During the past year, the School of Nursing participated in UAB’s comprehensive planning effort, which helped to define what we want the university and the school to be in the future. Each school and unit developed a long-range plan through 2010, matching its goals and priorities to those of the university as a whole. A scorecard guides the annual evaluation process in determining how well each school or unit, and the university, have met the projected goals. To view the university-wide scorecard, you can visit the UAB Web site at [www.uab.edu] and click on “UAB Strategic Plan.”

A highlight of this busy year was the DSN 25th Anniversary Celebration, which brought a large number of you back to visit the campus and to share your respective career experiences, as well as to discuss new directions proposed for doctoral education. It was wonderful to see you again and to hear about your many impressive accomplishments. We have featured the proud heritage of the DSN program in this issue and have included photos that should give you a glimpse of the fun and excitement that permeated the event.

It also has been great to see many of you at other events hosted by the school, such as our M*A*S*H 2004 scholarship fund-raiser, UAB Homecoming, the Jean Kelley Endowed Lectureship, the second annual Alumni Awards Dinner, and Nurse Scholar Day. We hope you will continue your visits to the school and plan a reunion of your own class. We would be delighted to help you throughout the process of planning and hosting the reunion. One of the objectives of the university is to establish additional local UAB alumni chapters throughout the nation and internationally, so please try to attend those local meetings when we come to your area.

All of us are acutely aware of the nursing shortage and a projected need for one million new RNs by 2010; however, schools across the nation turned away 15,994 qualified applicants in 2003-04, according to the American Association of Colleges in Nursing. We have reached maximum capacity in our undergraduate program and turned away more than 150 qualified applicants last year because of our limited physical space and the ongoing shortage of nursing faculty. Enrollments in all programs have increased again this year and the quality of our student body continues to climb.

We thank all of you for so generously giving of your resources to help us exceed our Campaign for UAB goal by 142.25 percent. Most of these gifts were designated for endowed scholarships, which directly benefit students in fulfilling their goals to become nurses or to advance their nursing careers. Although the campaign ended December 31, 2003, we are “Maintaining the Momentum” and our goals are set for the next few years, including additional funding for endowed scholarships and chairs, innovative teaching and research strategies, and much more.

Our goals are ambitious, but with your continued support, we are confident we will meet them!

Rachel Z. Booth, PhD, RN
Dean and Professor
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By the early 1970s, the body of knowledge in nursing was expanding at an enormous rate, as were the roles of nurses. Enlightened nurses, and many progressive non-nurses, saw that nurses were capable of handling their traditional roles and assuming broadened, diverse responsibilities on numerous fronts.

Many in this “new nursing environment” wanted to spread their wings and become future health-care leaders. They realized that earning a doctoral degree would be a vital tool. It was becoming clear, in fact, that earning a doctorate would be a necessity for many if they expected to enter new doors of opportunity, and if they themselves expected to become pioneers in creating even more opportunities for nurses. For example, if a nurse wanted to carve a fast-track career at a top-notch school of nursing, it was clear by the 1970s that a master’s degree wouldn’t be enough; the nurse educator would need a doctorate.

A doctorate would increasingly become mandatory rather than optional for many nurses who aspired to become nurse administrators in health-care facilities, top executives in health-care systems, and executives in various businesses related to health care. It also was becoming a reality, and not a dream, that a qualified, motivated nurse who was armed with a doctorate could become a university president or a top-level research scientist.

During the weekend of June 4-5, the UASON hosted a reunion and celebration marking the 25th anniversary of the Doctor of Science in Nursing program at the UASON. This article spotlights the history and impact of that program and its graduates.

By Anita Smith

A Degree of Distinction

Honoring the DSN Program’s Proud Heritage

During the weekend of June 4-5, the UASON hosted a reunion and celebration marking the 25th anniversary of the Doctor of Science in Nursing program at the UASON. This article spotlights the history and impact of that program and its graduates.
A SERIOUS SHORTAGE

In a number of the nation’s progressive schools of nursing, much discussion among faculty in the 1970s centered on the need for establishing additional high-quality training programs to provide doctoral-level education for nurses. In late 1973, the UASON launched just such an effort. The initial assessment would lead to a decision to move forward in establishing a doctoral program at the UASON.

“We knew there was a tremendous need for additional doctoral programs in schools of nursing,” says Jean A. Kelley, EdD, retired associate dean for graduate studies at the UASON. “The nation had both a shortage of nurses with doctorates and a shortage of educational programs in schools of nursing that offered doctoral education.

“It’s really astounding today to look back and note how few nurses had doctorates at that time. When our faculty in 1973 began assessing the feasibility of establishing a doctoral program, we had information from an international directory that showed there were only about 1,000 nurses in the whole world who had doctorates. And the majority of those doctorates were in education—largely because there were so few programs in the nation that offered doctorates in the field of nursing.”

A FIRM FOUNDATION

When the UASON decided to create a doctoral program, there were only eight nursing-related doctorates being offered in the United States, Dr. Kelley says. New York had two, and six others were scattered in Massachusetts; Washington, D.C.; Ohio; California; Pennsylvania; and Texas (which was the closest one to Alabama). “There was not a single program in the Southeast where a nurse could earn a doctorate in the field of nursing,” Dr. Kelley says.

During 1974, the UASON faculty developed and reviewed plans for a doctoral program. The type of doctorate they elected to offer was the Doctor of Science in Nursing (DSN), a professional degree that focused on preparation for practice in the profession of nursing.

“A major reason I knew we were ready to start a doctoral program at our school in the 1970s was the strength of our master’s programs,” says Marie L. O’Koren, EdD, retired UASON dean. “I recall so well the confidence I felt about our moving forward with a doctoral program. At that time, I was serving on a national nursing advisory board in Washington, D.C. As part of my work there, I reviewed a doctoral program proposal from another school of nursing that went on to receive federal funding. As I reviewed details of that school’s doctoral program proposal, I thought, ‘Why, in our school we already are doing so much of this in our master’s programs. In our strong master’s programs, we have a foundation on which to build a doctoral program. There is absolutely no reason we can’t go forward now with our own doctoral program.’”

Once the decision was made at the UASON to seek approval for a doctoral program, the wheels turned rapidly. In November 1974, only a year after the initial assessment was begun, UASON faculty approved their DSN plans.
Life at the Top

DSN Grads Take on Leadership Roles

At the state, regional, national, and international levels, graduates of the DSN program at the UASON have made widespread contributions.

“Our DSN graduates have been extremely well prepared to assume leadership roles,” says Elizabeth Stullenbarger, DSN, the UASON’s associate dean for graduate studies and one of the school’s 365 DSN graduates.

In the United States, the school’s DSN graduates include a university president and several nursing-school deans or associate deans; executives in health-care systems, the federal government, corporations, and entrepreneurial ventures; nurse scholars who have attained stellar publication records; and nurse scientists who have competed successfully for extramural funding and are managing productive research projects.

On an international level, the school’s DSN graduates include a university president and several nursing-school deans or associate deans; executives in health-care systems, the federal government, corporations, and entrepreneurial ventures; nurse scholars who have attained stellar publication records; and nurse scientists who have competed successfully for extramural funding and are managing productive research projects.

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“A TIME FOR TENACITY

One of those who remembers the intense review period is Charles A. “Scotty” McCallum, MD, DMD, who served UAB as dean of the School of Dentistry, vice president for health affairs, and finally as president. Dr. McCallum recalls that for the UASON to be granted all required approvals for its doctoral program during an era when there was not a high level of understanding of the nursing profession’s potential “took a lot of doing . . . a lot of doing.”

He credits the determination of Dr. O’Koren, Dr. Kelley, and other faculty members for succeeding in the review process. When the UASON’s new Doctor of Science in Nursing program began coursework in January 1976, it was the only nursing doctorate offered in an 11-state Southeastern region.

The DSN program produced its first graduate—Kathleen Gainor Andreoli—in 1979. Dr. Andreoli’s graduation created the UASON milestone that was recognized with her serving as chair of the DSN 25th Anniversary Reunion and Celebration on June 4-5.

In the quarter of a century since, the UASON has produced 365 DSN graduates. In the late 1990s, the decision was made to phase out the DSN program and to succeed it with a Doctor of Philosophy (PhD) in nursing degree, with a strong research focus. The first PhD student was admitted in the fall of 1999, and three have since graduated. The phase-out period for the DSN is slated to conclude in August 2005; 12 DSN students currently are enrolled.
Kathleen Andreoli was the first graduate of the DSN program at the UASON.

“We have DSN graduates from Taiwan, including one who is in a dean position. One of our DSN graduates, a native of Saudi Arabia—the first in that entire Kingdom—to earn a doctoral degree.”

Here is a look at just a few of the DSN graduates who have made their marks in the nursing profession:

**FIRST AND FOREMOST**

Kathleen Gainor Andreoli, DSN—the UASON’s first DSN graduate—is based in Chicago, Illinois. She is the John L. and Helen Kellogg Dean of the Rush University College of Nursing and vice president for nursing academic affairs at Rush University Medical Center.

Dr. Andreoli’s honors reflect a vibrant career. She is among the few nurses elected to the Institute of Medicine of the National Academy of Sciences. She is a Fellow in the American Academy of Nursing and received the 2003 Melanie C. Dreher Outstanding Dean Award from the Honor Society of Nursing, Sigma Theta Tau International.

An honor she especially cherishes is the UASON’s 1991 Distinguished Alumna Award. Also, a major text—*Andreoli’s Comprehensive Cardiac Care*—bears her name. As a clinical nurse specialist in critical care/cardiovascular nursing, Dr. Andreoli contributed to the text in its initial editions. She recalled feeling “overwhelmed” when her name was added to the title by the book’s author and its editor—Marguerite R. Kinney, DNSc (BSN, 1961; MSN, 1967), retired UASON faculty member, and Donna R. Packa, (MSN, 1976; DSN, 1986).

Soon after earning her DSN, Dr. Andreoli began her ascent in the world of nursing by accepting a vice presidential position in Texas. She has not stopped since.

“I believe in the adage that ‘chance favors the prepared mind.’ I could not have done what I have done without the preparation I received at the School of Nursing at UAB,” Dr. Andreoli says. “It was that DSN program that gave me the qualities of scholarship and leadership I really needed.”

**MAKING A NATIONAL IMPACT**

Claudette G. Varricchio, DSN, is assistant director for extramural activities at the National Institute of Nursing Research (NINR). Based in Bethesda, Maryland, the NINR is part of the federally supported National Institutes of Health (NIH).

A 1983 DSN graduate of the UASON, Dr. Varricchio oversees review, funding, and administration of grants awarded through NINR’s extramural program to schools of nursing, universities, and academic medical centers. For fiscal year 2003, she helped oversee more than $118 million of the NINR’s $130.5-million budget.

Prior to joining NINR, Dr. Varricchio spent 10 years as a program director in NIH’s National Cancer Institute. Prior to that, she taught at Northwestern State University in Shreveport, Louisiana, and at Loyola University in Chicago.

While teaching in Shreveport, the Massachusetts-born nurse educator decided to pursue a DSN degree at the UASON. The curriculum matched what she was looking

Continued on page 6
for, and the program’s flexibility allowed her to teach with a reduced workload in Shreveport and commute to Birmingham for DSN studies most of the year, residing in Birmingham during the summer. “I found the DSN program in Birmingham to be top-notch,” she says.

Dr. Varricchio is a Fellow in the American Academy of Nursing and finds her work at the NINR deeply satisfying. “Sometimes I’m asked, ‘Don’t you miss teaching?’ I say, ‘I don’t miss teaching because I still have some of that same type of interaction. I have a whole nation full of researchers who call on me on a regular basis to discuss ideas and funding for their research. I love it.’”

**YOU CAN GO HOME AGAIN**

Mary Hill’s nursing career has taken her from her native Mississippi to Maryland and New York. But when Dr. Hill returned to her home state, she saw a glaring need in nursing education.

“When I moved back to Mississippi, my intention was to teach a few years and retire,” Dr. Hill says. “But I saw that we needed to diversify our preparation of nurses, particularly in the areas of doctoral education and nursing administration. We needed nurse administrators who were grounded not only in nursing but in management and business, as well.”

That is what led Dr. Hill to enroll in the UASON’s DSN program, earning her doctorate in 1999. She earned her BSN from Tuskegee University in 1967 and her MSN from the University of Maryland in 1971.

After serving as a faculty member at Tuskegee, Dr. Hill moved to the Northeast, serving on the nursing faculties at Columbia University, SUNY Downstate, and Adelphi University, all in New York. She returned to her home state as associate professor and director of organizational effectiveness at the University of Mississippi School of Nursing in Jackson. In 1991, she joined the faculty at Alcorn State University School of Nursing in Natchez, becoming dean in 2003.

“When I came back to Mississippi, I wanted to contribute to preparing a more diverse nursing workforce,” Dr. Hill says. “One major problem for many African-American students is that they lack the foundation to continue in their nursing studies. Retention is a big issue, but we found that if we provide certain support services, they can be successful. We don’t want to lower standards, but we want to help prepare these students for the rigor associated with an education in nursing.”

**A CONSUMMATE ADVOCATE**

Delois Skipwith Guy, DSN, is an advocate who has continued to contribute beyond retirement—in a second career and then as a volunteer.

In 1995, Dr. Guy retired after 27 years on the UASON faculty and joined the research team of a project known as REACH (Resources for Enhancing Alzheimer’s Caregiver Health). “We found people who were caught up in caregiving for Alzheimer’s patients, not knowing how to take care of themselves or their loved ones,” Dr. Guy says.

Entering “real” retirement after five years with REACH, Dr. Guy helped create a caregivers’ support group at her church. “A lot has been given to me. I must give back,” she says.

Dr. Guy has been honored for decades of senior-citizen advocacy, receiving the 2002 Professional Award from her local Area Agency on Aging.

In the 1970s, Dr. Guy taught new approaches to psychiatric nursing during an era when thousands of patients were being released from large, state-run mental hospitals into the community. A role model for diversity, Dr. Guy became the UASON’s first African-American faculty member in 1969, and in 1980 she became the UASON’s first African-American graduate of the DSN program.

“I came away from the DSN program with a reaffirmation that you have to respect people, encourage them, and push them to persist,” Dr. Guy says. “That’s what was done for me in the DSN program.”

**UNDERSTANDING CHRONIC DISEASE**

Sandra B. Dunbar, DSN, is trying to help nurses play stronger roles in combating major health problems. A 1982 DSN graduate of the UASON, Dr. Dunbar is on a yearlong half-time sabbatical from Emory University’s Nell Hodgson Woodruff School of Nursing.
A cardiovascular nurse educator, she is spending time at the U.S. Centers for Disease Control and Prevention (CDC) in Atlanta to explore how nursing research can contribute to health policy on cardiovascular diseases.

“My goals are to learn more about how data and surveillance are transferred into health policy and to be a voice for cardiovascular patients and their caregivers,” Dr. Dunbar says. She is working with CDC’s Cardiovascular Health Branch, in the National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP).

Dr. Dunbar’s other half-time work is still at Emory, where she is the Charles Howard Candler Professor of Cardiovascular Nursing at the Nell Hodgson Woodruff School of Nursing. She formerly coordinated the school’s PhD in Nursing program. Last summer, Dr. Dunbar returned to the UASON to deliver the Jean Kelley Lecture.

The Florida-born nurse educator—a Fellow in the American Academy of Nursing—praised her UASON doctoral education. “I benefited from faculty support, a strong program in theory and research preparation, and an outstanding cardiovascular research and clinical environment within the School of Nursing and throughout UAB’s Academic Health Center,” she says.

“I also learned peer review by interacting with my excellent class of fellow doctoral students. Our approach to critiquing each other’s work is something I’ve taught students and still practice myself. Because of what I learned then, I never send out a paper, a manuscript, or a grant application without getting feedback from others.”

PRACTICING INNOVATIVE APPROACHES

Patricia L. Starck, DSN, says she earned her doctorate in a UASON environment that encouraged innovation.

As a doctoral student, Dr. Starck worked with spinal cord-injury patients—typically young men in their 20s left paralyzed by accidents. She read the works of Austrian psychiatrist/author Viktor Frankl, a Holocaust survivor who stressed finding meaning in life even in tragic circumstances.

“I was this shy little doctoral student in Birmingham. But I wrote to Viktor Frankl, asking how his writings could apply to the patients I served,” Dr. Starck says. “Dr. Frankl wrote me back, saying no one had used his theories in that way, but he encouraged me to do so.”

Thus began Dr. Starck’s use of Frankl’s theories. Last year, she received the Presidential Award for Distinguished Contribution and Sterling Leadership at the 14th Congress on Viktor Frankl Logotherapy in Dallas, Texas.

A 1979 DSN graduate, Dr. Starck is the John P. McGovern Distinguished Professor and dean at the University of Texas School of Nursing at Houston. A new $57-million building was dedicated in June to house the school.

A Fellow in the American Academy of Nursing, Dr. Starck says UASON faculty supported her as a doctoral student and beyond.

She learned much about being a dean in a course taught by retired UASON Dean Marie O’Koren. And she is grateful that Dr. Jean Kelley recommended her to become nursing-school dean at Troy State University. “When I was offered that Troy deanship, I had just earned my doctorate. I told Jean, ‘I don’t know if I can handle this.’ She said, ‘Stay with it. I’ll give you advice if you need it.’ I stayed, and Jean provided her advice.”

THE IMPORTANCE OF INDEPENDENCE

Marcia K. Stanhope, DSN, says independent-practice nurses can meet crucial community needs.

The Kentucky-born 1981 DSN graduate is a nursing-school associate dean who oversees a model nurse-managed center in Lexington, Kentucky. Nurse practitioners and baccalaureate-prepared nurses who staff that center provide health services and education to thousands of otherwise underserved clients.

Dr. Stanhope and a colleague are co-investigators in a project, funded by the Michigan Academic Consortium (MAC) through a grant to the MAC by the Kellogg Foundation, to survey health outcomes of 137 nurse-managed centers around the nation. Through this contract, the project is developing a database for use in establishing future centers and sustaining current ones.

“I feel this survey will show that these nurse-managed centers make a difference,” Dr. Stanhope says. “I believe in the independent role of the nurse—that the nurse can and does make a major contribution to health care and health outcomes.”

Dr. Stanhope is associate dean and Good Samaritan professor and chair in community health nursing at the University of Kentucky College of Nursing. A Fellow in the American Academy of Nursing, she received the Creative Achievement Award from the American Public Health Association, Public Health Nursing Section, in 2000.

Dr. Stanhope credits her DSN studies with teaching her publishing and writing skills. Also, she praised a DSN curriculum that exposed her to coursework both at the UASON and UAB’s School of Public Health.

“The knowledge and abilities I learned in the DSN program at UAB’s School of Nursing really gave me the basis for doing what I’ve done in my specialty area.”
Kathleen Brown, PhD, did not have to agonize for years over what she wanted to do with her life. “My mother was a nurse, and she was a great role model,” Dr. Brown says. “She was very committed to the field, and that helped me recognize that there were great opportunities in nursing.

“I decided when I was in high school that I not only wanted to become a nurse, but I also wanted to teach nursing in the college environment. So early on, I made the decision to pursue advanced education.”
New Faculty
School Receives an Infusion of Talent

Dr. Mona Shattell
Education:
PhD, University of Tennessee, Knoxville
MS, Syracuse University
BSN, Syracuse University

Experience:
Before coming to UAB, she served as a health-care consultant with Delta Health Systems in West Palm Beach, Florida, and was a lecturer and adjunct faculty member at the University of North Carolina at Charlotte College of Health and Human Services. While in Charlotte, she served as a staff nurse at Children’s Residential Treatment Center and an appeals nurse for corporate performance management with Carolinas HealthCare System. She also was a psychiatric clinical nurse specialist in private practice.

Special Interests:
Psychiatric and mental-health nursing. Her research has focused primarily on the hospital environment and soliciting nursing care.

Dennis Fowler
Education:
MSN, UASON at UAB
BSN, UASON at UAB

Certificate:
University of Alabama in Huntsville College of Nursing

Experience:
Has served as nurse manager, nursing supervisor, and advanced practice nurse/staff development educator at the VA Medical Center in Birmingham. Also served as a staff nurse in the emergency department at The Children’s Hospital of Alabama and as a clinical nurse specialist in the critical-care unit at HealthSouth Medical Center.

Mona Shattell
BSN, UASON at UAB
MPH, UAB

Experience: Before coming to UAB, served as visiting full-time instructor and adjunct part-time instructor in the School of Nursing at the University of Central Florida. Has served as staff/charge nurse in emergency room at UAB Hospital, scrub and circulating nurse in cardiovascular and chest surgery at Charity Hospital in New Orleans, and staff/charge/thead nurse in Charity’s emergency room. Has worked with nursing students to establish a community nursing center in a farming community outside Orlando, providing health-promotion and disease-prevention programs to a multicultural population. In addition, she is a certified pediatric nurse practitioner, a member of the National Association of Pediatric Nurses and Practitioners, and she volunteers with migrant farm families in central Florida. She received the 2004 Researcher of the Year Award from Sigma Theta Tau International, Theta Epsilon Chapter.

Special Interests: Health promotion, disease prevention, and community nursing. Also has worked on the use of structural equation modeling on multiple research models. Has focused on physical activity in children, with special attention to the use of heart-rate monitors in enabling children to self-regulate health exercise behaviors. Has conducted a study on the use of self-regulated learning as an instructional and curriculum component in health education. Has international experience in Honduras, Guatemala, and Peru.

Cynthia Grimes-Robison
Education:
MSN, Troy State University
BSN, UASON at UAB
MEd, University of Montevallo (Education)
BA, University of Alabama (Social Science)

Experience: Before coming to UAB, served as a nursing instructor at Bessemer State Technical College. Also has served as quality assurance manager at United Health Care, hospice coordinator at AMI Brookwood Medical Center, and staff nurse at UAB Hospital.

Special Interests: Taught anatomy and physiology for 14 years at Bessemer Tech. Also has focused on adult acute-care clinical physical assessment. A certified family nurse practitioner, she is currently working on a PhD in health education at UAB. A member of the American Nursing Association, the Alabama Nursing Association, and the Alabama Nurse Practitioner Council.

Dr. Karen Hughes Saenz
Education:
PhD, University of Central Florida
MSN, University of Florida

Experience: Serves as an on-site evaluator for the Commission on Collegiate Nursing Education.

Special Interests: Clinical background in emergency, cardiac care, and post-anesthesia nursing. His MSN training focused on adult-health nursing, with a minor in trauma nursing. Certified as a clinical nurse specialist in medical/surgical nursing.
When Dr. Pam Fordham (MSN, 1976; DSN, 1989) began her nursing career 35 years ago, she didn’t realize she was learning palliative care.

Palliative care—also called comfort care—is the practice of caring for individuals with chronic, progressive, life-altering disease. “Palliative care is what nurses do,” Dr. Fordham says. “I’ve always done palliative care, but I didn’t really realize it until the past 15 years.”

Dr. Fordham has helped spread the message about palliative care by designing an online master’s-level program for nurses—the only one of its kind at a public university in the nation.

With the technological revolution of the mid-20th century, health-care practitioners began to focus on curing certain diseases. The practice of health care, Dr. Fordham says, moved away from helping people deal with symptoms of their illness to trying to eradicate the illness altogether.

REMEMBERING MORTALITY

“We went so far that we almost forgot that people are mortal and they don’t live forever,” Dr. Fordham says. Palliative care is what nurses and doctors do when the body breaks down; when disease strikes, whether the disease is curable or not. Palliative care treats the symptoms, trying to assuage the patient’s pain.

Dr. Fordham, an assistant professor at the UASON, is deputy director of UAB’s Center for Palliative Care, which she co-founded with John L. Shuster Jr., MD, who is the center’s director and a faculty member in UAB’s Department of Psychiatry.

The Center for Palliative Care has two clinics: a palliative clinic and a supportive-care clinic. The center’s role is to treat patients’ symptoms and to train physicians and nurses in palliative care. The center offers a fellowship program for physicians, community education, and a consulting service. An inpatient unit is planned for early 2005.

One of Dr. Fordham’s goals has been to provide more advanced training opportunities for nurses interested in palliative care. That led to the development of the online master’s-level program.

Part of the beauty of the program is that it can reach the rural and underserved areas of the state, Dr. Fordham says. “I wanted to reach the nurses who can’t just pack up and come to campus anymore,” she says. “They might have families and need to maintain their careers.” The online master’s-level program fosters cultural competency, speaking to more than just middle-class America, Dr. Fordham notes. The focus is on rural, underserved populations, as well as those who are uninsured.

The master’s-level program in palliative care builds on an existing online master’s-degree program for family nurse practitioners. Much of the coursework is similar, but the palliative-care students will come to UAB for an intensive one-week interdisciplinary palliative-care institute. During that time, they attend lectures and participate in UAB’s extensive clinical activities.

A NETWORK OF KNOWLEDGE

Except for that week, students are able to stay at or near their homes, as health-care agencies all over the state work in cooperation with UAB to allow students to complete clinical requirements. “We have a cadre of physicians and nurse practitioners throughout the state who have taken some special continuing education training so that they’re prepared to be mentors or preceptors for these students,” Dr. Fordham says.

The program also offers a post-master’s option, so that people who already have master’s degrees won’t have to go back and take core courses. They’ll simply start with the advanced-practice clinical courses.

The online master’s program in palliative care is federally funded by the Health Resources and Services Administration, part of the U.S. Department of Health and Human Services. UAB is the first public institution to offer a federally supported master’s program in palliative care that is completely online.
International Ties
WHO CENTER MAKES A DIFFERENCE IN CHILE
By Lori Herring

When Lynda Harrison, PhD, went to Santiago, Chile, on a working sabbatical funded by a Fulbright Scholar Award this year, her main objective was to develop an online nursing research course at the master’s level in Spanish.

Working with the Pontificia Universidad Catolica de Chile, Dr. Harrison not only worked on developing the online course, but she also became involved in two unexpected projects, both relating to her research experience in the field of massage and infants. She also worked with colleagues in Chile and at UAB to establish an affiliation agreement between UAB and the Pontificia Universidad Catolica. This agreement will facilitate student and faculty exchanges between the universities.

CROSSING CULTURAL BORDERS

Dr. Harrison, who is co-deputy director of the World Health Organization Collaborating Center for International Nursing at the UASON, believes in the importance of intercultural exchange. “My view is that it’s not just a one-way street,” Dr. Harrison says. “We all have rich things to offer and to learn through international exchanges and contacts. We’re not an isolated country anymore.”

Dr. Harrison says nurses in Latin America tend to focus on primary care and implementation of community health-education programs, often with very limited resources.

In designing the online research course, Dr. Harrison worked with three Chilean nurse educators to develop objectives and nine online modules. She and her colleagues also surveyed nurses throughout Latin America to identify competencies nurses in the region should have at the bachelor’s, master’s, and doctoral levels.

Dr. Harrison is working with a UASON undergraduate nursing honors student and with her colleagues in Chile to analyze the data. From this survey, they hope to present their findings at a meeting of the Pan American Nursing Conference in Peru in November 2004. Also, they plan to submit at least two articles for publication related to the project.

In addition to developing the online course, Harrison presented lectures and seminars in the nursing school at the Pontificia Universidad Catolica de Chile and at other nursing schools in the community. In many of these classes, Dr. Harrison lectured on her research in the field of gentle human touch for preterm infants.

After hearing about her research, nurses from two hospitals in Santiago asked Dr. Harrison to help them implement and evaluate a massage intervention program for premature babies. Dr. Harrison helped design the research project and will assist with analysis of data. “The nurses in Santiago are going to do this project on their own time,” Dr. Harrison says. “It’s a huge undertaking and it’s going to be a great thing if it works.”

THE MESSAGE OF MASSAGE

The other surprise project involves Dr. Harrison’s research on the importance of massage for preterm babies. The mayor of a small community near Santiago said he understood that massage for babies would help reduce the incidence of child abuse, by promoting positive interaction and attachment between parents and their children.

A Chilean physician told Dr. Harrison about the mayor’s statement, so Dr. Harrison trained nurses in community health centers to teach mothers massage for their newborns. She helped faculty at the nursing school develop a research proposal to track the results of the program. The goal is to see if there is a difference in the growth of the babies, the development of mother-infant interaction, and the rate of depression among new mothers.

Dr. Harrison, who hopes for a follow-up alumni-initiated Fulbright grant in 2005, is working to develop an exchange program between UAB and the Universidad Catolica de Chile.

“There’s such an increasing population of Latinos in the United States,” she says, “and I think that if students understand the culture and the lives that people have had before coming to this country, they can be better providers of care to that population.”

The advancement of cultural understanding—which is as necessary now as it has ever been in this era of globalization—is something Dr. Harrison believes in. “I’m hoping we can open doors between our two universities,” she says. “It’s important for all of us, globally, to learn from each other.”
Long hours and double shifts are familiar signs of a nursing shortage that is quickly becoming a chronic condition.

“There have been cycles of shortages in the past, but this one is particularly challenging,” says Dr. Marguerite Kinney, DNSc, a graduate (BSN, 1961; MSN, 1967) and retired faculty member at the UASON. “With the population aging, we will need more nurses, but fewer young people are entering the field. Rising tuition makes it harder to go to school or earn an advanced degree. For many students, scholarships are essential.”

**PAYING IT FORWARD**

Through generous contributions to scholarship funds, Dr. Kinney and other UASON alums are helping the next generation of nurses.

“This scholarship has been a godsend,” says Betty Etherton, who returned to school for her master’s degree with the help of the William Groce Campbell Endowed Nursing Scholarship, shortly after her daughter graduated from college. “After 25 years, I still love nursing. Going part time would have taken much longer. Now I’m ready to help patients as an acute-care nurse practitioner.”

Barrett Brock MacKay, a member of the Board of Visitors who earned her master’s in nursing at UAB, explained why she, her parents, and her brothers felt that it was important to support nursing education with an endowed scholarship through the Brock Family Foundation. “Everyone needs nursing care at some point,” Mrs. MacKay says. “When you do, you’re going to want that nurse to be educated.”

Wilma Powell Stuart is working toward a PhD in nursing with the help of the Gladys M. Colvin Endowed Nursing Scholarship. “Scholarships allow us to focus and excel. We can concentrate on the work and explore material in depth,” Ms. Stuart says. “Being able to study full time instead of part time gives us a better grasp of details and a better understanding of how everything fits together.”

**DARING TO DREAM**

Undergraduate student Liliana Rascon was excited when she received the Jernigan Endowed Nursing Scholarship. Her late mother worked in housekeeping at a hospital, and she wants to work with children as a pediatric nurse. But it was difficult for her family to help her reach that goal.

“The scholarship was a blessing,” Ms. Rascon says. “It’s taken off a lot of stress, and I don’t have to worry about how to get books. I want to donate when I get out of school and help other students like those who contributed to my scholarship helped me.”

The John Wilson Rodgers Scholarship, named in honor of Dr. Kinney’s father, has helped a long list of students over the years. “They don’t forget,” Dr. Kinney says. “Some have even contributed to it. My father wasn’t a wealthy man, but he valued education. Helping people achieve a dream is a reward in itself.”

The Impact of Giving

*Alums Lead the Way to Campaign Success*

By Laura Freeman

Dr. Marguerite Kinney and Barrett Brock MacKay have seen their alumni gifts translated into scholarship support for UASON students.
Wellness for Workers

Program Helps Keep City Employees Healthy

By Laura Freeman

When a police officer chases an intruder into a dark alley, or a firefighter walks into a blazing building, the danger is obvious.

But even greater risks could be lurking inside their own bodies. To help identify those risks and protect city employees from heart and lung disease, stroke, injuries, and other dangers, the UASON provides the City of Birmingham’s Good Health Project.

The pilot program, funded by the National Heart, Lung, and Blood Institute, began after the city experienced a sharp increase in the cost of health benefits. Results of the pilot program were so encouraging, the city decided to continue funding the project.

KNOWING THE NUMBERS

“We start with screenings to identify risk factors like hypertension and high cholesterol,” says Kathleen Brown, PhD, co-principal investigator with Michael Weaver, PhD, principal investigator. “We give employees the numbers they need to track their progress. If there’s a problem, we help them understand the risks and encourage and support them with tools and useful information to help them make changes. When employees need to see their primary caregiver, we refer them for follow-up.”

The program’s biggest success to date has been helping to reduce the prevalence of smoking. “We started out with 38.1 percent of employees smoking, which was above the national average,” says Dr. Weaver. “Now only 17.6 percent of Birmingham’s city employees smoke, which is better than either the state or national rate.”

Posters, health-awareness tip sheets, and other education efforts provide continuing support, and employees can call the project office if they have questions. Monitoring is another important aspect, especially with hypertension.

“If their blood pressure isn’t responding, we ask about medication and any problems they may have in taking it,” Dr. Brown says. “If it’s time to get more aggressive, we can refer them to a specialist.”

HEALTHY CHOICES

The project has published a cookbook, featuring healthy recipes. And the “Reach For 10” program is geared toward helping employees lower their blood pressure or cholesterol 10 points or lose 10 pounds.

Nursing students from undergraduate, master’s, and doctoral programs are assisting with counseling and collecting data, boosting a research effort to determine the most effective approaches to intervention.

“Occupational health offers great opportunities and gives nurses autonomy and a wide range of experience,” Dr. Weaver says. “They help employees while helping companies stabilize costs.”

For nurses involved in this project, there are other rewards. “Not everyone is always ready to make changes,” Dr. Brown says. “But it feels great when someone who is making progress comes and thanks us for the tools that are helping them succeed.”

With healthier firefighters, police officers, and other employees, perhaps more city workers will be able to enjoy long retirements, telling stories about the people they helped—and the people who helped them.
They rarely see each other on campus and have only had one class together. But nursing school has brought Nancy and Melissa Dubois even closer as mother and daughter.

"Melissa asks me questions, which I really didn't think she would do, and I always get her to read my papers," Nancy says. "And we commiserate, of course. It's been an interesting experience for both of us."

TAKING A NEW DIRECTION

Nancy, 50, enrolled at UAB in 2002, two decades after ending a successful career in the Biochemistry Department at Southern Research Institute.

"I was able to stay at home and raise my children until divorce changed my life's path," she says. "I then had to decide upon a career. I began nursing school in January 2003. I was awarded the John and Delia Robert Endowed Nursing Scholarship, which was designated for homemakers like me who return to school."

For Nancy, pursuing her BSN was not a major adjustment. That hasn't been the case for 22-year-old Melissa.

"There have been some bumps in the road," she says. "The beginning was overwhelming. I had to learn to study for tests that were totally different from any I had taken in my prerequisite courses."

Melissa enrolled at the UASON last year and plans to graduate in 2005. "It's been very beneficial for my mom to be in nursing school at the same time. Because she is two semesters ahead of me, she has been a great source of information and advice. A few professors have asked if I'm her daughter, and they usually think it's a novel concept. My friends think it's neat too."

A SOURCE OF INSPIRATION

Melissa says her mother has helped push her forward. "Nursing is what I really want to do, and my mom has inspired me with her determination. After I graduate, I plan to work for a few years and then go back to school to become a certified registered nurse anesthetist or a nurse practitioner."

Nancy prefers labor and delivery. "I love being there, from the time they come in until they finally have that wonderful, healthy baby, if all goes well. I enjoy working with patients, even the difficult ones. I have always taken care of people, having grown up with an uncle who is a hemophiliac and later having my mother and aunt in my home until their deaths. The caretaking that goes along with nursing and the scientific aspect of it both seem to fit my personality and abilities."

"I want to be a good nurse, the kind that makes a difference. Because that's what nurses can do."

HENLEY LIVINGSTON

Building a Career in Family Practice

By Cindy Riley

For Henley Livingston, entering the medical profession wasn't really a choice.

"Looking back at my life, I believe I was destined to become a nurse," Ms. Livingston says. "My sister was born when I was eight years old. I enjoyed every day helping care for her, especially when she was ill. I also had the opportunity to observe my late grandmother devote her life to the recovery of my grandfather, who had suffered a stroke in his 40s. Watching her as she helped him regain his speech and walk again, I realized that was her way of giving him his life back through 30 years of hard work. She was always putting his needs before her own. I believe I possess many of those same qualities."

BALANCING ACT

After earning her BSN, Ms. Livingston worked full-time before going back to school to pursue her master's. She is currently employed as a clinical coordinator at Russell Medical Center in Alexander City and attends clinical rotations at a family clinic in Sylacauga.

Balancing work and school hasn't been easy for Ms. Livingston, but she maintains a 4.0 grade-point average and was the UASON's Outstanding MSN Student in 2003. "It's taken a lot of studying, dedication, and time management," she says. "The faculty at UAB have been wonderful, and their help and motivation have been paramount in my education. And of course, I couldn't have done it without the support of my family."
Choosing the right career can be a difficult task. For Rhonda McLain, however, the decision was easy. “I remember as early as third grade reading books about nurses and thinking that was something I wanted to do. I’ve just always had an interest in it,” says Ms. McLain, the UASON’s Outstanding Doctoral Student in 2003.

Ms. McLain serves as an assistant professor of nursing at Clayton College and State University in Morrow, Georgia. She began her doctoral studies eight years ago while working full-time.

THE POWER OF PERSEVERANCE

“It has been a long process,” Ms. McLain says. “I originally started the program because I had changed career paths by moving from working in an acute-care facility as a clinical nurse specialist to teaching in an academic setting. I wanted to learn more about teaching and higher education.

“I decided to pursue my degree from UAB for a variety of reasons, including the reputation of the school and the chance to get a degree in nursing education. I must say it has been a lesson in time management. While I was doing coursework, I drove to Birmingham each week, usually staying two days. Since beginning my dissertation, most work has been done via mail and e-mail.”

UASON faculty member Carol Dashiff, PhD, says Ms. McLain exhibits many qualities of a top graduate student. “Rhonda knows the importance of preparing and presenting her work in a way that engages others, and she makes it easy for them to understand,” Dr. Dashiff says. “I think this comes from her solid background and experience in teaching. I can always count on her to let me know how her research is progressing. She shares the problems she encounters and has ideas about how to solve them. Rhonda perseveres, which I think is the most important quality a doctoral student can have.”

A MINDSET OF SERVICE

Ms. McLain teaches undergraduate students pathophysiology and medical/surgical and critical-care nursing. She also serves as the curriculum coordinator for Clayton State’s nursing program.

“I think one of the biggest challenges for nursing is keeping our focus on what I see as our ultimate goal—providing a service for our clients and their families,” Ms. McLain says. “There are so many other things that can get in the way—politics, financial concerns, short staffing. We need to constantly ask ourselves what is best for those we serve.”

For her dissertation, Ms. McLain is studying family factors that affect the mood and morale of cardiac-surgery patients while they are recovering at home.

“I used to take care of patients and their families after heart surgery in the hospital. Because of that, I have had an interest in these patients and their families.

“I’ve actually loved the challenge, the flexibility and the opportunities that I’ve had throughout my career as a nurse. It is never boring.”

In college, Ms. Livingston received numerous academic honors, in addition to taking part in student government activities and performing on UAB’s dance team.

LISTENING AND LEARNING

Says UASON faculty member Joy Deupree, MSN, CRNP: “I’ve known Henley since she was born. She was such a hard worker growing up. No challenge was too difficult. She has long been involved in her community, helping others who were less fortunate.

“Henley’s the type of nurse who quickly puts her patients at ease. She’s a good listener, which is important, because you can learn a lot about someone’s needs just by letting them talk. She will make an excellent family nurse practitioner.”

Ms. Livingston is looking forward to the challenge. “I want to be able to work independently and have a personal relationship with my patients. I would also like to work in a rural community. I enjoy dealing with people from all walks of life, especially patients of lower socioeconomic status.”

In the meantime, Ms. Livingston will continue carrying on what she sees as a family tradition.

“If I have made a difference in just one person’s life, then the legacy of my grandmother will live on with a new person who follows me in choosing to practice this gratifying profession.”
Olivia Sheppard received an early and personal orientation to the world of nursing. When Mrs. Sheppard was nine years old, her widowed mother, Rosa V. Thomas DeJernett, enrolled in the Hillman Hospital School of Nursing. It was 1929, and school rules did not allow the trainees to have family members living with them. So Mrs. Sheppard lived with her grandparents in East Tallasee, Alabama.

“The rules were extremely strict at that time,” Mrs. Sheppard says. “The students could not be married, and they could not have family living with them. They had to be completely unfettered. A child could come visit, but somebody else had to have them in custody and care.”

A TOT IN TRAINING
When Mrs. Sheppard went to visit her mother, her grandparents drove by wagon to Dadeville, where she caught a train for Birmingham. “The conductor would take charge of me,” she says. “He would talk to me and show me things about the train and made sure I got off and into the right hands.”

Once in Birmingham, Mrs. Sheppard spent much of her time with her mother at the hospital. For Mrs. Sheppard, that early fascination with the health-care environment turned into a 37-year career in nursing. And she has captured those early days of nurse training at UAB by writing a memoir, My Memories of the Old Hillman Hospital.

The idea for the memoir came after Mrs. Sheppard talked with UASON Dean Rachel Z. Booth, PhD, several years ago. “Dr. Booth said she wished she could find someone who could write a book that gave the history of nurse’s training at UAB. I said I didn’t know anybody who would be more qualified than me, since both my mother and I trained there, and my memory is still good. I started off struggling on it, but the next thing I knew, it had turned into a full-grown book.”

Included in the book are extensive hand-written notes taken by Mrs. Sheppard’s mother while she was in training from 1929 to 1932. The UASON has two hard-bound copies of the book, plus a loose-leafed copy, for its archives.

Mrs. Sheppard’s memories of nursing start with those visits as a nine-year-old to see her mother in Birmingham. “If I didn’t have anything else to do, I would get on the elevator at the hospital and just go up and down,” she says. “They would let me work in central supply, and I learned how to do sterilization, how to roll gauze, how to get it ready for surgery.

“Sometimes, I would work in the emergency room when my mother was down there. Somebody would come in with a cut on his head, and I’d get that straight razor and clean up the wound and get it ready for an intern to suture.

“When my mother went into surgery, and they might be taking out someone’s tonsils, I would get certain things they needed off the shelf. I had my own little uniform and my own head rag.”

A MOTHER’S INFLUENCE
A family tragedy indirectly led to Mrs. Sheppard’s career in nursing. She was born in Dadeville, where her father, Chilton Wilson Thomas, was a rural mail carrier. But in 1926, he developed pneumonia and died at age 46, leaving her mother with three small children to raise.

Her mother moved the family to Roanoake, Alabama, where she worked for two years at an uncle’s jewelry store. But then her mother decided that she wanted to go into nurse’s training and borrowed $300 from an aunt who lived in Birmingham.

Mrs. Sheppard’s mother later married Lamar DeJernett and worked for 32 years as a nurse, all at UAB Hospital. She worked in medical and surgical nursing, as well as the tumor and diabetes clinics.

Rosa DeJernett’s career clearly made an impression on her daughter. “My mother was a beautiful lady, and what she did had a lot of influence on me,” Mrs. Sheppard says. “And being around the hospital with her boosted my enthusiasm even more. It never occurred to me to be anything other than a nurse.”

VICTROLA NIGHTS
Mrs. Sheppard graduated from Birmingham’s Phillips High School in January 1939 and enrolled in the Hillman School of Nursing five days later. She graduated in 1942 and remembers those three years as a time of intense training.

But she and her classmates also had time for fun. “We couldn’t go out on Monday nights. My roommate had a Victrola and a big box of records. So on Monday nights, we’d clean out a classroom and have a party. Somebody would bring cream and crackers; that was our refreshment. Most of the girls didn’t know how to dance, but I knew how. We’d teach the waltz and the two-step, all of the current dances of that time.”

Along the way, Mrs. Sheppard began to focus on certain areas of nursing. “Surgery was my favorite,” she says. “I didn’t like pediatrics because I couldn’t stand those screaming kids. But I liked the routine of surgery; it had to be done just right. We couldn’t do much surgery then because we had limited anesthesia. Most of the surgery we did was for emergencies. We learned how to get the instruments together, pack them, and autoclave them. It took at least an hour to set up for even the most drastic emergencies.”

She went on to work for 25 years in emergency nursing, mostly at Hillman Hospital, Birmingham’s East End Memorial Hospital, and at Hialeah Hospital in Florida. While in Florida, she helped design an emergency room in a circular pattern, with the nurses’ station in the center. Many emergency rooms today feature a similar design.

SERVING DURING SEGREGATION
For part of Mrs. Sheppard’s career, the Hillman emergency room was segregated. “The patients would come in separate entrances, and we had a hallway, with blacks on one side and whites on the other.

“I liked to be on the black side. On the other side, the patients tended to be sassy and they were never satisfied with anything. On the black side, the patients appreciated
what you did and would even say thank you.”

Mrs. Sheppard had many memorable ER cases—one in particular involved a family member. “My brother-in-law liked to come in on Saturday nights and look around, and he was always in the way. One night this little fellow came in who had been drinking this stuff with paint remover in it. It would make you crazy as a loon, and he had gotten in a fight and been cut through the neck with a sharp razor. He was dead on arrival, and my brother-in-law saw him and said, ‘What’s the matter with him?’ I said, ‘He’s just got a little cut on his neck.’ My brother-in-law said, ‘Let me see it.’ So I lifted up the man’s head, and you could see his esophagus and where his throat had been severed. My brother-in-law just went ‘wooo’ and fainted in the floor. That stopped his sightseeing.”

THE PRIDE OF A PIONEER

Toward the end of her career, Mrs. Sheppard worked for the Jefferson County Public Health Department. She worked mostly in the eastern area of the county, checking on immunizations and newborns, particularly those who were premature. One premature infant she checked on was in Leeds. His name was Charles Barkley, and he grew up to become an NBA basketball star. “He lacked a half pound of being considered a normal weight,” Mrs. Sheppard says. “I think he was five pounds and he was supposed to be five-and-a-half pounds. I checked on him and told his mama he was a keeper.”

Mrs. Sheppard retired from nursing in 1976. She lived for about 15 years near Shorter, Alabama, but recently moved to El Paso, Texas, to live near her daughter, Ellen Norsworthy-Bradley.

Now 85 years old, Mrs. Sheppard looks back on her nursing career with fondness. “I feel like my mother and I were among the pioneers of the nurse training at the University of Alabama. At that time, we didn’t have any degreed people. The training we had was the highest you could get. I think we were able to add to medical nursing, and I’m very proud of the work we did.”

Prior to the University of Alabama School of Nursing’s move from the Tuscaloosa campus to UAB in 1967, a diploma school of nursing was associated with University Hospital. That school started as the Hillman School of Nursing in 1903. It became the Jefferson-Hillman School in 1945, and the University Hospital School of Nursing in 1955. A second diploma program, the Jefferson School of Nursing, began in 1941 and existed for a short time in the 1940s. The diploma school closed shortly after the UASON moved to Birmingham. In 1990, the graduates of all four named diploma programs were formally invited to become members of the UASON at UAB Alumni Association. Each year in Vignette, diploma graduates are featured in this section.
I have had the opportunity to travel and meet so many of our alumni over the past year. From Washington, D.C., to middle Tennessee, and the charming small towns in south Georgia, I listened to many of you talk about how much you love being nurses. It has been wonderful to hear your stories about how you came to be nurses and about your experiences in the profession. Meeting so many of you allowed me to put a face on who UASON alumni really are.

This is one of my goals—to continue to strengthen ties with alumni and to develop a stronger network of graduates across the globe. I believe we have just broken ground and are well on our way to connecting you more closely with your fellow alumni. I thank you for your time spent with the School of Nursing, and I plan to be on the road again this year, meeting many more of you.

In this issue of Vignette, you will read about the Lamp of Learning Ceremony, the second annual Alumni Night, and the 25th Anniversary celebration of the DSN Program. The UAB National Alumni Society has established 10 new alumni chapters since January 2004, and because participation in these chapters has been so outstanding, the society is planning to charter more chapters across the country. The School of Nursing Alumni Association is thrilled to partner with the NAS in bringing all UAB alumni together.

I would like to thank each of you who supported the 2003-2004 UASON Annual Fund. The fund continues to receive outstanding support, reaching more than $33,000 to date and growing. Through these gifts, the School of Nursing makes it possible to provide scholarships for deserving students, who can use them to achieve their career goals. Your commitment to the Annual Fund helps tremendously in our effort to train great nurses, and we are grateful for our alumni and friends who continue to provide for these efforts.

Between reunion events, new alumni chapters, student ceremonies and activities, Annual Fund contributions, and individual get-togethers across state lines, I believe we are making a strong alumni connection. The face of our alumni continues to change, but you all share the common bond of being a nurse. As I travel your way, I look forward to bringing you closer to your classmates and your friends. Maybe you will want to travel back to the University of Alabama School of Nursing at UAB and recall that deep and permanent imprint of where it all began.

Alumni Chapter News
President’s Report

By Phillip Bowden
(BSN, 1992; MSN, 1996)

As I complete my final year as president of the UASON Alumni Chapter of the UAB National Alumni Society, I would like to say that it has been an honor to serve these past two years.

For their time and service, I would like to thank our board members: Sandra Bryan (MSN, 2002), president-elect; Carol Davenport (BSN, 1987), vice president for alumni affairs; Patrick Hubbard (BSN, 2003), vice president for student affairs; Nan Tedesco (BSN, 1984), secretary; Juda Carter (BSN, 1999; MSN, 2003), treasurer; Pat Cleveland (BSN, 1973; MSN, 1975), archivist; Chuck Downs (BSN, 1999; MSN, 2003), board member/membership; Sandy Morgan (MSN, 2000), board member/nominations; and Dr. Mildred Hamner (MSN, 1965), board member, awards and scholarships.

A special thank you to Virginia Gilbert Loftin, Carolyn Ross, and Stephanie Allen in the Development and Alumni Office. Their hard work and dedication has certainly made a difference at the School of Nursing.

Homecoming was an exciting time for alumni and students alike. “Blaze the Black Knights” was the theme of the Spirit Competition as faculty, staff, students, and alumni gathered in front of the School of Nursing Building to show our spirit for the Blazers. This year, we showed our true colors as Blazer fans and nurses with our new “Blazer Nurse” T-shirts. The UASON placed third overall in the Spirit Competition.

We honored nurses and spent time catching up with old friends at the second annual Alumni Night, Reunion Reception, and Awards Dinner. Whether it’s your reunion year or not, we invite all alumni and friends to attend Alumni Night this year on November 4.

We continue to establish connections with the current students. This year, the association established the Lamp of Learning Ceremony. Each new nursing student receives a gold lamp pin, a symbol of compassionate nursing care. It serves as a daily reminder of the commitment these students have made, and we are proud to be able to launch this tradition at the School of Nursing.

We have a great need for committee members, and we invite you to join us. If you are interested, please contact the Alumni Relations Office at [nursealum@uab.edu] for more information.

It’s been a wonderful year, and I thank you all for your support. I hope to see you at many of our upcoming events. This is an exciting time for the association, as we continue to grow and discover new activities to share with students and alumni.
Christina Allegretti (BSN, 2001) received the Citizen of the World Scholarship in September 2003 to study at Chiang Mai University in Chiang Mai, Thailand. The University of Washington, where Ms. Allegretti has completed her MSN degree, presented the award.

Dr. Kathleen G. Andreoli, RN, DSN, FAAN (DSN, 1979), dean of the Rush University College of Nursing, has been awarded the 2003 Melanie C. Dreher Outstanding Dean Award from the Honor Society of Nursing, Sigma Theta Tau International. The award recognizes the support Dr. Andreoli has given to the Gamma Phi Chapter at Rush University. Dr. Andreoli is the 1991 recipient of the UASON at UAB’s Distinguished Alumna Award.

Dr. Pam Autrey (BSN, 1976) has been named a board member for the Alabama Quality Award. The award recognizes and honors organizations that promote effective productivity and quality-improvement strategies.


Dr. Ellen Buckner (BSN, 1975; MSN, 1983; DSN, 1987) is the recipient of the Whitney M. Young Service Award of the Greater Alabama Council of the Boy Scouts of America. This award recognizes outstanding service by an individual or organization, demonstrating involvement in Whitney M. Young’s dream of justice and equality for all in the development and implementation of Scouting opportunities for low-income, inner-city, and rural youth.

Dr. Rita Shieu-Ming Chou (DSN, 1997) has been selected as the chair of the Budget Review Board for Chang Jung Christian University in Taiwan.

Dr. Joyce Clifford (MSN, 1969) was unanimously selected by the Board of Directors of the American Association of Critical Care Nurses to receive the 2004 Marguerite Rodgers Kinney AACN Award for a Distinguished Career. This is one of AACN’s highest honors and recognizes individuals who are completing, or have completed, an extraordinary and distinguished professional career. Dr. Kinney is also a graduate of the UASON at UAB, having received her BSN in 1961 and her MSN in 1967. Dr. Clifford is the 1989 recipient of the UASON at UAB’s Distinguished Alumna Award.

Dr. Sarah H. Gueldner, FAAN (DSN, 1983) was appointed dean of the Decker School of Nursing at Binghamton University in Binghamton, New York.

Matthew Kervin (BSN, 1994) has received the Mary Hanna Memorial Journalism Award from the Journal of PeriAnesthesia Nursing. He is a CRNA and an instructor in the Medical College of Georgia Nursing Anesthesia Department.

Dr. Alberto McCaleb (BSN, 1977; MSN, 1981; DSN, 1991) has been selected for inclusion in the 2004 Who’s Who Among American Teachers. High school and college students who have been cited for academic excellence in Who’s Who Among American High School Students and The National Dean’s List are invited to nominate one teacher from their entire academic experience.

Members of Sigma Theta Tau International elected Dr. Karen H. Morin (DSN, 1987) to their 2003-2005 board of directors. Dr. Morin most recently served on the honor society’s Finance Committee. She is a professor at Western Michigan University’s Bronson School of Nursing.

Carol Jefferson Ratcliffe (MSN, 1995), vice president/chief nurse executive at CHRISTUS St. Patrick Hospital in Lake Charles, Louisiana, recently advanced to Fellow status in the American College of Healthcare Executives, an international professional society of 30,000 health-care executives. Mrs. Ratcliffe, a native of Selma, completed an administrative residency at UAB Hospital.

Norma Kay Sprayberry (MSN, 1975) recently joined JHACO as continuous service readiness representative for Alabama.

Alabama Governor Bob Riley appointed Dr. Elizabeth Stullenbarger (MSN, 1982; DSN, 1984) to the Alabama State Board of Nursing in January 2004. She was nominated by the Alabama State Nurses Association and fills the role of educator on the board. Her term of service is three years. Dr. Stullenbarger was also selected to participate in the American Association of Colleges of Nursing’s Leadership for Academic Programs. The organization is designed to develop and enhance leadership skills in administrators in baccalaureate and graduate nursing programs. Joy Payne Deupree (BSN, 1994; MSN, 1997) is also a member of the board.

Dr. Rachanee Sujijantararat (DSN, 2001) has recently published a book, Personnel Administration in Nursing. Dr. Sujijantararat is on the nursing faculty at Mahidol University in Thailand.

Dr. Sujitra Tiansawad (DSN, 1994) received the Rosemary Berkel Crisp Research Award from the Sigma Theta Tau International Honor Society of Nursing for a research project on safe-sex practices for HIV prevention among rural women in Thailand. Dr. Tiansawad is with the faculty of nursing at Chiang Mai University.

Dr. Anne Turner-Henson (DSN, 1992) has been appointed to the Bright Futures Expert Panel. Bright Futures is an interdisciplinary volume that provides valuable information to nurses, physicians, community agencies, and parents, and is published by the American Academy of Pediatrics.

The American Association of Colleges of Nursing awarded five of its 60 fellowships to UASON graduates: Dr. Mary Hill (DSN, 1999) is the dean at Alcorn State University; Dr. Patricia Holden-Huchton (DSN, 1995) is an associate professor at the University of Nevada, Reno; Dr. Eleanor Howell (MSN, 1981) is dean at Creighton University; Dr. Judith Lott (DSN, 1992) is dean at Baylor University; and Dr. Donna Packa (MSN, 1976; DSN, 1986) is the associate dean for academic programs at the University of Alabama Capstone College of Nursing.

In Memoriam

Betty Ruth Braswell (BSN, 1987) of Hoover, Alabama, died November 18, 2003. She was employed for 22 years with Cooper Green Hospital as a registered nurse, retiring in 1999.

Anna Lucile (Lucy) Eggers died January 23, 2004, at the age of 90. Ms. Eggers was an associate professor with the University of Alabama School of Nursing at UAB from 1955 until her retirement in 1974. She taught tuberculosis nursing and was the Alabama State Coordinator of Tuberculosis Nursing Education.


Donna Leah Mitchell Schmohl (BSN, 1979) of Leeds, Alabama, died December 9, 2003. She practiced nursing for 24 years prior to her death.

Making a Memorial Gift

To honor the memory of a friend or loved one with a gift to the School of Nursing, contact us at (205) 975-8936 or via mail to: UASON at UAB, NB 119, 1530 3rd Avenue South, Birmingham, AL 35294-1210. Please be sure to include your telephone number.
HIGHLIGHTS FROM HOMECOMING

School of Nursing students, faculty, and alumni gathered to celebrate UAB’s Homecoming 2003. UAB played the Black Knights of Army in the Homecoming football game, and students and alumni participated in the week’s events.


The evening concluded with a powerful video on the importance of nursing scholarships. All proceeds from the event will support the UASON Student/Alumni Scholarship Fund. We look forward to seeing you at the third annual Alumni Night on November 4, 2004.

THE LAMP OF LEARNING

Although the days of starched white caps are long gone, professional nurses still hold fast to the ideals outlined by Florence Nightingale some 150 years ago when she founded the modern nursing movement. Her efforts to elevate the standards of training for nurses, as well as the standards of sanitation in hospitals and clinics, forever changed the face of health care and created a profession in which millions have served honorably.

The most famous image of Nightingale depicts her wearing a white cap and carrying a lighted lamp as she cares for soldiers in a darkened hospital ward during the Crimean War. As “The Lady with the Lamp,” Florence Nightingale became a worldwide symbol of enlightened and compassionate care, and the cap and lamp became symbols of the nursing profession.

In September 2003, the UASON Alumni Association created a new tradition, the Lamp of Learning Ceremony, at which students are welcomed to the beginning of their nursing careers and are reminded of the vital role they will play in the lives of their future patients. Students receive a small gold lamp pin, which becomes a part of their official UAB student uniform and will remind them each day of the commitment they have made to the highest ideals of the nursing profession.

Each semester, the Alumni Association welcomes new nursing students and RNs who are coming back to school to complete their baccalaureate degrees. One by one, students receive the gold lamp pin to wear on their official UAB student uniforms. They learn about the history of nursing and the contribution nurses have made to society. And, in the image of Florence Nightingale, all students receive a lighted candle to carry with them as they begin their journey as nurses.

Nursing faculty members, board members of the alumni association, distinguished alumni, and guests also light candles and join in the celebration. Jean Shinners Sherlock (BSN, 1973) of Birmingham generously sponsors the pinning ceremony, and the Alumni Association Board sponsors a reception.

This ceremony aims to instill in incoming students a sense of pride in their decision to become professional nurses, and to give them an understanding of the seriousness of this undertaking. Like the capping ceremonies experienced by so many School of Nursing graduates, the Lamp of Learning ceremony is a rite of passage recognizing that nursing is a call to serve patients and their families with the highest integrity, the greatest skill, and the deepest compassion.
Students hold lighted candles during the Lamp of Learning ceremony.

THE VALUE OF TRADITIONS

When Dorothy Ray Scarbrough and Barbara Q. Spruell graduated from the University of Alabama School of Nursing in the mid-1950s, they were prepared to work as professional nurses—and ready to look the part, too, in freshly washed, starched, and ironed white caps.

A symbol of nursing since the days of Florence Nightingale, the cap was a uniform rule no nursing student dared to break, once she had earned the right to wear it. Students received their caps at a ceremony held after they passed their first few months of rigorous training. Upon graduation, students received black bands to wear on their caps, symbolizing their status as professional nurses and giving doctors and patients a way to distinguish between students and graduates.

Although caps are rarely seen on today’s professional nurses, Mrs. Scarbrough and Mrs. Spruell consider caps a tradition worth remembering. They recently donated their nursing school caps to the University of Alabama School of Nursing Archives, which are maintained by the UASON Alumni Association and displayed in Room G029 of the School of Nursing Building. The archives contain uniforms, photographs, textbooks, and other memorabilia reflecting more than 50 years of history at the UASON. The archives are available for viewing by individuals, as well as for class reunions and professional meetings.

For more information on viewing the archives, contact Carolyn Ross in the School of Nursing Office of Alumni Relations at (205) 975-2443 or at nursealum@uab.edu.

IN SEARCH OF MEMORABILIA

The School of Nursing needs these items for our archives:
- The first robin’s-egg-blue women’s uniform with white collar (Class of 1952)
- The first men’s uniform, a white shirt and pants (Class of 1956)
- Men’s blue uniform shirt and white pants worn until 1975
- Men’s and women’s public-health uniforms
- School yearbooks
- Alumni newsletters before spring 1967
- Alumni newsletters for 1969
- Class pictures

If you have any of these items, or any items that you would like to donate to the UASON at UAB, please contact the Office of Alumni Affairs at (205) 975-2443 or at nursealum@uab.edu.

BEING A BLAZER NURSE

For a limited time, “Blazer Nurse” T-shirts are still available at the School of Nursing. These are 100 percent cotton, long-sleeved, white T-shirts. Sizes available are large and XL, and the cost is $15 each. All proceeds from the sales of these shirts will support the UASON Student/Alumni Scholarship. If you would like to order T-shirts, please come by Room 119 of the School of Nursing or mail a check to: UASON, Office of Alumni Relations, NB 119, 1530 3rd Avenue South, Birmingham, AL 35294-1210. For mail orders, please add $1.50 for shipping. If you have any questions, please call (205) 975-8936.

PROVIDING E-NEWS

We officially kicked off our new e-newsletter in spring 2004. The newsletter is sent to every UASON graduate who has provided us an e-mail address and is filled with details about upcoming events, alumni activities, and much more. We want to keep you informed about your school, so please send your e-mail address to nursealum@uab.edu if you would like to receive our new e-newsletter and stay connected to your classmates.

DEAN BOOTH IS JAILED AND BAILED

UASON Dean Rachel Booth, PhD, was among a number of UAB administrators and others who were “arrested” on May 20 and put into a mock jail on UAB’s campus. It all was for a good cause—the UAB National Alumni Society’s Jail Bail event, which kicked off the society’s inaugural membership drive.

Dr. Booth’s “bail” was set at 10 new alumni memberships, and she was released after posting 14 memberships to the National Alumni Society. The National Alumni Society brought in more than 160 new memberships for the day.

The National Alumni Society offers scholarships and student recruitment and mentoring programs. It also has an active Alumni Admissions program and provides support for faculty through various awards.

If you would like to be a member of the University of Alabama School of Nursing Alumni Chapter of the UAB National Alumni Society, please contact us via e-mail at nursealum@uab.edu or by calling (205) 975-8936.

O’KOREN RECEIVES ALUMNI HONOR

Dr. Marie L. O’Koren, dean of the University of Alabama School of Nursing at Birmingham from 1970 to 1987, has been selected as the 2004 recipient of the UAB National Alumni Society’s Distinguished Alumni Award.

Dr. O’Koren received her MSN from the School of Nursing in 1958. She served as assistant and associate dean of the Graduate Program for five years and then as dean of the school. She demonstrated strong leadership and directed the growth of nursing at local, state, and national levels. Her vision led to the expansion of the MSN program and the development of one of the first DSN programs in the Southeast. In 1987, the UASON Alumni Association recognized her as an Honorary Lifetime Member.

The Distinguished Alumni Award is presented annually to a UAB graduate whose professional and community accomplishments and support of UAB are outstanding.
Supporting Scholarships

In September 2003, the School of Nursing hosted its third annual reception to honor scholarship donors and recipients: 1. Patricia DeAndrea Lucas, Marche Pendleton, Joy Jackson, and Tawana Casey, recipients of the Lettie Pate Whitehead Scholarship; 2. Henley Livingston, recipient of the Marie O’Koren Alumni Association Scholarship, with Dr. O’Koren; 3. Dean Rachel Booth with Rebecca Adams, recipient of the Dean’s Merit Scholarship; 4. Bobbie Parsons with Stephanie Rhodes, recipient of the Governors George and Lurleen Wallace Memorial Scholarship; 5. Dr. Marie O’Koren (center) with Patricia Huey and Sarah Katherine Young, recipients of the Marie O’Koren Scholarship; 6. Dr. Bettye Jane Smith with Melissa Mullen, recipient of the Ethel M. and Jesse D. Smith Endowed Nursing Scholarship; 7. Major Paige McCormick with Octavia Stewart, recipient of the ROTC Cadet Nursing Scholarship; 8. Nancy Dubois (second from right), recipient of the John and Delia Robert Scholarship, with her daughter Melissa and son Eric and Board of Visitors member Arlene Henley.
The School of Nursing Board of Visitors hosted the second annual “M*A*S*H: Make Another Scholarship Happen” event, a benefit for endowed nursing scholarships, on April 25 at Zamora Shrine Temple in Birmingham. Under the leadership of Company Commanders Jon Blankenship and Barbara O’Neal, more than 350 guests in scrubs, khakis, and camouflage costumes enjoyed the Pre-Op Party in the Swamp, Chow Time in the Mess Hall, the All-Star USO Show (a live, original revue featuring music from the ’40s and ’50s and tap-dance numbers), plus a six-minute video highlighting scholarship recipients and donors at the UASON. Proceeds established the Board of Visitors IV Endowed Nursing Scholarship.

1. Dean Rachel Booth (center) with Jimbo Parsons (as Corporal Klinger) and Board of Visitors Chair Bobbie Parsons; 2. Rick MacKay, Harry Brock, and Barrett Brock MacKay; 3. Drs. Mary Lynne and Eli Capilouto with Margaret and Kip Porter; 4. Emmet and Barbara O’Neal and Dalton and Dr. Jon Blankenship with Dr. Carol Garrison; 5. Fay and Bill Ireland with Harry Brock; 6. Nick Hartmann’s martini slide in the Swamp, operated by bartender “Fire”; 7. Sue Ellen and Mike Lucas with Karle Falkenburg as Marilyn Monroe; 8. Nancy Meisler and Barbara O’Neal; 9. Milton Smith and Danny Juliano as Klinger.
At this moment—the first day of June—a steady stream of students is pouring into the Office of Development and Alumni Affairs, hustling to meet the deadline for submitting their scholarship applications.

They represent every type of UAB nursing student: BSN, MSN, and PhD; male and female; young and at midlife; from urban, suburban, and rural hometowns, as well as from other countries and continents.

Their applications and personal essays tell their stories in simple terms. Many are the first members of their families to attend college. Others come from families of nurses and have now answered the call themselves. Some always knew they wanted to be nurses; others figured it out when they were already working in another field, and now have come back to begin entirely new careers.

Some know they want to specialize in pediatrics, or oncology, or acute care. Others are keeping their options open, with the hope that through their coursework and clinical experiences—and with the guidance of our excellent faculty—they will find their personal passion.

Scholarships are just one of the components of the School of Nursing needing your financial support. But they are in many ways the most visible and recognizable need, for they relate directly to our School’s commitment to providing the very best education to the nurses of tomorrow. Need-based scholarships make that education possible for students who otherwise could not afford college tuition. Merit-based scholarships reward academic achievement, inspiring those dedicated students to work even harder. Both types of scholarships allow recipients to focus on their studies rather than juggling both school and part-time work, resulting in better-prepared professional nurses upon graduation.

Every student who has come through the door today—holding a completed application, asking to be sure his or her recommendation letters have come in, inquiring as to when the decision will be made—is worthy of consideration for a scholarship. The selection process is competitive, and not every student will be selected. But thanks to the generosity of alumni, friends, former faculty, and the larger community—people who remember what it was like to be a student in need of money for school—many of these applicants will receive the help they need.

And while each recipient tells a different story, they all share two things: a deep sense of gratitude to the individuals and families who contributed to their scholarships, and a commitment to be worthy of that investment.

For information on establishing a scholarship at the School of Nursing, please contact Virginia Gilbert Loftin at (205) 934-5483, or via e-mail at [vgloftin@uab.edu].
Honor Roll of Donors

The School of Nursing deeply appreciates the support of its activities provided by alumni and friends. It is a pleasure and a privilege to recognize, through the following list, supporters whose generosity continues to be of vital importance to the School in achieving its mission. The following individuals, corporations and foundations made gifts or in-kind contributions to the School of Nursing between July 1, 2003, and June 30, 2004. Every effort has been made to ensure the accuracy of this listing. For corrections, please notify the School of Nursing Development and Alumni Relations Office, NB 119, 1530 3rd Avenue South, Birmingham, Alabama 35294-1210; telephone, (205) 975-8936; e-mail, nursealum@uab.edu.

$100,000 AND ABOVE
Ruth Tom Ahrdag (DPI 1954, BSN 1956) and Wayne J. Ahrdag
Estate of Thelma Walker Mitchell (DPI 1942)

$50,000 TO $99,999
Mr. and Mrs. William C. Howton
Mr. and Mrs. Thomas E. Jernigan Sr.
Lottie Pate Whitehead Foundation

$25,000 TO $49,999
Harry B. and Jane H. Brock Foundation
The Camer Foundation
Lamar Outdoor Advertising
Celicia A. Wallace

$10,000 TO $24,999
Myrtle Campbell Bell Trust
Kivonis Club of Homewood and Mountain Brook
Isabelle E. Tharp
Judge J. Scott Vowell and Dr. Cameron McDonald Vowell

$5,000 TO $9,999
Mr. and Mrs. James B. Boone Jr.
Eileen N. Mahan Trust
Mr. and Mrs. Emmet O'Neal II
Mr. and Mrs. James B. Boone Jr.

$500 TO $999
Jemison Investment Company, Inc.
Robert E. Luckie Jr.
Barrett Brock MacKay (MSN 1979) and Rick MacKay
Marathon Apparel
Nancy I. Meisler (MSN 1985) and Allen Meisler
National Bank Of Commerce
Barbara Ann O'Brien (DPI 1964)
Dr. Marie L. O'Kane (MSN 1988)
Julia W. Powell (BSN 1971)
Mr. and Mrs. Henry B. Ray Jr.
Laurel Hale Robertson
Robins and Morton Group
Royal Cup Incorporated
Kay Scruggs
Jean Shiners Sherlock (BSN 1973) and Dr. Eugene Chapman Sherlock
Dr. Betty Jane Smith
Sterling Capital Management
Mr. and Mrs. Hall W. Thompson
Mr. and Mrs. Jack O. Timlinson Jr.
Dr. Susan E. Trippel (DSN 1998)
Mr. and Mrs. C. Lee Wells Sr.
Anne C. Weinfurter
Dr. Barbara C. Woodring
Mr. and Mrs. Allan D. Worthington

$500 TO $999
Dorothy Bell South
Alacare Home Health and Hospice
Blue Cross/Blue Shield of Alabama
Mr. and Mrs. Herman D. Bolden
Everett Hughes Holle
Mr. and Mrs. William R. Ireland Sr.
Dr. and Mrs. Robert E. Jones Jr.
Dr. and Mrs. Samuel L. Miller
Mr. and Mrs. William James Rushton III
UAB Educational Foundation

$2,500 TO $4,999
Kivonis Club of Homewood and Mountain Brook
Isabelle E. Tharp
Judge J. Scott Vowell and Dr. Cameron McDonald Vowell

$1,000 TO $2,499
Adeline Ann Bancroft (BSN 1990, MSN 1992)
Baptist Health Systems, Inc.
Nancy N. Burton (BSN 1973)
Chris Benton
Melinda D. Beseck (BSN 1975, MSN 1974)
Dr. Deirdre M. Blank (DSN 1982)
Dr. Kathleen L. Bloom (BSN 1972)
Dr. Lauren C. Bourgeois
Martha E. Brown (DPI 1957, BSN 1965, MSN 1949)
Mary Ann Brown (MSN 1986)
Marion C. Breyer
Dr. Sylvis S. Brit (MSN 1975, DSN 1981)
Dr. Marion E. Broome
Mr. and Mrs. Thomas A. Broughton III
Dr. Karen M. Brown (BSN 2006)
Pamela Cavenen Brown (BSN 1999)
Ann Bruno
Susan R. Bunseme (MSN 1977)
Judge and Mrs. John N. Bryan Jr.
Dr. and Mrs. William B. Bryant
Mr. and Mrs. Francis Bunch
Dr. Ellen B. Buckner (BSN 1975, MSN 1983, DSN 1987) and Richard N. Buckner
Doris E. Bush (DPI 1955, MSN 1981)
Dr. Mary Lynne Capilouto and Dr. El I. Capilouto
Dr. Joan Burttram Carlisle (BSN 1975, MSN 1979, DSN 1991)
Janis L. Carr (MSN 1978)
Mr. and Mrs. Marcus S. Cassimus
Dr. Martha Carlette (DSN 2001)
Carolyn B. Chalkley (BSN 1969, MSN 1971)
Children's Health System
Patricia J. Cleveland (BSN 1975, MSN 1975)
David L. Coffman (MSN 1981)
Kyle B. Collum (BSN 1978, MSN 1991)
Mr. and Mrs. E.H. Conaway
Laurel Lafey Conner (BSN 1975, MSN 1983)
Dr. Ruth B. Craddock (DSN 1982)
Sallie C. Crew
Mr. and Mrs. Harry L. Crisp II
Martha W. Dameron (MSN 1976)
Dr. Carol J. Dushoff
Susan E. Downes
The Day Spa at The Colonnade
Dr. Mary deChenuy (DSN 1982)
Dr. and Mrs. William B. Deal
Mary Ann Deggis (BSN 1995, MSN 1994)
Dr. Sharon Denham (DSN 1997)
Cathy Ann Denning (MSN 1981)
Joy Payne Depue (BSN 1994, MSN 1997)
Dr. Wendy A. Dismace (DSN 2002)
Susan M. Dolen (MSN 1994)
Kathryn M. Donehoo (BSN 1972, MSN 2004)
Dr. Joy Lynn Dougas (DSN 1985)
Dr. Sandra B. Dunbar (DSN 1982)
Susan E. Duncan (BSN 1978)
Christa L. Dupleschein (BSN 1995)
Monty E. Eason (BSN 1982)
Mr. and Mrs. William E Edmonds
Becky Edwards
Dr. Lisa Wright Eichelberger (BSN 1975, MSN 1979, DSN 1986)
Barbara J. Eisenhart (MSN 1977)
Dr. Denise N. Elliott (DSN 2001)
Georgeanne Ensley (MSN 1980)
Mr. and Mrs. Benton J. Everett
Claire E. Everitt
Martha W. Fink (DPI 1956)
Rebecca E. Fiver (BSN 1975, MSN 1978)
Dr. Jayne Fernsler (DSN 1987)
Dr. Jeanette S. Flowers (BSN 1966, MSN 1983, DSN 1985)
Amy E. Floyd (MSN 1979)
Dr. Pamela K. Fordham (MSN 1976, DSN 1989)
Dennis O. Fowler (BSN 1965, MSN 1990) and Janet S. Fowler (BSN 1985)
Stephanie Frazier
Toula Fiftoul
Dr. Kathryn Anne Gaines (DSN 1981)
## Nursing Alumni Around the World

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### INTERNATIONAL ALUMNI

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**Note:** Figures represent alumni whose locations are known. The UASON has more than 10,000 total alumni. Total as of 6/30/04. If your address has changed, please contact us at [nursealum@uab.edu].
Nursing News

BROWN APPOINTED TO NATIONAL BOARD
Kathleen Brown, PhD, professor of nursing at the UASON, has been appointed to a four-year term on the board of scientific advisors for the National Institute of Occupational Safety and Health (NIOSH), the federal agency responsible for conducting research and making recommendations for the prevention of work-related injury and illness. NIOSH is part of the Centers for Disease Control and Prevention.

Dr. Brown is one of 15 individuals selected by the U.S. Secretary of Health and Human Services to serve on the board based on her authoritative knowledge of occupational safety and health.

BOOTH INDUCTED INTO HALL OF FAME
Rachel Z. Booth, PhD, RN, dean of the UASON, has been inducted into the Alabama Nursing Hall of Fame, an honor bestowed by the Capstone College of Nursing at the University of Alabama.

Dr. Booth is an internationally recognized nurse researcher and educator. Since assuming her position as dean, the School of Nursing has established the state’s only PhD in nursing program and continues to rank among the top schools of nursing for its master’s of science in nursing program and for its National Institutes of Health research funding.

Dr. Booth’s research interests and numerous publications focus on leadership, conflict, power and organizational assessment, and development.

UASON RANKS NO. 17 IN NIH FUNDING
The UASON ranked No. 17 in funding from the National Institutes of Health (NIH) for fiscal year 2003.

Overall, UAB ranked No. 20 in NIH funding. The UAB School of Health Related Professions was the top-funded school of its kind in the nation this past year. The School of Optometry ranked fourth, and the School of Public Health ranked 10th. The schools of Medicine and Nursing remained in the top 20 in their fields, at Nos. 16 and 17, respectively.

“UAB’s consistently high level of funding from the NIH demonstrates its national and international strength as a research organization,” says UAB President Carol Garrison, PhD. “The researchers at UAB continue to explore areas and find answers to questions that will impact the lives of everyone.”