Objective
To identify children and adolescents aged 3 to 21 years who have been exposed to trauma, abuse, or neglect and to examine the emotional, behavioral, and cognitive implications of these events.

Research Question
How do trauma, abuse, or neglect affect the emotional, behavioral, and cognitive state of children?

Introduction
Gaining a more in-depth understanding of how trauma, abuse, and neglect affect individuals’ emotional, behavioral, and cognitive states can help occupational therapists provide proper care for those who have experienced these adverse events. The information extracted by this systematic review emphasized the importance of early detection of children and adolescents at higher risk and the use of trauma-informed methods of care, which could help reduce poor outcomes for children and adolescents with a history of trauma.

Methods
Covidence was used to conduct screening for this review. Exclusion criteria: (1) systematic review or meta-analysis, (2) most individuals in the study sample were older than 18 years, (3) the outcomes of the study did not focus on behavior, (4) the study looked at results of DNA or neurologic testing.

Results
Twenty-two studies highlighted behavioral, emotional, psychological, or cognitive signs and symptoms or a combination of these. Outcomes included: increased symptoms of depression and suicidal behaviors, decreased emotional management, increased symptoms of anxiety, and negative effects on social participation. Three studies examined the cognitive and behavioral effects of trauma on children’s development.