“FOSTERING A SENSE OF BELONGING THROUGH SUSTAINABILITY”

THURSDAY MAY 16
HILL STUDENT CENTER
8:15 A.M.

#SA1DayUAB24
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:15 AM</td>
<td>Registration &amp; Breakfast</td>
<td>Ballrooms</td>
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<tr>
<td>8:45 AM</td>
<td>Conference Welcome</td>
<td>Ballrooms</td>
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<tr>
<td>9:00 AM - 9:55 AM</td>
<td>Session I</td>
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<td>10:00 AM - 10:55 AM</td>
<td>Session II</td>
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<td>11:00 AM - 11:55 AM</td>
<td>Session III</td>
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<tr>
<td>12:15 PM - 1:45 PM</td>
<td>Lunch &amp; Panel Discussion</td>
<td>Ballrooms</td>
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<tr>
<td>2:00 PM - 2:45 PM</td>
<td>Interactive Sessions</td>
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<tr>
<td>3:00 PM - 3:45 PM</td>
<td>Conference Closing</td>
<td>Ballrooms</td>
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*See detailed schedule for room numbers*
Angela Stowe serves as the director of Student Counseling Services and the Collegiate Recovery Community. She received her Bachelor of Arts degree at Birmingham-Southern College, her Master’s in Higher Education Counseling at the University of Montevallo and her doctorate in Counselor Education at Auburn University.

After completing graduate school, Dr. Stowe started her career at UAB as a counselor in the UAB Counseling and Wellness department, which had a director and one counselor on staff at that time. Later, she served as UAB Director of Disability Support Services until 2010. Currently, she serves as the chair of the enterprise-wide UAB Suicide Prevention Initiative, which was recognized in 2022 as the American College Health Association Best Practice in Collegiate Health.

In 2015, Dr. Stowe started the UAB Collegiate Recovery Community. In 2016, she started Wellness Promotion, where she served as the director for four years. At that time, the department became a stand-alone department under the leadership of a designated director. She also serves as faculty for the School of Public Health where she enjoys teaching and participating in research that promotes mental health awareness for college and university students.
Bambi Ingram is the manager of the University of Alabama at Birmingham’s Sustainability Program and the project director for UAB’s Solar House and Microgrid Demonstration Neighborhood.

Bambi is an International Society for Sustainability Professionals (ISSP) Certified Sustainability Professional and a LEED Green Associate. As Sustainability Manager for the University of Alabama at Birmingham—an urban campus of more than 200 classroom, office, research, and hospital buildings comprising one hundred city blocks—Bambi works to advance campus and community projects and policies in renewable energy, waste diversion, transportation, and other sustainability challenges.

Prior to her work at UAB, Bambi served as the director for Corporate and Foundation Relations at Birmingham-Southern College and the Southern Environmental Center. Over the course of her career, she has procured and managed more than $20 million in federal, state, corporate and foundation funds in support of higher education, arts, and environmental and renewable energy programs. Bambi currently serves on the board of directors for Energy Alabama.

Previously she served on boards for the Alabama Environmental Council, Birmingham Artwalk and the Homewood Arts Commission. Bambi holds a bachelor’s degree in art from California State University, Long Beach.
### SESSION I - 9:00 - 9:55 AM

| RM 312 | Alyssa Howard | Let’s Get Sexuwell: Applying a Sex-Positive Lens After an Abstinence-Focused K-12 System |
| RM 314 | Herbert Wilkerson, Vivica Parker & Ahkeem Lee | Building Belonging: Enhancing Student Well-being through the Social and Physical Environment of SMDP |
| RM 316 | Kit Emsile & Leslie DeVore | Collegiate Substance Use and Student Support: Cultivating a Recovery-Ready Campus |
| RM 318 | Leslie Riley, Consuelo Click, April Coleman, Christiane Joseph, Oliver Smith & Skylar Yasenchack | QPR for Suicide Prevention |
| RM 204/206 | Dr. Mary Wallace & Dr. Rebecca Kennedy | Health Promoting University Approach to Facilitating Environments for Student Engagement, Belonging, and Student Success |

### SESSION II - 10:00 - 10:55 AM

| RM 312 | Kenya Harris | It’s More to It: Understanding the Importance of Tailored Health Education Programming for Black Students |
| RM 314 | Krissi Williford | Clarity on Achieving Well-being |
| RM 316 | Oliver Smith | Boundaries and Burnout: The Importance of One to Avoid the Other |
| RM 318 | Tiffany Holloway | Fostering Sustainable Work Practices Utilizing AI Tools and More |
| RM 204/206 | Jennifer Griffin, Dr. Lauren Cotant & Abby Taylor | Sustaining Free Speech Practices through Content Neutral, Risk Mitigation & Education |
SESSION III • 11:00 – 11:55 AM

RM 312  Mica Harrell  Affinity Chat: Early to Mid-Career (3-7 years)
RM 314  Ahkeem Lee  Affinity Chat: First Years in Student Affairs (1-3 years)
RM 316  Kiera Walker  Affinity Chat: Managing Mid-Career Shifts
RM 318  Dr. Mary Wallace  Affinity Chat: View from the Top
RM 204/206  Allison Solomon  Affinity Chat: Extensive Experience (7+ years)

LUNCH & PANEL DISCUSSION
ANGELA STOWE, PH.D. • BAMBI INGRAM, ISSP SA
“Fostering a Sense of Belonging through Sustainability”
HSC Ballrooms | 12:15 - 1:45 PM

SESSION IV • 2:00 – 2:45 PM

RM 316  Dr. Carrie May  Art Therapy
RM 318  Melissa Turnage  Mindful Movement
HSC Amphitheater  University Recreation  Unity Pass-Through Challenge
RM 204/206  Roland Harris  UAB Human Resources
HSC Performance Lounge  Stephanie Stoltzer  Hand in Paw Animal-Assistant Therapy

CONFERENCE CLOSING
HSC BALLROOMS | 3:00 – 3:45 PM
ONE DAY CONFERENCE

· 2024 ONE DAY CONFERENCE SURVEY ·

· INDIVIDUAL SESSION EVALUATION SURVEY ·

SCAN BOTH CODES TO ACCESS CONFERENCE SURVEYS
A special thank you to the **One Day Conference Committee** and to all of the volunteers who helped make this day a success!

**DR. MARY WALLACE**  
AVP for Student Experience

**DR. BRANDON WRIGHT**  
UAB Career Center Director

**ALYSSA HOWARD**  
Interpersonal Violence Prevention Assistant Director

**DR. MI’KASA MITCHELL**  
Assistant Director of Student Activities

**MEGHAN WILSON**  
Scheduling & Events Coordinator

*Special thanks to Hill Student Center, Student Affairs Marketing & Communications and Campus Dining!*

*See you next year for the 7th annual One Day Conference in May 2025!*