UAB Genetic Counseling Program
Clinical Training Video
Supporting Students and Student-Supervisor Boundaries
OUTLINE

- WHY DO STUDENTS NEED SUPPORT
- RESOURCES AT UAB
- RESOURCES SUPERVISORS CAN PROVIDE
- BOUNDARIES IN THE STUDENT-SUPERVISOR RELATIONSHIP
Students Need Support

- Class
- Clinic
- Physical Health
- Mental Health
- Project
- Personal Life

Student
Resources Available Through UAB

**Counseling Services**
- Onsite students
  - In person and online options
- Offsite students
  - Online options
  - Required to identify a counseling service

**Disability Support Services**
- Student will notify primary supervisor
- Documentation outlining accommodations

**Program Directors**
- Available for supervisors and students
Additional Resources Supervisors Can Provide

- House or Apartment Hunting Advice
- Transportation Tips
- Help finding grocery store, doctor’s office, mechanic, gym, etc.
- Info on local places, activities and events
The Importance of Boundaries

- Clear expectations of the relationship
- No surprises or hurt feelings
- Fair for all students
- Models Professionalism
# Setting Boundaries

<table>
<thead>
<tr>
<th>When to Discuss:</th>
<th>UAB Specific Boundaries:</th>
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<tbody>
<tr>
<td>• Orientation</td>
<td>• No exchange of money</td>
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<tr>
<td>• Throughout the rotation</td>
<td>• Babysitting, dog walking, buying lunch</td>
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<td>• Reiterate if overstepping occurs</td>
<td>• No one on one out of office socializing</td>
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<td>• No discussing other students</td>
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Common Boundary Conundrums

Offsite Students

Newer Grads as Supervisors

The Counselor in You
Boundary Issues and Multiple Relationships in Genetic Counseling Supervision: Supervisor, Non-supervisor, and Student Perspectives

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THANK YOU FOR WATCHING
Supporting Students and Student-Supervisor Boundaries