

1. Company/Organization Name, Address, Contact:

Name: Sunrise Centre

Address Uganda: Banda Kyandaaza, Mukono district, Nakisunga sub county

Address Canada: Box 366 Rose Road, Salmo BC V0G1Z0, Canada

Contact: Nicole Van Seters (Director) Edson Daaki (On site Program Manager)

Phone: +1 250 551 7556 (Canada) +256 752 210202 (Uganda)

Email: nicole@buiga-sunrise.org / daaki013@gmail.com

2. Title of Internship/Practicum: 2 possible tracks

Option 1: Program Support Intern for Rise Up Program

Option 2: Program Support Intern for CARE Program

3. Internship Slots Available: 1

Spring / **Summer** / Fall semester

Preferred length of stay: 6-12 weeks

Preferred dates of stay: June 1 – Aug 31

4. Location:

On site at Grace Family Health Centre and Sunrise School located in the rural village of Banda Kyandaaza, Mukono District Uganda. Additionally interns will travel to 12 surrounding villages within the county for community outreaches, school outreaches and home visitations.

5. Paid or Unpaid Internship: Unpaid / Intern is responsible for own travel and accommodation costs / Sunrise can assist with organizing affordable options.

6. Desired Education Level/Degree Concentration:

MA, MPH or MHA students focusing on early childhood development, community/non profit development, public/maternal health, communications

7. Brief description of the organization/agency mission, goals, and activities:

Sunrise Centre is a registered Ugandan community-based organization, Canadian charity and US non-profit whose mission is to empower communities through a holistic combination of education, healthcare, and income-generating support activities. We work with community members to identify community assets and build upon them to break the cycle of poverty and experience the lives they desire.

Sunrise Centre offers healthcare services at Grace Family Health Centre. At Grace Clinic, we recognize the dignity and worth of every person and are dedicated to providing equal access to compassionate and affordable healthcare by offering the following services:

- Prenatal, delivery, and postnatal care
- Family planning services
- Immunizations
- Laboratory testing services
- Low-cost pharmaceutical services
- Outpatient consultations and care
- HIV testing, counseling, and ARV services

Sunrise Centre offers educational services at Sunrise School. Students benefit from a safe learning environment that promotes a positive growth mindset, and offers a unique vocational training program that aims to equip students with valuable skills and instill a life-long love for learning. At the school, we offer:

- Nursery, kindergarten, and primary schooling
- Vocational training for primary students
- Community library
- Girls Empowerment and Boys Leadership groups

8. Scope of Work/Responsibilities of Intern:

The principal goal for this Internship is to provide clinical care alongside our qualified team, as well as learn from and support the work of our existing staff. Responsibilities will include:

Program Support Intern for CARE (Communication, Attachment, Respect, Equality) Home Support Program (this will be at Grace Family Health Center and in the Community)

- Prepare consultation and delivery rooms for medical staff
- Log patient information and any relevant medical history
- Assist with patient assessments as needed
- Accompany CARE Counselor to support with community outreaches and CARE home visits
- Assist with assessing infant, child and family health needs / support HIV+ individuals with ARV adherence
- Assist with counseling individual caregivers on nutrition, child development, disease prevention and health management
- Develop and compile health education materials and support with presenting them to the community
- Collect and analyze data to learn more about the community and how to help improve programs and services
- Attend case management meetings and be an active participant in planning for patient care

Program Support Intern for Rise Up Empowerment Program (this will be at Sunrise School and in the Community)

- Assist CARE Counselor with planning and delivery of weekly RISE UP curriculum at Sunrise School (Rise Up Girls Empowerment Club / Boys Standing for Change Club)
- Accompany CARE Counselor on community outreaches and to secondary schools (grades 8-12) to disseminate information about GBV, gender equality, reproductive health, empowerment and individual/sexual rights
- Assist teachers at Sunrise School and partnering schools (preschool – grade 7) to provide age appropriate health talks and hands-on activities to promote hygiene, positive body image, self-confidence / teach reproductive health / raise awareness about abuse & individual rights
- Assist with designing circulars and adverts to raise community awareness
- Collect and analyze data to learn more about the community and how to help improve programs and services
- Attend community and stakeholder meetings and be an active participant in making our communities safe for all people

9. Desired Qualifications:

Student should have the following

- Desire to work collaboratively and in a non-judgmental manner
- Self awareness and ability to use respectful engagement techniques based on cultural humility
- Deep passion for community development, family health and women's empowerment
- Enthusiasm, patience, flexibility and a growth mindset
- Ability to live in a low resource, rural setting with shared housing and meals
- Excellent writing, verbal, proof reading, editing and editing skills / professional phone and email communication

10. MOU with UAB in place?

Yes

11. Will approval from ethical board be required? If so, how will this be done and what is the anticipated time frame to obtain ethical board approval?

The following must be provided one month in advance

- Recent child welfare and criminal record checks
- Letter of reference from a university instructor or faculty member
- Note confirming medical and mental health from a health professional

Documents will be presented to our management team and local advisory committee for review and kept on file in compliance with the Ugandan Ministry of Health standards.

12. Any anticipated challenges?

Sunrise is committed to supporting interns at every level and a staff member will be assigned to guide them along the way, however when living and working abroad, there are bound to be some challenges. Planning ahead, asking questions, taking initiatives, and being solution focused will help interns learn to be resilient and face challenges head on with a positive mindset.

Some common challenges may include:

- Orientating to cultural differences and the limitations of a low resource environment
- Adjusting to a slower pace of life and a rural setting
- Feeling isolated while learning to interact with the staff and community / missing family and friends
- Being asked by a community member for sponsorship or financial assistance / not feeling comfortable saying “no”
- Feeling like there is not enough to do / some days at the clinic are very busy and others are slow

13. Any anticipated challenges?

*This internship is planned as an in-person, international experience in Uganda; however, due to the ongoing COVID-19 epidemic, the internship might need to be completed remotely. The determination will be done as soon as possible.