

Essential Functions of a Physical Therapist:

University of Alabama at Birmingham
School of Health Professions
Department of Physical Therapy

Essential Requirements of Physical Therapy Education

The physical therapy degree is recognized as a broad undifferentiated degree requiring the acquisition of general knowledge and basic skills in all applicable domains of medicine. The education of the physical therapist requires assimilation of knowledge, acquisition of skills and development of judgment through patient care experience in preparation for independent and appropriated decisions required in practice. The current practice of physical therapy emphasizes collaboration among physical therapists, other health care professionals, the patient, and the patient's family.

POLICY

The University of Alabama at Birmingham Department of Physical Therapy endeavors to select applicants who have the ability to become highly competent physical therapists. As an accredited physical therapy program, the University of Alabama at Birmingham curriculum adheres to the standards and guidelines of the Commission on Accreditation for Physical Therapy Education of the American Physical Therapy Association. Within these guidelines, the University of Alabama at Birmingham Department of Physical Therapy has the freedom and ultimate responsibility for the selection and evaluation of its students, the design, implementation, and evaluation of its curriculum, and the determination of who should be awarded a degree. Admission and retention decisions are based not only on prior satisfactory academic achievement, but also on non-academic factors, which serve to insure that the candidate can complete the essential functions of the academic program required for graduation.

The Department of Physical Therapy is responsible to the public to assure that its graduates are fully competent and caring physical therapists, capable of doing benefit and not harm. Thus it is important that persons admitted possess the intelligence, integrity, compassion, humanitarian concern, and physical and emotional capacity necessary to practice physical therapy.

The Department of Physical Therapy, as part of the University of Alabama at Birmingham is committed to the principle of equal opportunity. The Department does not discriminate on the basis of race, religion, national origin, sex, disability, and disabled veteran or Vietnam era veteran status. When requested, the University will provide reasonable accommodation to otherwise qualified students with disabilities.

PROGRAM

Technical standards, as distinguished from academic standards refer to those physical, cognitive, and behavioral abilities required for satisfactory completion of all aspects of the curriculum, and the development of professional attributes required by the faculty of all students at graduation. The essential abilities required by the curriculum are in the following areas: motor, sensory, communication, intellectual (conceptual, integrative, and quantitative abilities for problem solving and patient assessment), and the behavioral and social aspects of the performance of a physical therapist.

The University of Alabama at Birmingham Department of Physical Therapy curriculum requires that students possess the ability to master information presented in course work in the form of lectures, written material, projected images and laboratory demonstration. The student must have the cognitive abilities necessary to master relevant content in basic science and clinical science courses at the level deemed appropriate by the faculty. These skills

may be described as the ability to comprehend, memorize, analyze and synthesize material. He/she must be able to discern and comprehend dimensional and spatial relationships of structures and be able to develop reasoning and decision-making skills appropriate to the practice of physical therapy. The student must have the ability to take, and document in a patient's record, an appropriate history, and perform a physical examination. Such tasks require the ability to communicate with the patient and family. The student must also be capable of perceiving signs of disease, especially neuro-musculoskeletal dysfunction, as manifested through physical examination. Such information is derived from observation and palpation of the body surfaces, palpable changes in various organs and tissues, and auditory information (such as patient voice and heart tones).

The student must have the ability to discern skin, subcutaneous masses, muscles, bones, joints, lymph nodes and intra-abdominal organs (for example, liver and spleen). The student must be able to perceive the presence of abnormalities that are not within the musculoskeletal system, such as masses in the abdomen.

A major component of the practice of physical therapy is the assessment and management of movement disorders. Therefore, the student must have the ability, within reasonable limits of safety, to assist a patient in moving, for example from a chair to a bed, or from a wheelchair to a commode. The student must also have the ability to move him or herself and the patient in a three-dimensional space in order to perform motor function tests and treatments. Additionally, the student must be able to ensure the physical safety of a patient at all times.

The student must be able to communicate effectively with patients and family, physicians and other members of the health care team. The communication skills require the ability to assess all information, including the recognition of significant non-verbal communication and immediate assessment of information for appropriate and focused follow-up inquiry. The student must be capable of responsive, empathetic listening to establish rapport in a way that promotes openness on issues of concern and sensitivity to potential cultural differences.

The student must be able to process and communicate information on the patient's status with accuracy, in a timely manner to physical therapist colleagues and other members of the health care team. This information then needs to be communicated in a succinct, yet comprehensive manner and in settings in which time available is limited. Written or dictated patient assessments must be complete and accurate. The appropriate communication may also rely on the student's ability to make a correct judgment in seeking supervision and consultation in a timely manner.

The student must be able to understand the basis and content of ethical physical therapy practice. The student must possess attributes to include compassion, empathy, altruism, integrity, responsibility, and tolerance. The student must have the ability to function effectively under stress and to adapt to an environment, which may change rapidly without warning, and/or in unpredictable ways.

It is the responsibility of the student seeking accommodations of a disability to make his/her requests known and to present supporting documentation from his/her health care provider to Disability Support Services.

Signature (First and Last name)

Name Printed (First and Last name)

Date Document Signed