<u>Professional Development Workshop Series</u> On the Road to Meeting One's Scholarship Goals: How to Be a Mentor

Date: Thursday 02/19/2008

Location: School of Nursing @ 1701 University Boulevard, Room G023-G024

Organizers: Drs Kui Zhang, Mary Wojczynski, and David B. Allison

Overview: Many young faculty in academia face challenges on how to advise students and fellows. Good mentoring is critical for both mentors and mentorees. This program is designed to introduce strategies, concepts, and examples of how to be good mentors and mentorees in academia. The morning session will consist of an overview by two nationally recognized scholars on mentoring and two outstanding mentors at UAB. Afternoon sessions will consist of case studies and small group activities for discussion. Audience: All Faculty & Fellows in UAB's SOPH, all CNRU members, and all Obesity T32 fellows.

Agenda

Morning Session:

8:30-8:45am Introduction (David Allison)

8:45-9:15am Dr. Dale Williams

It Takes a Village to Raise a Child: Thoughts about Mentoring

9:15-9:45am Dr. Lisa Schwiebert

Communication: The Key to Mentoring

9:45-10:00am BREAK

10:00-11:00am Dr. Juan Arratia

Mentoring Experience with Economically Disadvantaged Hispanic Minority Students

11:00am-12:00pm Dr. Christine Pfund

Entering Mentoring: Learning to Become an Effective Research Mentor

12:00-1:30pm LUNCH on your own

Afternoon Sessions:

Informal discussions between the speakers and the group participants about how to be more proactive as a mentor/mentoree, how to address specific concerns raised by the group participants, and discuss each others different perspectives to these questions

1:30-3:00pm Concurrent Session 1

Leaders: Dr. Dale Williams and Dr. Christine Pfund

1:30-3:00pm Concurrent Session 2

Leaders: Dr. Lisa Schwiebert and Dr. Juan Arratia

To register, please send email of interest to <u>rsarver@uab.edu</u>. Questions? 205.975.9169 Attendance is limited.



Clinical Nutrition Research Center
Department of Nutrition Sciences, School of Health Professions
http://main.uab.edu/shrp/default.aspx?pid=79505
Section on Statistical Genetics
Department of Biostatistics, School of Public Health
http://www.soph.uab.edu/ssg/

HABIG School of Public Health

UAB's School of Public Health https://www.soph.uab.edu/

Workshop Websites:

http://www.soph.uab.edu/ssg/professionaldevelopment/mentor http://main.uab.edu/shrp/default.aspx?pid=118084









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Speakers



Juan F. Arratia, Ph.D. is the Executive Director of the Ana G. Méndez University System (AGMUS) Student Research Development Center. He is dedicated to mentoring and motivating undergraduates, graduates, and pre-college students to become Ph.Ds., as well as, implementing research projects in robotics and automation, green energy, medical devices, expert system technology and environmental issues. He has established a worldwide network of research mentors in the science, technology, engineering and mathematics (STEM) fields for economically disadvantaged minority students from Puerto Rico in US mainland universities and in other countries. In November 2007, he was awarded the Presidential Award for Excellence in Science, Mathematics and Engineering Mentoring during a ceremony at the White House in Washington DC.



Christine Pfund, Ph.D. is a researcher at the University of Wisconsin, Madison. Her research is focuses on effective teaching and mentoring. She is involved in several funded projects, including "Improving Undergraduate Research Experiences in STEM through Mentor Training". Dr. Pfund is the Associate Director of the Delta Program in Research, Teaching, and Learning and co-directs the Wisconsin Program for Scientific Teaching. Dr. Pfund is a co-author of "Scientific Teaching" and "Entering Mentoring: A Seminar to Train a New Generation of Scientists".



Lisa Schwiebert, Ph.D. is an Associate Professor of the Department of Physiology and Biophysics at UAB and the Associate Dean for Postdoctoral Education. She is a recipient of the President's Award for Excellence in Teaching in 2008.



Dale Williams, Ph.D. is a Professor and Associate Director of the Division of Preventive Medicine at UAB. Dr. Williams also directs the division's Data, Information, and Statistics Core (DISC) and its Multi-center Studies Coordinating Center (MSCC). He is a recipient of the 2008 inaugural Dean's Award for Excellence in Mentorship.

