UAB School of Health Professions Strategic Plan 2017-2019: Obesity and Obesity-Related Diseases

Strategic Plan Implementation Tracking Grid

Consider recommendation of adding new NORC Director and/or DNS Chair when

Goal A: Reduce the burden of suffering from obesity related cancers, diabetes, and heart diseases through expanded scientific discoveries and application.

| AS# | Action Step | Timeline | Revised Timeline | Person(s) Responsible | Cost (Dept.) | Cost (School) | Notes | Status (Not Started, In Progress, In Progress - Behind, Complete) |
|---------|---|------------------------|------------------|--|--------------|------------------------------|--|---|
| Objecti | ve 1: Increase obesity related grant funding | received by \$600, | 000 by 2019. | | | | | |
| A1a | Increase the number of obesity related grant applications by 10 by 2019. | 12/31/2019 | | Faculty | | | Have a short list of ones that have been funded - Examples of new NIH grants include Drs. Garvey and Gower, Dr. Peterson, Dr. Norian. Dr. Garvey | In Progress |
| A1b | Establish a tracking system to identify grants with obesity-related focus (and potentially any of the primary pillars of SHP Strategic Plan). | 12/31/2017 | | Dr. Smith; Jill Meredith; Barbara Gower. | | | Obesity and other key words (e.g. nutrition, diet) added to cover sheet checklist (KEYWORD); needs to be implemented school-wide | Complete |
| A1c | Track the number of obesity-related grants being submitted at the school level. | Ongoing | | Dr. Smith; Jill Meredith; Barbara Gower. | | IRAP or OSP; | Will meet with Jill and provide an update at next meeeting. | Complete & Ongoing |
| A1d | Communicate school-wide emphasis on obesity-related grants to encourage more applications from current personnel. | 12/31/2017 and ongoing | | Dean Jones | | No additional cost to SHP | Met with Dean Jones to discuss how RCM model will impact collaborations across the School. Given the transitions in play there may be a delay in planning on how to move the school-wide emphasis forward. It was noted that there are obesity-related grant opportunites happening University-wide as well. | In Progress - Behind |

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| A1e | Provide dedicated support for obesity related grant development and submission. | 12/31/2017 and ongoing | | Dr. McNees Dr. Chiasera | | (Shared, depending on plan) | Dr. Smith and Dr. Chiasera to meet with Dr. McNees and provide detailed information on what \$ will be used for e.g. Personnel support and/or copy writing, proof reading, etc. | In Progress - behind |

Goal B: Increase community-based outreach and national recognition through translation of our multi-disciplinary lifestyle intervention science programs.

Objective B1: Achieve a 10% increase in community-based efforts (CBE) among SHP students and faculty.

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|-----|---|----------|------------------|--|--------------|---------------|---|---|
| B1a | Establish a dataset with all SHP CBE. | 3/1/2018 | 12/31/2018 | Brooks Wingo; (Enrichment for NORC) Dr. Tracee Synco; Dr. Ted Bertrand; Dr. McNees; Dr. Chiasera. | | _ | Janelle reported that work began on piloting database and then found out that University is investing in a Commmunity Engagement platform (Giveplus) and have invited the School to be the first pilot for the system (anticipated January 2019 launch). This new system appears very robust and will be more streamlined. Brenda and Janelle's recommendation is to align with the University on this. They suggested that one person in the school be designated as point of contact and to put input into the system. Patrick questioned ownership of Givepulse software in an effort to understand School's responsibility/exposure. Janelle is going to check on whether there will be a cost to the School. Also, given that the School is being the pilot, Janelle | In Progress - Behind |
| B1b | Quantify actual student and faculty participation in CBE. | TBD | | Brooks Wingo; (Enrichment for NORC) Dr. Tracee Synco; Dr. Ted Bertrand; Dr. McNees. | | | Related to B1a progress | Not Started |

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| B1c | Create multi-disciplinary teams among currently existing CBE. | Annual report beginning 9/30/2018 | | Dr. Cleek | | | Related to B1a progress | Not Started |

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| B2: Org | anize at least one symposium at a national o | conference. | | | | | | |
| | Reward SHP faculty who gain CBE multidisciplinary/multidepartmental symposia acceptance. | 12/31/2019 | | Jose Fernandez; Brenda Bertrand. | Pay conference expenses for SHP faculty who are presenting (~\$2,200/facult y presenter). | | Need progress on B1a before can proceed. Idea: call for Abstracts for people interested in participating. | Not Started |
| B3: Ach | ieve accreditation for MS in Nutrition Science | ces, Dietitian Educ | ation Program and | graduate first coho | ort. | | | |
| | Submit self-study to Accreditation Council for Education in Nutrition and Dietetics (ACEND). | 9/30/2017 | | Jose Fernandez | | n/a | | Complete |
| B3b | Schedule ACEND program site visit. | 12/31/2017 | | Jose Fernandez | | n/a | | Complete |
| | Enroll first cohort of students into ACEND accredited program. | 12/31/2018 | | Jose Fernandez | | n/a | 10 students enrolled currently | Complete |

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| Goal C: | Expand and develop innovative patient care | | | | | | | | | | | |
| <u>Actio</u> | n Steps need to be reassessed to | determine if t | they are still re | elevant; Dr. Cle | ek's input a | lso needed | as part of re-assessment | September | | | | |
| <u>Upda</u> | te: Dr. Cleek was in the hospital a | and Chair will | meet with him | and provide u | pdates to th | <u>ie Committe</u> | <u>ee.</u> | | | | | |
| Objecti | ive C1: Incorporate Pediatrics and develop st | trategies for family | -based therapy. | | | | | | This objective is likely obsolete based on the current environment. | | | |
| C1a | Develop curriculum for family-based therapy group sessions. | 12/31/2017 | | Karen MacPherson; (Dietician) Laura Rogers. | | no additional cost to SHP | | In Progress - Behind | | | | |
| C1b | Pilot test a 6-week family-based therapy group session. | 12/31/2017 | 9/30/2018 | Amy Warriner; Stephanie Wallace; Laura Rogers. | | no additional cost to SHP | See above | Not Started | | | | |
| Objecti | ive C2: Implement restructuring to achieve re | | | | | | | | | | | |

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| C2a | Enroll 43 patients per month into UAB WLM membership program. | 12/31/2018 | | Amy Warriner; Laura Rogers. | | no additional cost to SHP | See UAB WLM Clinic Membership - ongoing modification based on feedback | In Progress |
| C2b | Implement shared medical appointments for pre-bariatric surgery patients at least monthly. | 12/31/2017 | | UAB WLM Faculty (Rogers, Agarwal, Warner) DNS MD - TBN | | no additional cost to SHP | | Complete |
| C2c | Grow pre & post bariatric surgery patient class by 25%. Current enrollment is approx. 9 patients per class. | 12/31/2018 | | Richard Stahl; DNS MD - TBN. | | no additional cost to SHP | Exceeded 25% (almost doubled) at 9/2017 | Complete |

<u>Goal D</u>: Further enhance and expand our world-class education program in nutrition and obesity to promote sustainability, quality, inclusiveness, and impact.

Main Items from conversation with Dr. Cleek:

Refocusing toward 'Medical Nutrition' to apply with the Clinic, Hospital and Community

This would include a Clinic where all patients are screened through IRB for study enrollment to study 'personalized medical nutrition' through assessment of meal plan responses, surveys, mental health, etc. New personnel and approaches with a multi-disciplinary team.

Also looking at opportunities for Hospitalrelated 'medical nutrition' program through a 'Food Pharmacy' for patients following discharge.

Also looking at potential to work with the Community at local and regional food panks to organize meals/provisions for ndividuals based on disease status.

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| Objectiv | ve D1: Incorporate nutrition education conte | ent into key SHP p | rograms where ap | propriate. | | | | | |
| | Leadership of SHP and DNS to meet with Dept. Chairs to discuss importance of integrating Nutrition Education in all SHP programs and to ascertain what is being taught and accreditation needs. | 6/30/2018 | | Brenda Bertrand | | n/a | | Complete | |
| D1b | Implement plan to incorporate Nutrition Education in appropriate health-related SHP programs. | 6/30/2019 | | (Janelle Chiasera - optional) Jose Fernandez Brenda Bertrand Beth Kitchen Laura Newton Rutledge Carleton Rivers Claudia Follette Douglas Moellering | | \$50,000. This is a one-time expense. There may be an on-going expense once it is implemented. | Sub-Committee was created and identified 5 main topics to create an on-line modules to introduce nutrition science to other health-related discliplines (potentially as 'certificates' of learning focus). The modules include "Me; Me and Myself; Me and my Family; Me and My Community; and Me and My World". Brenda will reach out to Acadmic Affairs (Dean Slovensky) to make sure they are aware. Janelle noted that communication about these modules will be critical. | | CHAIR TO PROVIDE NAMES OF COMMITTEE MEMBERS. |
| - | ve D2: Establish an External Advisory Commi | | | ustry, community m | nembers, etc. wi | | the Obesity-Related Diseases | | |
| | Convene the EAC; determine the feasibility of fund development options including endowment and other private sector support | 12/31/2017 | 3/31/2019 | Dr. McNees; Ms. Adams; Dean's Development Office. | | \$25,000 | Continue to evaluate in light of possible additional faculty hires. New Chair and possibly NORC Director will need to be involved and he will need to be part of this Planning Committee | In Progress - Behind | |

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| Objectiv | Objective D3: Increase financial support for trainees through extramural funding from training programs | | | | | | | | | | |
| | Submit three educational-focused grants for support of trainees. | 12/31/2019 | | | How many years? | \$30,000/ 3 years (\$10,000 per year) for temporary assistance (copy editors, fact gathering, developing tables) for submissions | | Complete | | | |
| | | | | | | due to large amount of work involved in submissions | | | | | |