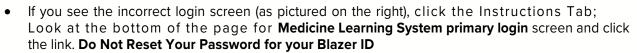
Welcome to HeartCode Complete

1. @ WORKSTATION

- Find an open workstation
- Click on the Google Chrome web browser, if not already open
- Log on using your Blazer ID & password



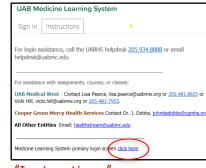
- The correct login screen will appear, login with your Blazer ID and password
- Select the "To Do" tab to find your HeartCode Complete® activities (as pictured on the right)
- Click the Resume button
- Follow the instructions on the screen
 - Scroll to the bottom of the page
 - o Click the Start button to start skills (as pictured on the right)

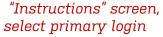


If you get this, select "Instructions"



Correct login screen







For questions about the HeartCode Complete® processes, assistance with completing the course, or the LMS, contact:

Center for Nursing Excellence Monday – Friday (7a-4p) Phone: 996-5713 Email: centerfornursingexcellence@uabmc.edu

For questions about the computer or software issues, contact:

RQI Support 1 (800) 594-9935

2. @ MANIKINS

- Start when prompted by the computer
- Listen to manikin for feedback and use it to modify your compressions and ventilations
- Use the headphones to hear the activity feedback
- End the assessment when prompted by the computer
- ACLS uses the Adult manikin only

Adult/Infant Specifics

- With the correct sized bag-valve mask, ventilate at 1 breath every 5-6 seconds for Adults and 1 breath every 2-3 seconds for Infants
- Use proper head-tilt chin lift to open the airway
- Create and maintain a good seal around mouth and nose with the bag-valve mask face mask
- Deliver each ventilation over a period of a second, refrain from over inflating the manikin lungs by squeezing the bag all the way
- Look for manikin chest rise to ensure of an open airway and proper ventilation seal
- Compression must be at least **2 inches for Adults** and **1½ inches for Infants** at a rate for 100-120 compressions per minute

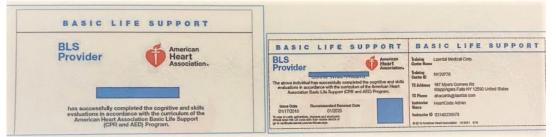
3. AFTER YOU ARE DONE

Once finished, log off the computer by clicking Exit Course in top right corner

To print your card at another location:

- Sign into the UAB Learning System
- Go to your completed list
- Click on the course title
- Under Learning Activities, click on the activity (BLS, ACLS, PALS)
- At the bottom of the RQI 1 Stop page, click the **View eCard** button
- It is going to ask you to verify your name
- Select Show eCard

You will see 2 options: 1) a certificate and 2) a card similar to the card we are used to:



For guestions about ecards, contact Center for Nursing Excellence

For questions about the HeartCode Complete® manikins, contact:

UAB Clinical Simulation Business Hours Phone: (205) 975-4169 Emergency After Hours Phone: (205) 518-2864

CLINICAL SIMULATION

