1. Company/Organization Name, Address, Contact:

Name: Buiga-Sunrise Centre (Grace Family Clinic and Buiga-Sunrise School)
Address Uganda: Banda Kyandaaza, Mukono district, Nakisunga sub county
Address Canada: Box 366 Rose Road, Salmo BC V0G1Z0, Canada
Contact: Nicole Van Seters (Director)
Edson Daaki (On-Site Program Manager)
Sarah Leffel (On-Site External Relations Coordinator)
Phone: +1 250 551 7556 (Canada) +256 752 210202 (Uganda)
Email: nicole@buiga-sunrise.org / program-manager@buiga-sunrise.org / external-relations@buiga-sunrise.org

2. Title of Internship/Practicum: 6 possible tracks
Option 1: Program Support Intern for Rise Up Program
Option 2: Program Support Intern for CARE Program
Option 3: Education Intern for Buiga-Sunrise School
Option 4: Physical Education Intern for Buiga-Sunrise School
Option 5: Nursing Intern for Grace Family Clinic
Option 6: Medical Intern for Grace Family Clinic

3. Internship Slots Available:
1-2 Interns
Summer Semester
6-12 weeks stay (preferred)
June 1 – Aug 31, 2022 (preferred)

4. Location:
The interns will work at Grace Family Health Centre and Buiga-Sunrise School located in the rural village of Banda Kyandaaza, Mukono District Uganda. Additionally, interns will have the opportunity to travel to surrounding villages within the county for community outreaches, school outreaches, and home visitations.

5. Paid or Unpaid Internship:
Buiga-Sunrise Centre internships are unpaid. The intern is responsible for their travel and accommodation costs. Buiga-Sunrise Centre assists with organizing affordable options.

6. Desired Education Level/Degree Concentration:
MA, MPH or MHA students in the areas of:
Early Childhood Development
Community Development
Non-Profit Development
Public Health
Maternal Health
Women's Health
Early Childhood Education
Elementary Education
7. Brief description of the organization/agency mission, goals, and activities:
Buiga-Sunrise Centre is a registered Ugandan community-based organization, Canadian charity, and US non-profit. Their mission is to empower, educate, and equip communities through a holistic combination of education, healthcare, and income-generating activities. Buiga works with community members to identify community assets and build upon them to break the cycle of poverty.

Buiga-Sunrise Centre offers healthcare services at Grace Family Clinic. At the Clinic, they recognize the dignity and worth of every person and provide equal access to compassionate and affordable healthcare. The following services are offered:

- Prenatal, delivery, and postnatal care
- Family planning services
- Immunizations
- Laboratory testing services
- Low-cost pharmaceutical services
- Outpatient consultations and care
- HIV testing, counseling, and ARV services

Buiga-Sunrise Centre offers educational services at Buiga-Sunrise School. Students benefit from a safe learning environment promoting a growth mindset. They also offer unique vocational training programs to equip students with valuable life-skills. The following services are offered:

- Nursery, kindergarten, and primary schooling
- Vocational training for students such as Apiary and Aquaculture projects
- Community Library
- Computer Lab Access and Training
- Girls Empowerment and Boys Leadership groups

8. Scope of Work/Responsibilities of Intern:
Option 1: Program Support Intern for Rise Up Program
The following work / responsibility expectations of the intern include, but are not limited to:

- Assist CARE Counselor with planning and delivery of weekly RISE UP curriculum at Buiga-Sunrise School (Rise Up Girls Empowerment Club / Boys Standing for Change Club)
- Accompany CARE Counselor on community outreaches and to secondary schools (grades 8-12) to disseminate information about GBV, gender equality, reproductive health, empowerment and individual/sexual rights
- Assist teachers at Buiga-Sunrise School and partnering schools (preschool – grade7) to provide age appropriate health talks and hands-on activities to promote hygiene, positive body image, self-confidence / teach reproductive health / raise awareness about abuse & individual rights
- Asset with designing circulars and adverts to raise community awareness
- Collect and analyze data to learn more about the community and how to help improve programs and services
- Attend community and stakeholder meetings and be an active partisan in making our communities safe for all people

Option 2: Program Support Intern for CARE (Communication, Attachment, Respect, Equality) Program
The following work / responsibility expectations of the intern include, but are not limited to:

- Prepare consultation and delivery rooms for medical staff
- Log patient information and any relevant medical history
- Assist with patient assessments as needed
- Accompany CARE Counselor to support with community outreaches and CARE home visits
- Assist with assessing infant, child, and family health needs / support HIV+ individuals with ARV adherence
- Assist with counseling individual caregivers on nutrition, child development, disease prevention and health management
- Develop and compile health education materials and support with presenting them to the community
- Collect and analyze data to learn more about the community and how to help improve programs and services
- Attend case management meetings and be an active participant in planning for patient care

Option 3: Education Intern for Buiga-Sunrise School
The following work / responsibility expectations of the intern include, but are not limited to:

- Planning and implementation of lessons in classes Grade 1-Grade 5
- Working with teachers to discuss lessons centered on developmentally appropriate practice
- Collaborating with teachers on desired professional development opportunities
- Helping with school upkeep

Option 4: Physical Education Intern for Buiga-Sunrise School
The following work / responsibility expectations of the intern include, but are not limited to:

- Planning and implementation of lessons in classes Grade 1-Grade 5
- Working with teachers to discuss lessons centered on developmentally appropriate practice
- Collaborating with teachers on desired professional development opportunities
- Helping with school upkeep

Option 5: Nursing Intern for Grace Family Clinic
The following work / responsibility expectations of the intern include, but are not limited to:

- Participation in the daily facility activities under the guidance of the facility staff
- Weekly writeup of a selected patient care plan by each intern student
- Weekly presentation of the care plan to the entire facility staff and fellow interns for discussion
- Weekly CMEs involving the interns and the facility staff
- Community entry and diagnosis to determine health care needs and gaps in our catchment population
- Participation in bi-weekly community outreach activities
- Participation in the community medical camp
- Participation in the EMTCT service provision and subsequent follow-up with mothers
- Health education sessions during ANC, Immunization Clinics or outreach points

Option 6: Medical Intern for Grace Family Clinic
The following work / responsibility expectations of the intern include, but are not limited to:

- Participation in the daily facility activities under the guidance of the facility staff
- Weekly writeup of a selected patient care plan by each intern student
- Weekly presentation of the care plan to the entire facility staff and fellow interns for discussion
- Weekly CMEs involving the interns and the facility staff
- Community entry and diagnosis to determine health care needs and gaps in our catchment population
- Participation in bi-weekly community outreach activities
Participation in the community medical camp
Participation in the EMTCT service provision and subsequent follow-up with mothers
Health education sessions during ANC, Immunization Clinics or outreach points

9. Desired Qualifications:
Student should demonstrate the following:
- Ability to work collaboratively and in a non-judgmental manner
- Sensitivity to observing and following respectful engagement techniques based on cultural humility
- Enthusiasm for community development, family health and women’s empowerment
- Flexibility to live in a low resource, rural setting with shared housing and meals
- Growth Mindset

10. MOU with UAB in place?
Yes

11. Will approval from ethical board be required? If so, how will this be done and what is the anticipated time frame to obtain ethical board approval?
The following must be provided one month in advance:
- Recent child welfare and criminal record checks
- Letter of reference from a university instructor or faculty member
- Note confirming medical and mental health from a health professional
Documents will be presented to Buiga-Sunrise Centre Management Team and Local Advisory Committee for review and kept on file in compliance with the Ugandan Ministry of Health standards.

12. Accommodation and transportation
Transportation: The intern is responsible for all transportation costs to, within, and from Uganda. Upon arrival, Buiga-Sunrise can arrange Stephen Kato, a family member of the founder, to provide safe, affordable, and reliable transportation from the airport to Buiga-Sunrise Centre. He will follow COVID safety precautions such as social distancing when waiting at the airport for the inter, wearing a face mask, and using hand sanitizer. If the intern needs to travel for any reason, transportation will be arranged using trusted, COVID compliant community members.
Accommodation: The intern is responsible for accommodation costs. Buiga-Sunrise can assist with organizing affordable and safe options.

13. Any anticipated challenges?
Buiga-Sunrise is committed to supporting interns at every level. Sarah Leffel, the on-site external relations coordinator, is a UAB graduate who will help facilitate the arrival, transition, acclimatization, and departure of the intern. Also, a staff member will be assigned as a mentor throughout the interns time here.

When living and working abroad, there will be challenges; hence the reason the items listed in the “Desired Qualifications” were chosen. Some common challenges the intern might encounter at Buiga-Sunrise are:
- Cultural: orientating to differences / feelings of isolation while learning
- Environment: limitations in a low resource setting
- Lifestyle: adjusting to a slower pace of life in a rural setting
- Emotional: homesickness
- Monetary: Being asked for sponsorship or financial assistance and not feeling comfortable saying "No"
- Work: feeling like there is not enough to do (some days at the clinic are very busy and others are slow)
14. COVID-19 Precautions*
Buiga-Sunrise is committed to providing accurate information about COVID and practicing safety measures to ensure our staff and clients are safe. We wear masks during work hours and during interactions with patients. We also provide hand washing stations and hand sanitizer. There is a 1900 curfew in place to limit travel and gatherings which we observe.

*This internship is planned as an in-person, international experience in Uganda; however, due to the ongoing COVID-19 epidemic, the internship might need to be completed remotely. The determination will be done as soon as possible. The Sparkman Center travel scholarship of $3,000 per student will be issued only if the internship is conducted in-person in Uganda.

15. Other Safety Precautions
Required Safety Precautions Prior to Travel:
- Yellow Fever Vaccination
- Travel and Medical Insurance

Recommended Safety Precautions Prior to Travel:
- COVID Vaccination
- Typhoid Vaccination
- Antimalarial medication