Food safety and COVID-19

SAFE  Food delivery and curbside pick-up

- The CDC says there is little risk of COVID-19 transmission through food
- Delivery and takeout encourage social-distancing practices

SAFE  Food and drink packaging

- Packaging also poses little risk, according to UAB experts
- Wash your hands after opening and handling packages, recommends Jodie Dionne-Odom, M.D., assistant professor of infectious diseases

SAFE  Sending a family member to retrieve takeout

- Minimize the risk to households by designating the same person for pickup each time
- Ensure designated person is non-symptomatic and under the age of 60 with no chronic medical conditions
- Wash hands carefully when entering and exiting the home
- Remove shoes when re-entering home

uab.edu/coronavirus