

## **PILOT FUNDING REQUEST FOR PROPOSALS: Addressing Health Disparities in Adults or Children with Disabilities**

### **Purpose and Objectives**

The UAB Center for Engagement in Disability Health and Rehabilitation Sciences (CEDHARS) invites applications for pilot feasibility studies to support new research initiatives in promoting the health and well-being of adults and children with disabilities. Funds may be used to undertake new research projects or to expand current projects to include an investigation of disability health.

### **Priority Areas**

Priority will be given to research projects that seek to improve the health and well-being of people with disabilities. Sample projects (onsite or telehealth) might include, but are not limited to:

- Dietary interventions aimed at reducing one or more secondary health conditions (e.g., mild cognitive impairment, pain, fatigue, depression, etc.)
- Multimodal interventions (e.g., diet/exercise, mindfulness/stress management) aimed at improving mental, physical and/or emotional health
- Interventions aimed at reducing social isolation/loneliness
- Effects of exercise on mechanistic or molecular changes in health
- Short-term (e.g., 4-6 weeks) weight management pilot feasibility projects
- Development of innovative assistive technologies to promote health and well-being

### **Eligibility**

- UAB faculty of all tracks, postdoctoral fellows, PhD candidates, and graduate students are eligible to apply as principal investigators. Individuals from outside UAB (e.g., other universities, community organizations, etc.) may serve as co-investigators or key personnel.

### **Submission Guidelines**

By 5:00 p.m. CST, Tuesday, December 21, 2021, please submit proposal as a single PDF using the [UAB RED-ASSIST platform](#).

1. Cover page (1-page max)
  - a. Proposal title
  - b. PI name(s), rank(s), department, address, phone number, email address
2. Proposal (3-pages max excluding references; single-spaced; ½ inch margins; size 11 or larger font)
  - a. Specific aims
  - b. Background and significance
  - c. Preliminary work (if applicable)
  - d. Project design and methods
  - e. References
3. NIH/NSF biosketch(es)
4. Impact statement describing the way in which the proposed project would support the advancement of disability health research (300-word max)

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**Center for Engagement in Disability**  
**Health and Rehabilitation Sciences**

5. Proposed budget
  - a. Costs may include salary support, supplies, and equipment
  - b. F&A costs are not allowed

#### **Evaluation Criteria**

- Relevance/significance
- Innovation
- Approach — feasibility of the scope of work proposed
- Potential for subsequent extramural funding

#### **Terms of Support**

1. As many as three proposals may be funded at up to \$35,000 each.
2. Project-related direct costs can be requested for the study, including salary support and appropriate supplies. No indirect costs will be allowed.
3. The successful applicants will be required to submit a brief mid-term status report, as well as a progress report at the end of the funding period.
4. A publication submitted to a peer-reviewed journal within six months and an external funding application within a year of project completion is a required outcome of this project.
5. The duration of the award is one year, with a projected earliest start date of February 1, 2022.

Please direct any questions or requests for additional information to Jamie Black at [jsblack@uab.edu](mailto:jsblack@uab.edu).