

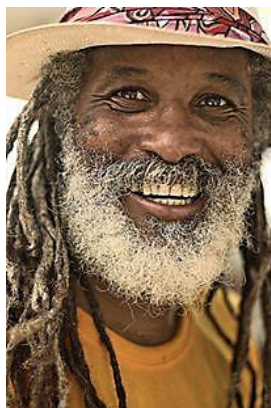
Community Engagement Event

Capoeira: Improving Health and Promoting Inclusion



Mestre Cobra Mansa, PhD (c)

President and Founder, International Capoeira Angola Foundation; Founder, Kilombo Tenonde (a farm focused on combining sustainable farming, permaculture, and Capoeira Angola)



Mestre Cobra Mansa is one of the most renowned capoeira masters in the world!

He will be coming to UAB to share his art and vision on how art and agriculture can be used to foster inclusion.



Capoeira Angola is an Afro-Brazilian art that combines many elements including dance, fight, music, philosophy, history, and acrobatics.



EVENT DETAILS

Free to public and UAB students, faculty and clinicians.

DATE/TIME

April 12th, 2019
1:00-3:00pm

LOCATION

Hill Student Center
Ballroom A

CONTACT

For details contact:
Dr. Carmen Capo-Lugo
(205) 996-1579
capolugo@uab.edu

SCHEDULE

1:00-1:15pm: Introduction & Performance
1:15-1:45pm: Music workshop
1:45-2:15pm: Movement workshop
2:15-2:50pm: Lecture
2:50-3:00pm: Q&A

Please feel free to join us for some or all parts of this event!