



October 2-4,2026

Friday, October 2

**Indicates additional fee*

4 – 7 p.m.	Family Weekend Check- In	Campus Green	Come meet with UAB staff and collect your all the materials for Family Weekend.
4 – 7 p.m.	UAB Blazer Mixer Recstravanganza	Campus Green, UAB Recreation Center, Hill Student Center	Join us for a fun filled opening afternoon to Family Weekend 2026 Visit with various campus partners during the Blazer Mixer after check in. Chat with representatives from UAB's colleges and schools as well as other departments and services on campus who are all here to help your student get involved outside the classroom and be successful inside the classroom. Enjoy yard games, Music performances, Food trucks, join a Friday Night Live event, And more! Participate in Recstravaganza , an event hosted by University Recreation, and take part in full-size Mario Kart Racing, Dance/Fitness Demos, Climbing Competition, the Blazer Cake Walk, and the traditional Rubby Ducky Race held in URec's lazy river component of the pool. Be part of the first ever Canstruction® canned CanArt® food structures contest! Art structures made from unopened cans of food that will later be donated to Blazer Kitchen and a local foodbank.
6:00 p.m.	Legacy Pinning Ceremony	Alumni House (1301 10th Ave S Birmingham, AL 35294)	Calling all UAB Alumni Family members. Join the National Alumni Society for light refreshments and a short program which will include our NAS president and other legacy families. Parents will then be given the opportunity to pin their UAB student with a special Legacy lapel pin.
7:00 p.m.	UAB Men's Soccer vs Tulsa*	<i>PNC Field</i>	Come support the UAB Men's Soccer team as they play against Tulsa. Tickets are \$6 for family members, but UAB students are free

Saturday, October 3 *Indicates additional fee

7:30a.m -10 a.m.	Family Weekend Check- In	Hill Student Center	For families who could not pick up their registration package on Friday, this is the other time to collect your items for Family Weekend.
8:00a.m.	Sunrise Yoga	TBD	FREE ADMISSION- RSVP required
9:00-10:00 am	Honors College Coffee & Connections	Honors Building	Join the Honors College for snacks and coffee and mix and mingle with our faculty and staff. RSVP required
10am-2pm	UAB National Solar Tour	The Solar House 1637 11th Ave S	The UAB National Solar Tour showcases the Solar House and Sustainable Community's initiatives, encourages and inspires sustainable practices in others, and celebrates the work of local environmental stewards. We will have food, music, vendors, and more! FREE ADMISSION- RSVP required
All day	Birmingham Excursions* VULCAN MUSEUM & PARK \$7/pp https://visitvulcan.com/ SIXTEENTH STREET BAPTIST CHURCH \$10.00/pp(guided tour at 10:00am) https://www.16thstreetbaptist.org/ SLOSS FURNACES \$5/pp (guide tour 10:30 am) https://www.slossfurnaces.org/ BIRMINGHAM ZOO \$17/pp https://www.birminghamzoo.com/ MCWANE SCIENCE CENTER \$14/pp https://www.mcwane.org/ BARBER VINTAGE MOTORSPORTS MUSEUM \$19/pp. www.barbermuseum.org	Birmingham, AL	The City of Birmingham has many different attractions and events to ensure entertainment for the entire family. Several local attractions have created UAB Family Weekend rates. Choose your adventure with your registration! For UAB students to participate in a Birmingham excursion, they will need to have a purchased ticket. You can purchase additional tickets during registration.
11:00- 2:00pm	UAB Family Football Tailgate	Protective Life Stadium, Blazer Village	Enjoy an afternoon of tailgate games, food, and fun before going to watch the Blazers take on Tulane University. Meet with representatives from across campus, experience Blazer Walk, the official welcome of the Blazers to Protective Stadium before the game and hang out in Blazer Village. The Fan Zone inside

			Blazer Village will have interactives including inflatable games, temporary tattoos, face painting, photo opportunities, and more.
2:30pm	UAB Football vs Samford (tickets included with registration)	Protective Life Stadium	Come cheer on our Blazers as they take on Samford. Family member tickets are included with FW registration. UAB students sit in the UAB student section for free, however, if a student would like to sit with family, they will need a purchased ticket for \$11 .
7:00pm	2026 Freshmen Theatre Showcase	Sirote Theatre located in the Alys Stephens Performing Arts Center.	An exciting evening of performances by our freshman and transfer Theatre and Musical Theatre majors! FREE ADMISSION-RSVP required

Sunday, October 4

**Indicates additional fee*

11:00am - 1:00pm	Sunday Family Brunch*	Commons on the Green	Join us for a traditional Sunday brunch at our all you can eat dining facility. \$20 for family members, but UAB students are free with meal swipe
1:00pm	Volleyball vs. Tulsa*	Bartow Arena**	Come support the UAB Women's Volleyball team as they play against Tulsa. Tickets are \$6 for family members, but UAB students are free **Due to Bartow Arena renovation timelines, this game location may be changed

UAB Recreation activities throughout the weekend

UAB URec will offer access to all registered parents to the Campus Recreation Center any time between October 2-4,2026. To access the Campus Rec Center please complete this [waiver](#) prior to each visit and turn it in upon arrival at the Welcome Desk.

Guest Pass Waiver form [link: https://www.uab.edu/students/universityrecreation/membership/guest-pass-waiver](https://www.uab.edu/students/universityrecreation/membership/guest-pass-waiver)

Group Fitness Classes

All registered participants can also join all **Group Fitness Classes** during the Family Weekend. You can view the current Group Fitness Schedule here: <https://www.uab.edu/students/universityrecreation/programs/fitwell>. Participants who would like to take advantage of Group Fitness can simply go to the Campus Recreation Center. Please note that space in each class is limited and priority will be based on a first come, first serve basis.