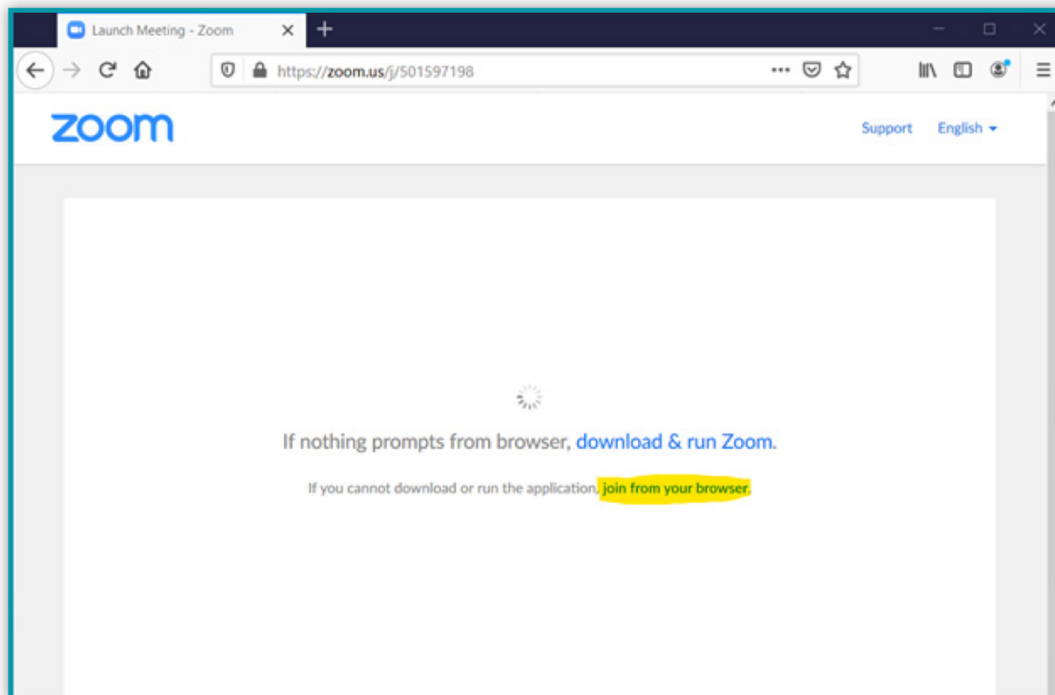
Step 4: You do not need an account to join a Zoom meeting. If you **do not** have an account you will be prompted to enter your name. Please enter your **full name** so your physician can easily identify you.

Step 5: You will now be placed in a virtual waiting room to be admitted by your physician or a clinical support provider

Participant ID 46   Conference ID 501 597 198

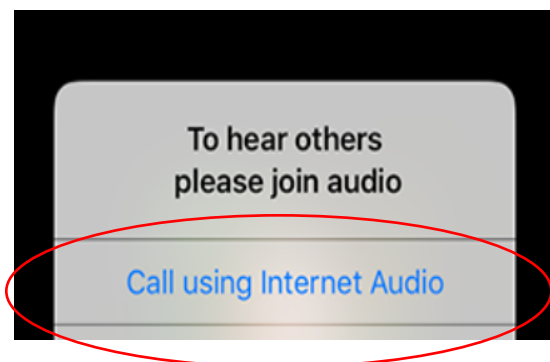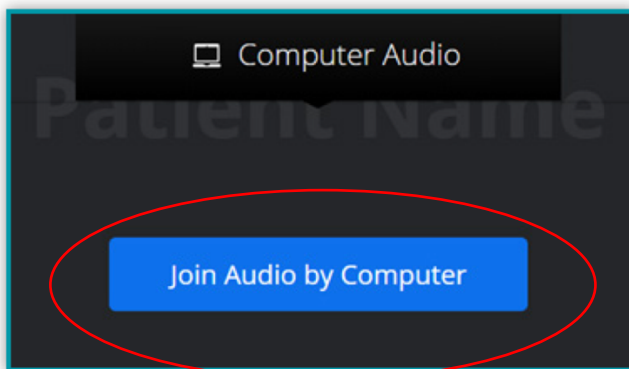Please wait, the meeting host will let you in soon.

TEST Meeting
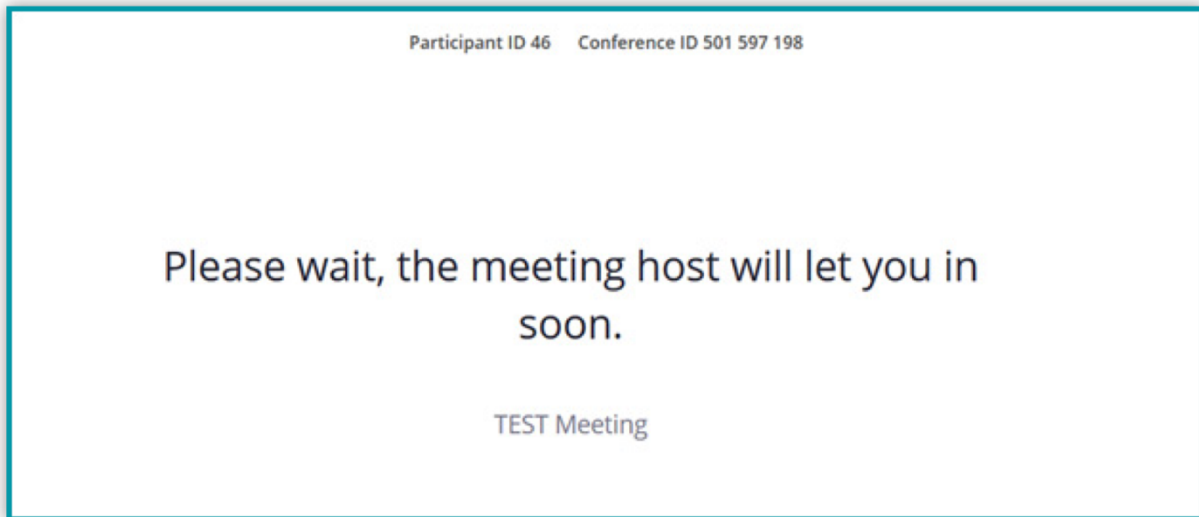
Step 6: You may be prompted to join audio**. When prompted click **Join audio by computer** or **Join using internet audio**

Computer Audio

Join Audio by Computer

To hear others please join audio

Call using Internet Audio

**Step 7:** Once joined you should be able to hear and see your provider. If not, please make sure that the **video and audio functions are unchecked** (**no red line**).

Audio

Video
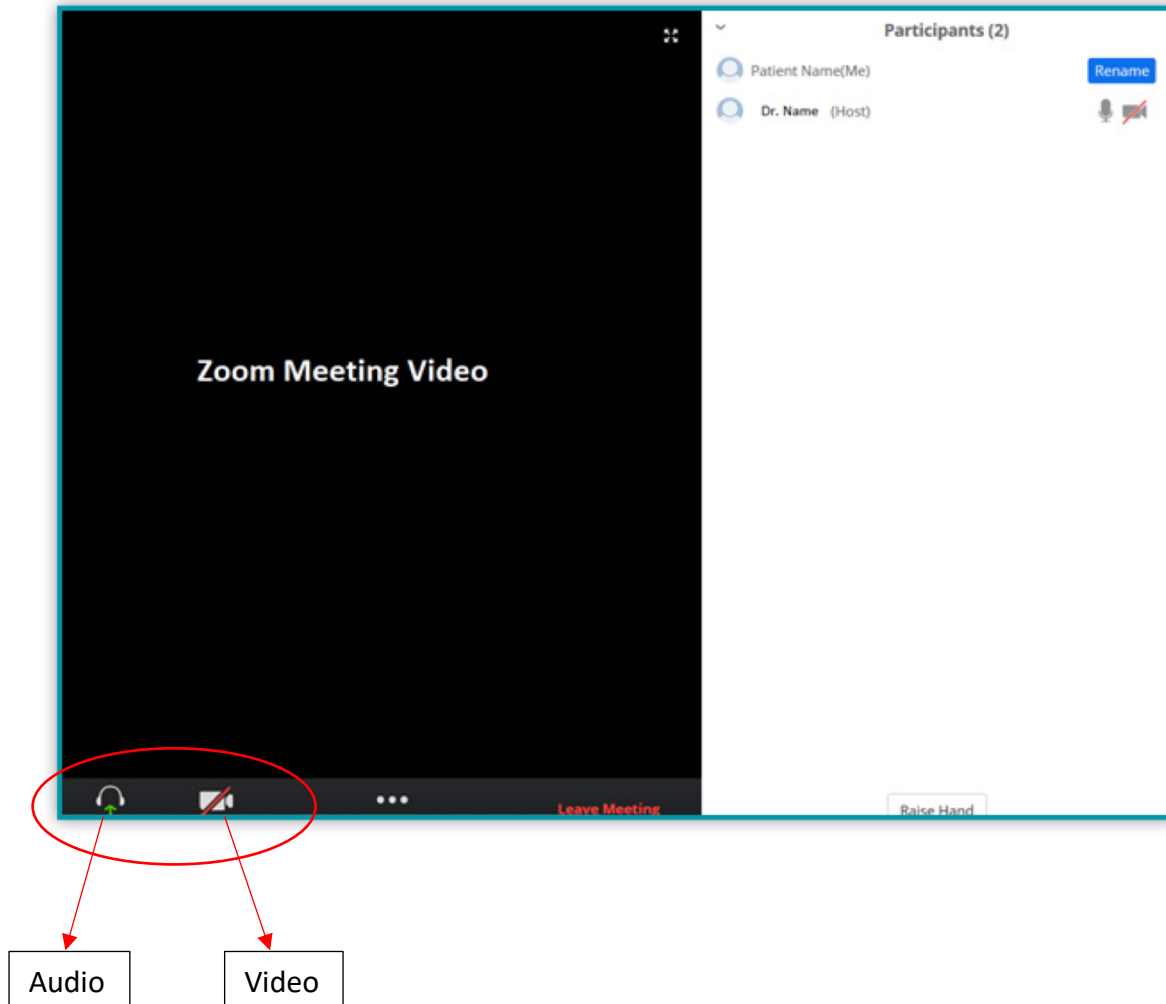
Joining a Zoom Meeting on an I-phone or I-pad:

Install the **"Zoom Cloud Meetings"** app from the App store. Once installed, you will be able to click the link displayed on your email and/or virtual calendar. At this time you will automatically join the meeting.
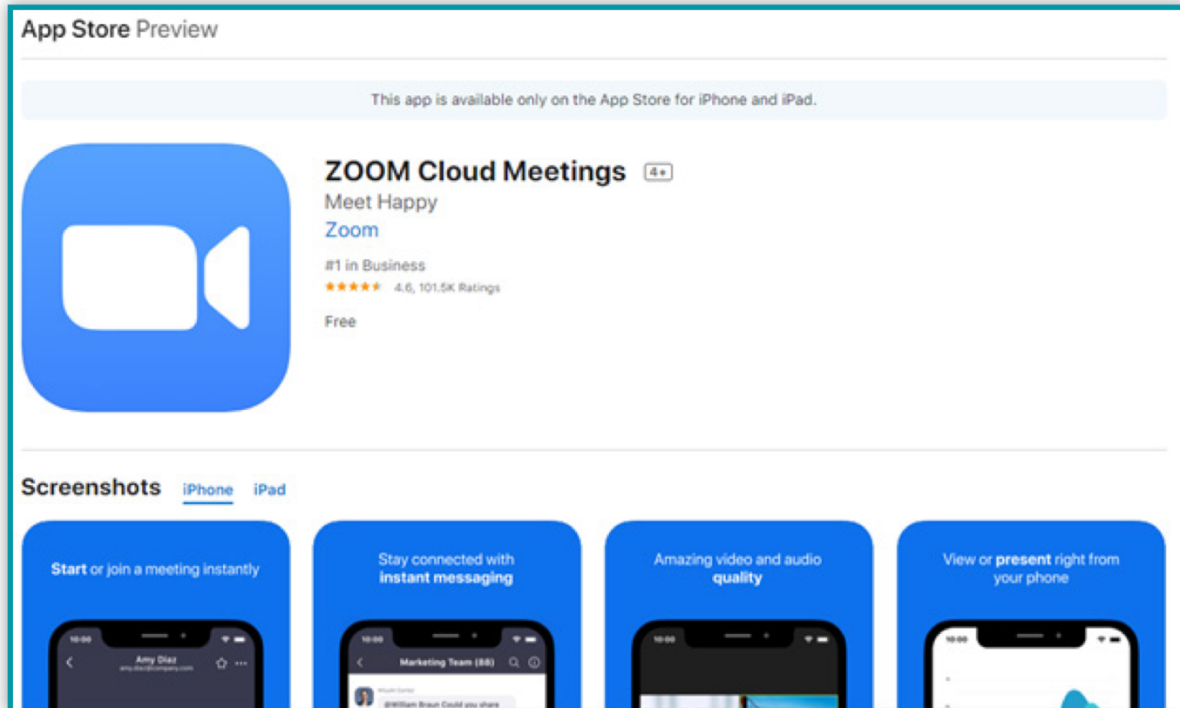
Joining a Zoom Meeting on an Android or Tablet

Install the **"Zoom Cloud Meetings"** app from the Google Play Store. Once installed, you will be able to click the link displayed on your email and/or virtual calendar. At this time you will automatically join the meeting.