Academic Coaching Student Intake Form

Name (Preferred) ___________________________    Cell Phone ___________________________

UAB Email ____________________________@uab.edu    Date ___________________________

Academic Coaching Overview

Academic Coaching is a one on one session with a student that is facilitated by a UASC Academic Coach. Sessions are conducted in an effort to identify and assess any external factors that may be impairing a student’s overall success at UAB. Students will attend three to five sessions (more if applicable) throughout the semester to create and track implementation of an academic success plan based on their individual needs. The goal of academic coaching is to provide the student with the skills and resources necessary in all areas that are directly correlated to academic and overall student success.

Academic Coaching Areas of Interest (check all that apply)

- Lack of organization
- Lack of goal setting and planning
- Lack of class attendance
- Ineffective study skills
- Ineffective test taking skills
- Ineffective note taking skills
- Poor time management
- Changing majors
- College transition
- Other: ___________________________

Please answer the following questions:

What interests you about Academic Coaching?

What are you hoping to gain from Academic Coaching?

How did you hear about Academic Coaching?
Academic Coaching Attendance Policy

- Each student is allowed a minimum of three, and a maximum of five coaching sessions during a semester that will last up to an hour in length. After meeting with an Academic Coach, you can discuss scheduling follow-up appointments. It is the discretion of the assigned Academic Coach if more than five appointments in the length of a semester are necessary.
- Keep scheduled appointments. If you need to cancel or reschedule, please do so with as much advance notice as possible. If you cancel over the phone, in-person, or online less than 24 hours in advance more than once, you will not be allowed to make any additional appointments for the term.
- It is the responsibility of the student to schedule any follow up appointments within the availability of their Academic Coach. If a students’ schedule does not permit for the availability of their Academic Coach, they must communicate this to make other arrangements.

Confidentiality

Communications between a student and Academic Coach will remain confidential. If you need to have the information from the sessions released to any specific person(s) or department(s), you must provide your coach with a written authorization form. To withdraw the release, you must provide documentation that you wish to revoke your original written authorization.

Academic Coaching Agreement

As a participant in the UAB University Academic Success Center Academic Coaching program, I will attend all scheduled coaching sessions, complete any activities as agreed upon, and carry out any recommendations assigned to me from my Academic Coach. If I do not adhere to the guidelines of the Academic Coaching program, I understand that I may be asked to no longer participate. As I agree to these terms of participation, I am committing myself to be both accountable and successful academically. I am ready and willing to make the necessary changes, and am open to having an honest and communicative relationship with my Academic Coach.

__________________________________________________________
Signature

__________________________________________________________
Date

*Please bring your completed Academic Coaching Student Intake form to your first scheduled appointment*