First Five RCDP
Prebrief and Pause Reminders

Prebrief Reminders

Welcome

Purpose: We are here for **code skills** training

Introduce people and roles

RCDP- explain pauses

Explain reorientation and after pauses

Normalize feelings of frustration

Safety: Defibrillator

Do not push your actual code button today

Confidentiality

Fiction Contract

Basic Assumption

"This is not a simulation"

"Check your pockets" at the end

Questions

Pause Reminders

"Hey Hey Are You OK"

Central **Pulse**/Chest **COMPRESSIONS**

Local **Help**/"Bring **Crash Cart"**

System Help

Improve COMPRESSIONS

- Head Down
- Backboard
- Stool
- Rate/Rhythm/Depth

Defib

- Pads/"Pads On"
- Analyze/"Stand Clear"
- Clear/ "I'm Clear, You're Clear, We Are All Clear"

Restart COMPRESSIONS

IV

Epi- flip flip screw screw green means go

Airway

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