



REGIONAL PARTNERSHIP GRANTS ROUND 4

UAB COMPREHENSIVE ADDICTION IN PREGNANCY PROGRAM

LEAD AGENCY: University of Alabama at Birmingham

LOCATION: Birmingham, AL

TOTAL PROGRAM FUNDING: \$3,000,000

GEOGRAPHIC AREA: Jefferson County

ADMINISTRATION FOR CHILDREN AND FAMILIES REGION: REGION 4

CONGRESSIONAL DISTRICT SERVED: AL-007

BRIEF PROGRAM DESCRIPTION

The University of Alabama at Birmingham (UAB) Department of Psychiatry's Treatment Alternatives for Safer Communities (TASC) proposes the implementation of the UAB Comprehensive Addiction in Pregnancy Program (UAB-CAPP). The UAB-CAPP is designed to positively impact the well-being of the child, the parent and the family through timely identification, comprehensive service delivery and rigorous evaluation including continuous quality improvement. Over the course of the five year award, the project will serve pregnant/postpartum mothers and their infants through the following components – (a) universal screening, (b) assessment, (c) prenatal/postpartum care, (d) gender-specific and family-centered substance use treatment, (e) medication assisted treatment, (f) trauma services, (g) children's services, (h) coordinated case management, (i) recovery support services, and (j) collaborative activities. Evidence-based practices will include Pregnancy and Parenting Partners, Helping Women Recover and SafeCare.

TARGET POPULATION AND PROJECTED NUMBERS SERVED

The target population will be pregnant and post-partum mothers who are drug involved and reporting to a UAB clinic or hospital setting. The project will serve a total of 265 pregnant/postpartum mothers and their infants over the course of 5 years.

MAJOR PROGRAM GOALS

- **GOAL 1:** Engage pregnant and postpartum women in substance use disorder treatment.
- **GOAL 2:** Retain intact families for infants delivered to UAB-CAPP parents.
- **GOAL 3:** Reduce the length of time in out-of-home placement.
- **GOAL 4:** Positively impact the child, adult and family well-being.
- **GOAL 5:** Increase the collaborative capacity of the community to meet the needs of the target population.

KEY MAJOR PROGRAM SERVICES

- **Case Management**
 - Coordinated Case Management – Family Wellness Court
- **Parent Training/ In-Home Services**
 - SafeCare Model
- **Substance Abuse Treatment for Adults**
 - Peer Recovery Specialist
 - Gender-Specific and Family-Centered Substance Abuse Treatment
- **Specialized Outreach, Engagement and Retention**
 - Development of cross-systems policies and procedures to improve communication, early identification, timely program entry and data sharing
 - Initiating outreach strategies to educate the larger community, expand referral base, build local capacity and realize broader systems change
 - Oversee cross training

- **Adult Screening/Assessment**
 - 4 Ps Plus
 - NIDA-Modified ASSIST
 - Trauma Symptom Checklist
 - ASAM Patient Placement Criteria 2R
- **Cross-Systems/Interagency Collaboration – Clinical-Related Activities**
 - Cross-systems clinical training on substance abuse, child welfare and related clinical issues
 - Regular joint case staffing meetings
- **Cross-Systems/Interagency Collaboration – Program and Policy-Related Activities**
 - Regular regional partnership meetings to discuss program, policy and management issues
 - Staff training on collaboration, admission criteria, referral protocols, information and data sharing, and other RPG program policies and procedures
 - Collaborative Capacity Instrument
- **Other Major Program Strategies**
 - Pregnancy and Parenting Partners
- **Evidence Based Practices**
 - Pregnancy and Parenting Partners
 - Helping Women Recover
 - SafeCare

PARTNER AGENCIES AND ORGANIZATIONS

- UAB Maternal-Fetal Medicine (MFM)
- UAB Department of Psychiatry
- Jefferson County Family Wellness Court
- Jefferson County Department of Human Resources (DHR)
- IMPACT Family Counseling
- Beacon Addiction

- Aletheia House
- Olivia's House
- Jefferson County Department of Health

EVALUATION DESIGN

OUTCOME STUDY DESIGN: Quasi-Experimental Design (QED)

SUSTAINABILITY STRATEGIES AND ACTIVITIES

UAB-CAPP will use the Framework for Sustainability developed by the Study of Social Policy to guide collaborative team interventions. Under the Framework Element Collaboration, UAB-CAPP will build on existing partnerships and expand their Leadership Team during the grant to include other community partners. For the Framework Element Resources and Financing, the project will explore the capacity to tap existing billing/contract structures. UAB-CAPP intends to influence policy/regulations/legislation to benefit the target population and positively impact the institutionalization of key project components under the Framework Element Policy, Regulations, and Legislation. A detailed sustainability plan will be developed early within the funding period. The plan will provide concrete steps for guiding the Leadership Team and project management in marketing project success/cost savings, advocating for policy change and identifying a realistic and comprehensive funding plan.

This grantee profile is supported by the Administration on Children, Youth, and Families Children's Bureau, under contract HHSS270201700001C. This content represents the work of The Center for Children and Family Futures, and does not reflect the opinions of the Administration on Children, Youth, and Families.