2023-2024

# **Off-Campus Student Guide**

Your guide to living and thriving off campus



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- Designer Furniture Package
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- Luxury Kitchens
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- Outdoor HIIT Turf Field
- Game Lawn
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- Hammock Garden
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# Introduction to **Off-Campus Living**

# Welcome to Life Off-Campus!



This Off Campus Student Guide outlines the steps and resources to help you have an extraordinary off-campus living experience.

#### **Off-Campus Student & Family Engagement Mission**

To foster student learning and development through programming and initiatives designed to serve and retain off-campus students.

#### **Off-Campus Student Lounge**



The Off-Campus Student Lounge is designed for off-campus students to use for attending events and workshops, studying, eating meals, and lounging in between classes.

The lounge is open later during the fall and spring semesters. Check our social media for updates on evening events including workshops and guest presenters from various departments around campus.

#### **IMPORTANT EVENTS**



#### OFF-CAMPUS STUDENT WEEK

Join us every spring and fall for a week of exploring engagement opportunities and celebrating off-campus students.

Kelvin Mbote



WAKE UP WEDNESDAY

Join us every Wednesday morning at 8:30 A.M. during the fall and spring semesters for free coffee and doughnuts in the lounge!



OFF-CAMPUS HOUSING FAIR

Every spring, come learn about different housing options and network with local apartments at our Off-Campus Housing Fair.

"Being an off-campus student involves a significant amount of responsibility, freedom, and independence. It is a journey that requires discipline, organization, and the ability to adapt to daily changes. And when you accept this responsibility, you will experience a sense of empowerment and self-reliance that will serve you for many years."



#### Meet the Team



#### Connect with us!

Off-Campus Student & Family Engagement 1400 University Blvd. Hill Student Center, Ste. 140 Birmingham, AL 35294

phone (205) 975.0684 | email offcampus@uab.edu

- UAB.EDU/STUDENTAFFAIRS/OFF-CAMPUS -AND-FAMILY/OFF-CAMPUS-STUDENTS
- 🕲 @uaboffcampus
- **()** /UABOffCampus



Meredith Kahl

**Director, Off-Campus Student & Family Engagement** mkahl@uab.edu



#### Ahkeem Lee

**Coordinator, Off-Campus Student Engagement** alee542@uab.edu | 205.996.1595



"UAB prides itself on diversity and a big part of that diversity is in its off-campus students. Being an off-campus student can often be seen as a drawback but with the right community it can be your biggest asset. As an off-campus student, I have found the best connections in the off-campus lounge and they have also helped me in more ways than I can imagine. It may not always be easy but there is always a light at the end of the tunnel."

Melissa Aragon

#### **Off-Campus Student Council**



The Off-Campus Student Council consists of off-campus students who plan events, develop programming, and establish community partnerships to serve the off-campus student population at UAB.

Applications for the Off-Campus Student Council are available on Engage each spring semester.

#### **2023–24 OFF-CAMPUS STUDENT COUNCIL**

Elizabeth Rodriguez President Mariam Saadeh Vice President Yasmine Saad Secretary Sarah Al-Najjar Liz Angel Dulce Perez Angeles Melissa Aragon Christy Barrera Arzoo Charania Jas Dhiman Chandlor Dobbs Harshith Honnaganahalli Ariana Howell Lina Jabr Khadija Malik Kelvin Mbote Shazia Panjwani Satvi Penala Emma Richardson Sruti Sivan Danely Vazquez Medha Vijayanand

"UAB is different from other universities in that 75% of the student body lives off-campus. Because of this, our campus is designed to cater the unique needs of our diverse student body, allowing everyone an equal chance to participate and engage. Although commuting may seem hard at times, remember that you are not alone! Get as involved as you can to ensure a sense of belonging on campus grounds. Lastly, always remember to have fun!" Khadija Malik



#### **Transfer Student Organization**

The Transfer Student Organization supports transfer students in their educational journeys through developing and promoting meaningful events, opportunities of engagement, and creating a sense of belonging.

#### **2023-24 LEADERSHIP TEAM**

JD Lewis & Madison Jones Co-Presidents

Anna Kennedy Secretary

Salma Santiago & Chandlor Dobbs Outreach Coordinators

Paris Morgan On-Campus Liaison

Jamya Handley & Mauren Arreaga Events Coordinators

Avory Graham & Ari Arevalo Social Media Chairs

Karrington Kimmel & Ivette Cantu Martinez Volunteer and Service Chair

#### TRANSFER OFF-CAMPUS EXCURSION

Each semester, TSO members have the opportunity to explore the City of Birmingham through a sponsored off-campus excursion. Previous events have included a fun activity night at Dave and Busters.

#### KEEP UP WITH TSO ON INSTAGRAM @uabtso



#### TRANSFER STUDENT WEEK

In conjunction with National Transfer Week, every October, TSO celebrates transfer students through a series of daily events such as a student mixer, a game night, and the annual transfer luncheon.

#### TRANSFER STUDENT SCHOLARSHIPS

https://www.uab.edu/admissions/cost/ scholarships/transfer-students



#### **Magic City Adventures**

- MCA is an interactive program offering off-campus experiences designed to promote student engagement and connections with the City of Birmingham.
- Each month, MCA hosts experiences such as historic tours, nature excursions, and recreational activities at unique Birmingham attractions.



"Being involved on campus is not as hard as it may seem! With many organizations and resources UAB has to offer off-campus students can gain many opportunities to make friends, feel welcomed, and attain leadership qualities!"

Danely Vazquez

#### Your UAB Experience

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#### UAB.EDU/UABENGAGE

UAB's involvement and community service platforms, Engage and BlazerPulse, are your ways to connect to campus. Engage offers a search engine for events, organizations, and news articles tailored to your interests. BlazerPulse is a centralized community service website where you can find service opportunities and track your community service.

By participating in events and organizations through Engage, you can create an involvement resume that demonstrates your engagement at UAB outside of the classroom. Log into Engage with your BlazerID and password to start building your involvement resume.

UAB has over 350 Registered Student Organizations within the office of Student Involvement and Leadership, so you are likely to find one that fits your interests!

Once you find an organization you would like to join, you can click "Join" or "Contact," on the organization's page in Engage. Some organizations have a formal recruitment, interview, or election process, so contacting them to show interest is a great first step in gaining membership. Engage can lead you to events such as:

- UAB Sporting Events
- Involvement and Career Fairs
- Lecture Series
- Theatre Performances
- Resume Building Workshops
- Multicultural and Diversity-based Events
- Interactions with Local Non-Profit Organizations
- Volunteering Opportunities, like Into the Streets!

Cultivating your student experience begins with engagement outside of the classroom. Utilizing the filters when searching events or organizations on Engage and BlazerPulse is an easy way to narrow in on your interests. You can indicate your preferred dates, themes, categories and perks! This feature also allows you to choose cultural, social, educational, entertainment-based and teambuilding events.

"Being an Off-Campus student allows me the freedom to discover new parts of campus and the surrounding urban city! Off-Campus students get the opportunity to make friends with their peers through events such as clubs, intramurals sports, and classes. While I have the benefit of going back home to recharge and explore outside the city with friends. On nicer weather days, I hang with friends on the Green or I can go hiking at Oak Mountain. I feel as though off-campus living gives me the benefits of city living especially since Birmingham is the largest urban green environment."



Mariam Saadeh

#### FIRST YEAR STUDENTS

- First Year Experience and Vulcan Materials Academic Success Center | These offices assist students with academic success, and the Office of First Year Experience hosts UAB First Year Convocation which transfer students are encouraged to attend. This event takes place within the first two weeks of classes. It commemorates the official matriculation of first year students into the UAB community.
- **Pre-Convocation Off-Campus Student Social** Off-Campus Student Services hosts this event with games, food, and music. It takes places prior to Convocation each year.

#### INTERNATIONAL STUDENTS

- **UAB Housing Policy** | International students studying with INTO UAB may choose to live off campus if they are in the following programs: Academic English | Graduate Pathway | Academic English + Graduate Pathway
- **INTO UAB students** in the Undergraduate Pathway or Academic English + Undergraduate Pathway are required to live on campus for your first two consecutive semesters.

restwood

Apartment

- Visit offcampushousing.uab.edu to find:
  - Message board for international students
  - · Easy search and comparison of off-campus housing options
  - Pictures and floorplans
  - Maps and directions
  - Roommate listings



#### RIDGE AT CRESTWOOD!

- Newly Renovated
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- Private Patios and Balconies
- Roommate Style Floorplans

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#### **Off-Campus Housing Website**



#### **OFFCAMPUSHOUSING.**UAB.EDU

This website holds an online search portal of various rental listings, along with roommate profiles. It can be used to explore and compare apartments by zip code, budget, size, and amenities.

You can also search for roommates based on budget, interests, and preferences! To get started, create your active profile. After this, you can search potential roommates' profiles.

Visit UAB.EDU/STUDENTAFFAIRS/OFF-CAMPUS-AND-FAMILY/OFF-CAMPUS-STUDENTS for a full video tutorial on how to navigate the off-campus housing site.

#### **Roommate Tips:**

#### Don't forget to ask these questions:

- Who will be paying for various utilities?
- Have you discussed habits and preferences?
- Are you confident that they are financially responsible?

Create a clear roommate agreement. A sample roommate agreement can be found at UAB.EDU/STUDENTAFFAIRS/OFF-CAMPUS-AND-FAMILY/OFF-CAMPUS-STUDENTS

If you are experiencing roommate conflict and need assistance, contact offcampus@uab.edu, and we will put you in touch with appropriate resources.



Disclaimer: The listing of rental units on this site is a service to local rental property owners and University of Alabama at Birmingham students, faculty, and staff. Rental property owners are responsible for reporting information fairly and accurately, and the University of Alabama at Birmingham and Off Campus Partners cannot guarantee the completeness or accuracy of such information. Notwithstanding any language to the contrary, nothing contained herein constitutes, nor is intended to constitute, an offer, inducement, promise, or contract of any kind. The data contained herein are for informational purposes only and are not represented to be error free. Any links to non-UAB information are provided as a courtesy. They are not intended to constitute, nor do they constitute, an endorsement of the linked materials by the University of Alabama at Birmingham. The University of Alabama at Birmingham and Off Campus Partners expressly disclaim any and all responsibility for any problems that may arise with regard to such property or rental units or with regard to disputes between landlords and tenants concerning such property or rental units. All prospective tenants are encouraged to exercise their own good judgment when evaluating a prospective rental unit or landlord.



"Living off-campus can make a student feel alienated from their fellow students. Luckily UAB has many student organizations that one can join to feel a part of the campus community. Each organization is unique so there is a club for everyone. I suggest trying new things and getting out of your comfort zone. College is a great place to learn who you are and what you like."

Ariana Howell

| NCOME   |       |
|---|-------|
| Monthly Income  |       |
| paycheck, allowance, stipend, scholarships, gifts, etc.                 |       |
| TOTA  | L: \$ |
| XPENSES   |       |
| One-Time Expenses   |       |
| School  |       |
| tuition, fees, parking permit, books, etc.                              |       |
| Housing   |       |
| security deposit, move-in fees, utility installation, furnishings, etc. |       |
| Monthly Expenses  |       |
| Housing   |       |
| rent, utilities, internet, etc.   |       |
| Insurance   |       |
| Transportation  |       |
| gas, vehicle maintenance, etc.  |       |
| Household   |       |
| food, toiletries, laundry, other, etc.                                  |       |
| Recreation  |       |
| eating out, entertainment, trips, etc.<br>Financial Commitments         |       |
|   |       |
| credit card payments, car payments, gifts, etc.                         |       |
| TOTA  | L: \$ |

# A necessary first step in finding your perfect off-campus housing situation is determining your budget.

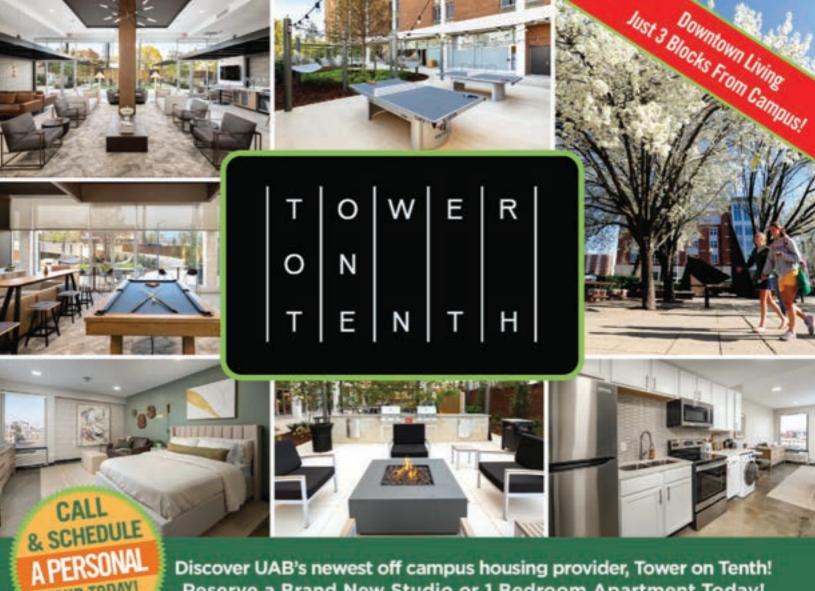
Use the above chart to to determine what you can reasonably afford.

Students can contact the Regions Institute for Financial Education for free, confidential financial counseling and financial education workshops.

#### **Regions Institute for Financial Education**

UAB.EDU/RIFE | rife@uab.edu

710 13th Street S. 1st floor, Collat School of Business Birmingham, AL 35233



Discover UAB's newest off campus housing provider, Tower on Tenth! **Reserve a Brand New Studio or 1 Bedroom Apartment Today!** 

TOUR TODAY!

#### COMMUNITY AMENITIES

- Amazing Downtown Location
- Walkability Score of "Walker's Paradise"
- App Based Controlled Access Entry
- 24 Hour Fitness Center and Spin Room
- Indoor Bike Storage and Repair Station .
- Game Room with Billiard Table, Foosball, and Big Screen TV
- Amazon Package Hub
- Outdoor Kitchen and Grilling Station
- Serenity Courtyard with Waterwall Feature, Ping Pong and Bocce Ball

#### APARTMENT AMENITIES

- Breathtaking Views of City Skyline
- Brand-New Stainless-Steel Appliances
- Granite and Quartz Countertops
- Modern White Kitchen and Bath Cabinets & Dishwasher In Select Units

INTERACTIVE

- Euro-style Washer & Dryer Included
- Pre-Wired WiFi Included
- App Based Keyless Entry
- USB Outlets in Kitchen and Living Room
- Polished Concrete Floors
- Walk-in Shower



info@towerontenth.com · www.towerontenth.com

\* Limited time offer available for qualified leases. See an associate for details.



## © Below is a checklist...

#### Before signing a lease, thoroughly inspect the entire property.

| Does the water work?<br>Turn on all faucets/showerheads to make sure the hot/cold water works, and that there are no worrisome drips. | Safety<br>First.<br>Make sure there is adequate<br>outdoor lighting for your safety.   | <b>Security</b><br>Security<br>Make sure exterior doors have<br>functioning locks.                    |
|---|--|---|
| Check for<br>smoke<br>detectors!<br>There should be at least one per<br>floor, especially near or in the<br>bedroom.                  | In Case of<br>EmergencyMake sure windows are not<br>painted shut, and make sure<br>bedroom windows are large<br>enough to crawl through in case<br>of emergency. | <b>Functioning</b><br><b>Appliances</b><br>Check all appliances to make<br>sure they work.            |
| Hake sure the heat and air conditioning work correctly.   | <b>Room</b><br><b>Conditions</b><br>Check walls and floors for mois-<br>ture damage or mold.   | Tenant<br>Opinions<br>Speak to the current tenants<br>to see what type of issues they<br>encountered. |

"UAB provides plenty of opportunities to explore your own variety of interests through clubs, organizations, and research options! With being involved with multiple groups on campus while simultaneously balancing the daily student workload, you need to ensure you can get through long days on campus by fueling yourself with enough food and 7-8 hours of sleep. Put 15-20 minutes aside each night to plan your meals for the following day, whether it's grabbing food from on campus options, or bringing snacks and prepared meals from home!"



Sarah Al-Najjar

#### **Understanding Your Lease**



# Although not all landlords have the same policies, renting requirements in the Birmingham area are typically consistent.

**Be aware that an application fee may be applicable.** This tends to range from \$30-\$75 per person.

Be aware that your landlord will most likely check your credit report.

#### Confirm the length of your lease.

Apartments that offer short-term leases can be found on our off-campus housing website.

#### It is not uncommon for landlords to require a co-signer.

Make sure all of the tenants and co-signers sign the lease at the same time.

#### Keep a personal copy of the signed lease.

For more information on understanding your lease, the Alabama Tenants' Handbook can be found at UAB.EDU/STUDENTAFFAIRS/OFF-CAMPUS-AND-FAMILY/OFF-CAMPUS-STUDENTS

#### Definitions

#### Co-signer (n.)

A person who signs an official document (such as a loan, contract, or law) with another person.

#### Security Deposit (n.)

A required, yet refundable, payment to a landlord in order to ensure that the rental property is not damaged and that all rent is paid during the lease term. A security deposit is typically equivalent to one month's rent.

#### Sublet (n.)

A vacant apartment or house where a renter has already signed a lease and is now renting to another individual.

#### Lease (n.)

A legally binding contract by which one party (typically the landlord) provides property to another (typically the tenant) for a specified term, in return for a periodic payment (usually monthly).



#### LOCATED DIRECTLY ACROSS THE SUMMIT ON HWY 280

# Upscale Apartment Homes in Birmingham



#### COMMUNITY AMENITIES

24-Hour Coworking Study Lounge Resort-Style Saltwater Pool with Lounging Shelf Expansive Natural Trail System Gas Fire Pit with Lounge Seating Dog Park & Pet Spa The Cove—A Spring-Fed Lake with Dock Convenient Kayak & Paddleboard Rentals State-of-the-Art Fitness Center and Yoga/Spin Room Clubroom & Cyber Lounge with Gourmet Coffee Bar Amenity Greenspace with Outdoor Gaming

#### INTERIOR FEATURES



Spacious Studio, One, Two & Three Bedroom Apartment Homes Culinary-Inspired Kitchens with Granite Countertops & Islands Whirlpool Appliances & Oversized Undermount Kitchen Sink Hardwood-Style Flooring in Living Area & Designer Lighting Package Glass-Encased Shower with Tile Surround Whirlpool Washer & Dryer in Every Home Inviting Balconies & Patios in Select Homes

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# Moving In



Schedule a date to meet with your landlord prior to move-in. This is the perfect time to have a final walkthrough of the property and pick up your keys.



Arrange move-in day plans. This could be reserving a moving truck or enlisting friends and family to help you move boxes. Maybe even establish a system to help you keep up with your packing (like labeling boxes with a description of the items inside).



Set up utilities. This step helps ensure that your home will have running water, heat and air conditioning, internet, and other necessities before your first night.



Buy parking permit(s). Check with your landlord about on-site parking passes. Many larger apartment complexes require passes to access resident lots and decks. If you plan to park in UAB's on-campus commuter lots or decks, you will need to purchase a parking permit at uab.edu/transportation.



Buy renters insurance. While this is a step that many college students skip, it is definitely a must-have before move-in day. It is typically very inexpensive with the benefits outweighing the cost.

# Here are some of your rights and responsibilities from the Alabama Tenants' Handbook:

#### Landlord Obligations:

- · Comply with all applicable building, housing, and health and safety codes
- Provide 2 days' notice prior to entering the unit (unless there is an emergency)
- Allow tenant to file complaints about unsafe living conditions, without retaliation
- Keep common areas safe and clean
- Make repairs to keep your place safe and livable
- · Cannot enforce new rules that affect the current term of your lease

#### **Tenant Obligations:**

- Pay rent on time, with late fee applicable
- Dispose of garbage correctly
- Tell your landlord if you plan to be gone for 2 weeks or longer
- Do not disturb your neighbors
- · Be respectful of the landlord's property
- · Be aware that unlawful actions of your guests can reflect on you to your landlord

#### Protecting your security deposit...

- Take pictures and videos of the entire property prior to moving in furniture
- · Document everything from floor to ceiling
- · Make a list of all repairs in writing and keep a copy for your records

#### Your security deposit is refundable within 35 days of the end of your lease, as long as:

- You are up-to-date on rent
- The property is returned in the same condition as it was received
- · You have provided a forwarding address

#### A copy of the Alabama Tenants' Handbook can be found

at uab.edu/studentaffairs/off-campus-and-family/off-

#### **CAMPUS-STUDENTS**





#### **STUDIOS UNDER @ \$900** 1 BEDROOMS UNDER @ \$1100

#### AMENITIES

- Rooftop Amenity Deck
- · Open-Air Lightwell with Gathering Spaces and Fire Pit
- Fitness Studio
- App-Managed Laundry Center
  Quartz countertops
- Gated Parking
- · Clubroom with WiFi, Coffee Bar, and Billiards
- Pet Park with Shampoo Station

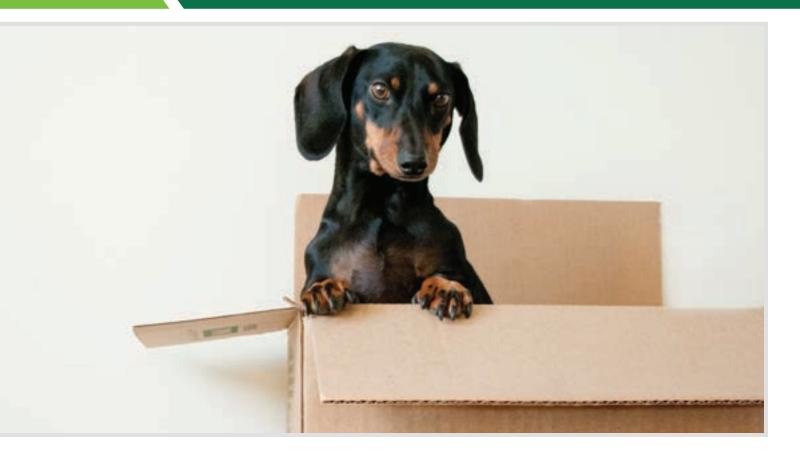
#### LOFT FEATURES

- Goose-neck faucet with pull down sprayer
- White shaker-style cabinetry
- Stainless steel appliances
- Polished concrete flooring
- Recessed lighting
- 9 ft. ceilings
- · FLAT RATES for power and water





#### Moving Out



# Make sure you don't forget to do these important things before moving out:

#### Document the condition of the property.

Once your move out process has been completed, take pictures and videos of all the areas. This is also a good time to schedule a walk through with your landlord.

#### **Re-read your lease.**

Check for the deadline of when you need to notify your landlord, in writing, of your intent to renew the lease or move out. You must provide your forwarding address to your landlord for the security deposit to be returned.

#### Make sure you pay last month's rent.

You cannot substitute last month's rent with the alreadypaid security deposit.

#### Clean thoroughly.

Remove nails, tacks and tape, clean out applicances, and replace burned out light bulbs.

#### Arrange garbage or donation pick-up for large items.

Local thrift stores offer free donation pick-up for large items.

#### Cancel or transfer your utility accounts.

Call your utility providers directly to schedule a day to discontinue your services. Remember that your account must be paid in full before you can cancel.

#### Commuting



#### Parking policies at UAB have been updated recently. It is a good idea to familiarize yourself with all of your parking options listed on UAB Transportation's website.

If you plan to park your car on campus, UAB Transportation requires the purchase of a zoned Parking Pass to be displayed in your vehicle. Students will have the option to choose among seven zones with Zones A through G available to all students and Zone 7 reserved for students who live on campus. Permits will still be sold on a firstcome, first-served basis, so students are encouraged to apply early to ensure their desired zone is still available. To assist students in determining their best parking option, UAB Transportation has provided a table of estimated walking distances from each zone to a list of the most popular academic buildings. To access this table, please visit **UAB.EDU/TRANSPORTATION**.

#### **Blazer Express**

Taking the Blazer Express from various lots can also be a quick and easy way to find parking. Download the DoubleMap app to track the Blazer Express in real time.

#### CommuteSmart

Did you know you can get paid for carpooling, walking, or biking to campus? Read more about getting paid for sustainable commuting options through CommuteSmart at UAB.EDU/SUSTAINABILITY.

#### Register your bicycle.

Students receive a free helmet and U-lock with bike registration, available for pickup at the UAB Transportation office. Registration can be completed online (permit stickers will be mailed), in person at UAB Transportation, or at one of the many tabling events throughout the year. While UAB doesn't have a bike permitting requirement, registration is easy and free! Registering and personalizing your bike also connects you as the owner of your bike, which is important in case of theft or if your bike is deemed abandoned.

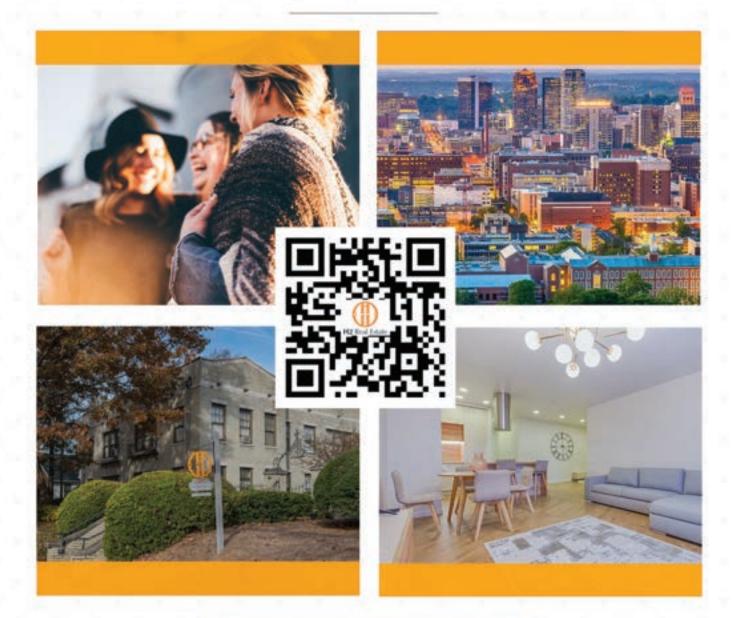
For more information about commuting to campus, contact UAB Transportation at (205) 934-3513.



'Living off-campus can offer a sense of independence and responsibility, however it also requires organization and self-discipline. It's important to create a routine that you can stick to, build a support system with roommates and friends, and prioritize your responsibilities in order to fully take advantage of the benefits of living off-campus. Don't forget to prioritize self-care and make time for relaxation amidst the demands of school and life!"

# When minutes matter... Live where you work & play.

Let H2 Real Estate help you find the perfect spot to call home. Our prime downtown locations allow you to always be close to where you want to be. Walk to school, work, entertainment districts & more!



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We can't wait to meet you.

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#### **Emergency Information**



#### In any situation, it is important to assess before you react. These tips and numbers can help, but always call 911 in an emergency.

#### When to call 911:

- In case of fire
- When in immediate danger
- When the transport of someone could cause their health to rapidly decline
- Unconsciousness or major injury

#### When to not call 911:

- Minor injuries or ailments
- Noise complaints or minor disagreements
- To ask a question of the police or fire department
- A power outage

#### If you do call 911 or an emergency number, be prepared to answer the following questions:

- What is your location?
- What is the problem or incident?
- What is the state of the victim?
- If you are calling on a cell phone, be prepared to give your phone number for a way to call back.

| UAB Police (Emergency)            | (205) 934.3535 or 911                   |
|-----------------------------------|---|
| UAB Police (Non-Emergency)        | (205) 934.4434                          |
| UAB Student Health and Wellness   | (205) 934.3580                          |
| UAB Student Outreach              | (205) 975.9509                          |
| Birmingham Police (Non-Emergency) | (205) 328.9311                          |
| Birmingham Fire (Non-Emergency)   | (205) 250.7540                          |
| Crisis Line                       | 1.800.273.8255 or text START to 741-741 |

For more information, visit UAB.EDU/SAFETY.

#### Personal Safety Tips



#### In any situation, it is important to assess before you react. These tips and numbers can help, but always call 911 in an emergency.

#### Get certified in bystander intervention.

UAB offers That Don't Fly bystander intervention training on campus. This training is one of the most effective strategies to prevent interpersonal violence on campus. They are designed to empower participants to safely intervene in risky situations and say that interpersonal violence doesn't fly here at UAB!

#### For more information, visit UAB.EDU/STUDENTS/WELLNESS/THAT-DONT-FLY.

#### **Register for B-Alert**.

Stay updated on emergencies that affect campus and register for B-Alert to make sure you get a text, call, and/ or email during emergencies-including severe weather. B-Alert or the severe weather hotline can help you avoid getting to campus only to find everything is closed. Register for B-Alert: UAB.EDU/BALERT.

UAB Severe Weather & Emergency Hotline: (205) 934-2165

Utilize UAB's Safety Escort Services.

Call (205) 934-8772 to request a safe ride.

#### Utilize the Rave Guardian Campus Safety app.

This free app is used to indicate your location, your destination, and your estimated arrival time to your personally selected safety network as well as UAB Police in case of emergency.

#### Be proactive with your safety.

- Do not open your doors to strangers.
- Always keep doors and windows locked, even when you are home.
- If you have scheduled a utility company appointment, ask to see ID badges before entry.
- Never leave valuables in your car.
- Walk in well-lit areas, avoid alleys, and travel in groups.
- Locate the green HELP call boxes on your route.

For more information on the locations of the on-campus HELP call boxes, visit UAB.EDU/POLICE/PROGRAMS-AND-SERVICES/HELP-PHONES.

#### Home Safety



#### Leaving for a Break

- Keep your heat at 65° F or above to prevent your pipes from freezing during cold months.
- Contact the post office to hold/forward your mail.
- Lock your doors and windows.
- Secure your valuables, including TVs.
- Unplug electrical extensions, including small kitchen appliances, like toasters.
- Ask a friend or neighbor to keep an eye on your home.
- Wait until after you return from vacation to post photos to social media. You don't want people to know your home is vacant.

#### Fire Safety

- If fire breaks out, get out and stay out, call 911!
- Maintain at least one smoke alarm and carbon monoxide detector on each floor of your home. Test them once a month!
- Always pre-plan at least 2 ways out of a room.
- Keep items at least three feet from heat sources.
- Don't grill on a porch or within 20 feet of a building.
- Keep a working fire extinguisher near your kitchen and know how to use it.

#### **Additional Resources**



#### **Student Affairs**

CAMPUS DINING (205) 996-6565 uabdining@uab.edu UAB.EDU/STUDENTS/DINING

CAREER CENTER HSC 307 | (205) 934-4324 careerservices@uab.edu UAB.EDU/STUDENTS/CPD

#### COMMUNITY STANDARDS & STUDENT ACCOUNTABILITY

HSC 303 | (205) 996-1512 accountability@uab.edu UAB.EDU/STUDENTS/ACCOUNTABILITY

DISABILITY SUPPORT SERVICES

HSC 409 | Voice: (205) 934-4205 TDD: (205) 934-4248 | dss@uab.edu UAB.EDU/STUDENTS/DISABILITY

FRATERNITY & SORORITY LIFE HSC 230 | (205) 934-8020 greeks@uab.edu

UAB.EDU/STUDENTS/INVOLVEMENT

HILL STUDENT CENTER (205) 934-8000 hsc@uab.edu UAB.EDU/STUDENTS/STUDENTCENTER

MARKETING & COMMUNICATIONS HSC 407 | (205) 934-8377 samarketing@uab.edu UAB.EDU/STUDENTAFFAIRS/MARKETING

OFF-CAMPUS STUDENT & FAMILY ENGAGEMENT HSC 140 | (205) 975-0684 families@uab.edu UAB.EDU/STUDENTAFFAIRS/OFF-CAMPUS-AND-FAMILY

#### STUDENT ASSISTANCE & SUPPORT

HSC 303 | (205) 975-9509 studentoutreach@uab.edu UAB.EDU/STUDENTS/ASSISTANCE

STUDENT COUNSELING SERVICES (205) 934-5816 counseling@uab.edu UAB.EDU/STUDENTS/COUNSELING STUDENT HEALTH SERVICES (205) 934-3580 studenthealth@uab.edu UAB.EDU/STUDENTS/HEALTH

STUDENT HOUSING & RESIDENCE LIFE

(205) 996-0400 studenthousing@uab.edu UAB.EDU/STUDENTS/HOUSING

STUDENT INVOLVEMENT & LEADERSHIP HSC 230 | (205) 934-8020 getinvolved@uab.edu UAB.EDU/STUDENTS/INVOLVEMENT

STUDENT MEDIA HSC 130 | (205) 934-3354 info@insideuab.com UAB.EDU/STUDENTMEDIA

STUDENT MULTICULTURAL & DIVERSITY PROGRAMS HSC 311 | (205) 975-8673 diversity@uab.edu UAB.EDU/STUDENTS/DIVERSITY

#### **Additional Resources**



TITLE IX HSC 405 | (205) 996-1340 titleix@uab.edu UAB.EDU/TITLEIX

#### UNIVERSITY RECREATION

(205) 934-8224 recreation@uab.edu UAB.EDU/UNIVERSITYRECREATION

VETERAN SERVICES HSC 313 | (205) 934-8804

veteransaffairs@uab.edu UAB.EDU/STUDENTS/VETERANS

WELLNESS PROMOTION (205) 996-0834 wellnesspro@uab.edu UAB.EDU/STUDENTS/WELLNESS

#### **External Partners**

ACADEMIC ADVISING uabadvising@uab.edu UAB.EDU/ADVISING

#### BIRMINGHAM POLICE & FIRE RESCUE

Emergency: 911 Non-Emergency: (205) 328-9311 Fire Prevention: (205) 250-7540 POLICE.BIRMINGHAMAL.GOV

ONE STOP STUDENT SERVICES HSC 103 | (205) 934-4300 onestop@uab.edu UAB.EDU/STUDENTS/ONESTOP

UAB LIBRARIES Lister Hill: (205) 975-4821 Mervyn Sterne: (205) 934-6364 LIBRARY.UAB.EDU

#### UAB POLICE

1117 14th Street South Emergency Line: (205) 934-3535 Non-emergency: (205) 934-4434 UAB.EDU/POLICE

#### UAB TRANSPORTATION

Main Office: (205) 934-3513 Safety Escort: (205) 934-8772 UAB.EDU/TRANSPORTATION

#### VULCAN MATERIALS ACADEMIC SUCCESS CENTER (VMASC)

Education Building 240 | (205) 934-8184 VMASC@uab.edu UAB.EDU/STUDENTS/ACADEMICS/ STUDENT-SUCCESS

COURTYARD BIRMINGHAM DOWNTOWN AT UAB 1820 5th Avenue South | 205-254-0004

HILTON BIRMINGHAM AT UAB 808 20th St. South | 205-933-9000









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