# **BEST PRACTICES IN GENERAL SURGERY**

### THIRD ANNUAL UAB SURGERY CME COURSE

FRIDAY & SATURDAY

**FEBRUARY 1-2, 2019** 

### HILTON BHAM AT UAB

808 20TH STREET SOUTH BIRMINGHAM, AL 35205

### **FEATURED SPEAKERS**



SURGERY



#### Dr. Fabrizio Michelassi

Lewis Atterbury Stimson Professor of Surgery Chair of Surgery, Weill Cornell Medicine Surgeon-in-Chief, New York-Presbyterian/Weill Cornell Medical Center



#### Dr. Cindy Mak

Breast Surgeon and Director of Breast Services, Chris O'Brien Lifehouse in New South Wales, Australia



#### Dr. Nimalan Pathma-Nathan

Colorectal Surgeon, Westmead Private Hospital in Westmead, New South Wales, Australia

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### AGENDA FRIDAY, FEBRUARY 1

7-7:45 a.m.	Breakfast, The Hilton Birmingham at UAB			
7:45-8 a.m.	-			
8-9:45 a.m.				
	MODERATORS: Dr. Gregory Kennedy, Dr. Melanie Morris			
	8-8:15 a.m.	Management of Acute Diverticulitis in 2018		
		(Dr. Nimalan Pathma-Nathan)		
	8:15-8:30 a.m.	Emergency Management of IBD		
		(Dr. Jamie Cannon)		
	8:30-8:45 a.m.	Evolution of Hernia from a Budding Herniologist		
		(Dr. Abhisek Parmar)		
	8:45-9 a.m.	Surgical Emergencies in the Transplant Patient		
		(Dr. Douglas Anderson)		
	9-9:30 a.m.	Distinguished Lecture: Surgical Management of Crohn's Disease		
		(Dr. Fabrizio Michelassi)		
	9:30-9:45 a.m.	Case Presentation/Panel Discussion		
		(Dr. Laura Heidelberg: IBD Case)		
9:45-10 a.m.	Break			
10-11:30 a.m.	TOPIC: Breast/Melar	noma		
	MODERATOR: Dr. Helen Krontiras			
	10-10:15 a.m.	Nipple Sparing Mastectomy, Oncologist Safety and Challenges		
		(Dr. Rachael Lancaster)		
	10:15-10:30 a.m.	Indications for Adjuvant Therapy in Breast Cancer Patients		
		(Dr. Catherine Parker)		
	10:30-10:45 a.m.	<b>m.</b> How Breast Cancer Biology Affects Surgical Decision-Making (Dr. Cindy Mak)		
	10:45-11 a.m.	Genetic Tests for Melanoma Patients		
		(Dr. Carlo Contreras)		
	11-11:30 a.m.	Case Presentation/Panel Discussion		
		(Dr. Rindi Uhlich: Breast Case)		
11:30 a.m. – 12:45 p.m.	Lunch			
12:45-2:45 p.m.	TOPIC: Trauma/Acute Care Surgery			
	MODERATOR: Dr. Lauren Tanner			
	12:45-1 p.m.	Surgical Management of C. diff		
		(Dr. Parker Hu)		
	1-1:15 p.m.	Management of Small Bowel Obstructions		
		(Dr. Eric Schinnerer)		
	1:15-1:30 p.m.	Perioperative Care of the Geriatric Patient		
		(Dr. Melanie Morris)		
	1:30-1:45 p.m.	The Difficult Gallbladder		
		(Dr. Kimberly Hendershot)		
	1:45-2 p.m.			
		(Dr. Shannon Carroll)		
	2-2:15 p.m.			
		(Dr. R. Marty Vander Noot)		
	2:15-2:45 p.m.			
		(Dr. Margaret Romine: Gallbladder Case)		

### AGENDA FRIDAY, FEBRUARY 1

2:45-3 p.m.	Break		
3-4:45 p.m.	TOPIC: Vascular		
	MODERATOR: Dr. Adam Beck		
	3-3:15 p.m.	Management Acute of Diabetic Foot Infections	
		(Dr. Brent Haverstock)	
	3:15-3:30 p.m.	Chronic Limb Threatening Ischemia	
		(Dr. Graeme McFarland)	
	3:30-3:45 p.m.	<b>3:45 p.m.</b> Chronic and Acute Mesenteric Ischemia	
		(Dr. Mark Patterson)	
	<b>3:45-4 p.m.</b> Early Management of Type B Aortic Dissec		
		(Dr. Benjamin Pearce)	
4-4:15 p.m.		Ruptured Aortic Aneurysm	
		(Dr. Emily Spangler)	
	4:15-4:45 p.m. Case Presentation/Panel Discussion		
		(Dr. Victoria Aucoin: Ruptured AAA Case)	

4:45-6 p.m. Cocktail Reception



7:30-8 a.m. Breakfast, The Hilton Birmingham at UAB

8-10:45 a.m. TOPIC: Surgical Oncology

MODERATORS: Dr. Gregory Kennedy, Dr. Helen Krontiras, Dr. Carlo Contreras

8-8:30 a.m.	Guest Lecture: Modern Management of Rectal Cancer		
	(Dr. Nimalan Pathma-Nathan)		
8:30-9 a.m.	Guest Lecture: Oncoplastic Techniques in Breast Surgery from		
	Lecture Theatre to Operating Theatre		
	(Dr. Cindy Mak)		
9-9:15 a.m.	Breakthroughs in GI Neuroendocrine Cancers		
	(Dr. Sushanth Reddy)		
9:15-9:30 a.m.	Screening for Colorectal Cancer: Making Sense of the Tests		
	(Dr. Daniel Chu)		
9:30-9:45 a.m.	Endoscopic Approaches for Barrett's Esophagus		
	(Dr. Shajan Peter)		
9:45-10 a.m.	Acute and Chronic Pancreatitis		
	(Dr. J. Bart Rose)		
10-10:15 a.m.	Molecular Tests for Thyroid Cancer		
	(Dr. Brenessa Lindeman)		
10:15-10:45 a.m.	Case Presentation/Panel Discussion		
	(Dr. Robert Hollis: Thyroid Case)		
losing Remarks Dr	Herbert Chen		

10:45-11 a.m. Closing Remarks, Dr. Herbert Chen

### GUEST SPEAKERS

- Cindy Mak, MBBS (Hons), FRACS
  - · Breast Surgeon and Director of **Breast Services**
  - Chris O'Brien Lifehouse in New South Wales, Australia
- Fabrizio Michelassi, M.D.
  - Chair and Lewis Atterbury Stimson Professor of Surgery
  - Weill Cornell Medicine in New York City, New York

### **COURSE ORGANIZERS**

- Adam Beck, M.D.
- Herbert Chen, M.D., FACS
- Carlo Contreras, M.D.

- Gregory Kennedy, M.D., Ph.D.
- John Porterfield, M.D.
- Lauren Tanner, M.D.

### FACULTY SPEAKERS/MODERATORS:

#### **BENIGN GI:**

- Douglas Anderson, M.D., M.S.
- Jamie Cannon, M.D.
- Gregory Kennedy, M.D., Ph.D.
- Fabrizio Michelassi, M.D.
- Melanie Morris, M.D.
- Abhisek Parmar, M.D.
- Nimalan Pathma-Nathan, MBBS (Hons), BS, FRACS

#### **TRAUMA/ACUTE CARE** SURGERY:

- Shannon Carroll, M.D.
- Kimberly Hendershot, M.D.
- Parker Hu, M.D.
- Melanie Morris, M.D.
- Eric Schinnerer, M.D.
- Lauren Tanner, M.D.
- R. Marty Vander Noot, M.D.

#### SURGICAL ONCOLOGY:

- Daniel Chu, M.D. •
- Carlo Contreras, M.D. •
- Gregory Kennedy, M.D., Ph.D.
- Helen Krontiras, M.D.
- Brenessa Lindeman, M.D., MEHP
- Cindy Mak, MBBS (Hons), FRACS
- Nimalan Pathma-Nathan, MBBS (Hons), B.S., FRACS
- Sushanth Reddy, M.D.
- J. Bart Rose, M.D., MAS
- Shajan Peter, M.D.

#### **BREAST/MELANOMA:**

- Carlo Contreras, M.D.
- Helen Krontiras, M.D.
- Rachael Lancaster, M.D.
- · Cindy Mak, MBBS (Hons), FRACS
- Catherine Parker, M.D.

#### **VASCULAR:**

- Adam Beck, M.D.
- Brent Haverstock, DPM, FACFAS
- Graeme McFarland, M.D.
- Mark Patterson, M.D.
- Benjamin Pearce, M.D.
- Emily Spangler, M.D., M.S.

- Nimalan Pathma-Nathan, MBBS (Hons), B.S., FRACS
  - Colorectal Surgeon
  - Westmead Private Hospital in New South Wales, Australia

## **PROGRAM OVERVIEW**

The purpose of this knowledge-based program is to provide the practicing general surgeon with information about the most up-to-date practices, technology and treatment options for the care of the surgical patient.

# LEARNING OBJECTIVES

- 1. Understand the most up-to-date treatment issues related to general surgery.
- 2. Understand the role of molecular studies in the current management of cancers.
- 3. Learn the latest techniques and tricks in the management of trauma and acute surgical patients.
- 4. Understand the role of minimally invasive surgery and its limitations in complex abdominal surgery.
- 5. Learn the latest vascular surgical techniques and understand their applications.

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