I developed a training manual on male involvement in maternal and child care to be used for training Village fathers and a local / international resource to promote growth and development of the Early Start Home Visit Program.

ORGANIZATION
Name: Sunrise Centre
Location: Banda-Kyandaaza, Mukono district, Uganda.
Mission: Empower the local community through holistic provision of healthcare, education, income generating activities and nutrition support.
The Sunrise Centre comprises of:
1. Grace family health center- offers health services
2. Sunrise school- Offers education services

PROJECT RATIONALE
The Early Home Visit Program aims at promoting healthy families and enhancing child survival, growth and development through:
• Reducing Infant deaths
• Preventing child abuse and neglect
• Reducing domestic and gender based violence
• Improving overall family and community health.

LESSONS LEARNED
Through my involvement in early planning and preparation of training materials for the project, I learnt more on the following:
• Project design and planning
• Relaying audience appropriate health content to diverse populations with limited health knowledge
• Translating research into programs and policies

COMMUNITY IMPACT
• The use of the training manual in Village fathers program and the Early Home Start Program will go long way in lowering infant and maternal mortality in Nkisunga sub-county, Mukono district, Uganda
• The Local and international resource guide will ensure long term sustainability of the Early Home Visit program through grants and partnerships with other organizations.

STATE OF UGANDA INFANT AND MATERNAL HEALTH
• The current infant mortality rate is 43.351 deaths per 1000 live births
• 1 in every 49 women die from maternal related complications.

“Son, there are times a man has to do things he doesn’t like to, in order to protect his family.” –Ralph Moody