

Suggested Topics for a Genetic Counseling Session Checklist

Topic	Yes	No
Introduce self		
Explain genetic counseling process	_____	_____
Assess clients' reasons for seeking genetic counseling and what they expect from the session	_____	_____
Establish genetic counseling goals	_____	_____
Gather family history	_____	_____
Explain natural history of condition	_____	_____
Explain inheritance	_____	_____
Discuss risk rates	_____	_____
Present possible options	_____	_____
Explain genetic test(s)	_____	_____
Observe client's mood/counseling issues	_____	_____
Explore clients' thoughts and feelings	_____	_____
Summarize session	_____	_____
Make referral	_____	_____
Explain follow-up procedures	_____	_____
Close the session	_____	_____