

LEANDRA DURHAM, MS, RD

EDUCATION

PhD	University of Alabama at Birmingham, Nutrition	August 2021- In Progress
MS	University of Alabama at Birmingham, Nutrition	May 2021
BS	University of Arizona, Nutrition Sciences	May 2013

RESEARCH EXPERIENCE

Blazer Graduate Research Fellow, University of Alabama at Birmingham 2022-Present
Department of Nutrition Science, Mentor – Dr. Daniel Smith

Blazer Graduate Research Fellow, University of Alabama at Birmingham 2021-Present
Division of Neonatology, Mentor – Dr. Ariel Salas

PROFESSIONAL EXPERIENCE

Dietetic Internship, Ellicott City, MD June 2020-April 2021
Intern

EMP 180 Weight Loss, Rockville, MD September 2017-August 2021
Manager, Health Coach

3010 WLFL, Seattle, WA January 2016-September 2017
Assistant Manager, Health Coach

PUBLICATIONS

Journal Papers in Review

Aristizabal, N., Pat Holder, M., **Durham, L.**, Ashraf, A., Taylor, S., and Salas, A.
“Safety and Efficacy of Early Vitamin D Supplementation in Extremely Preterm Infants
at Risk of Adverse Respiratory Outcomes,” Submitted to: Journal of the Academy of
Nutrition and Dietetics.

HONORS AND AWARDS

Albert Schweitzer Fellowship, 2022- Present

Blazer Fellowship, 2021-Present

SSPR Trainee Travel Award, 2022

Alpha Eta and School of Health Professions Second Place Poster Presentation, 2022

Scholarship for the Academy of Nutrition and Dietetics Advocacy Summit, 2022

PRESENTATIONS

Oral Presentation, “Does Early Advancement of Enteral Nutrition Impact Fluid Status in the First 14 Days after Birth in Extremely Preterm Infants,” Southern Medical Research Conference, February 2022.

Poster Presentation, “Does Early Advancement of Enteral Nutrition Impact Fluid Status in the First 14 Days After Birth In Extremely Preterm Infants,” Alpha Eta and School of Health Professions Research Day, February 2022.

CERTIFICATIONS

Registered Dietitian, Commission on Dietetic Registration, 2021

Licensed Dietitian, State of Alabama, 2021

ServSafe, National Restaurant Association, 2019

PROFESSIONAL AFFILIATIONS

Academy of Nutrition and Dietetics (AND)

American Society for Nutrition (ASN)

Birmingham District Dietetic Association (BDDA)

SERVICE

Maryland Food Bank
Jr. Bulls Hockey League

March 2020-April 2021
September 2021-February 2022