JANUARY
1/16: Make Your Mark and Set Your Goals
1/18: Taking Note of Your Note Taking
1/22: Study Cycle
1/24: Professional Communications
1/26: Netiquette
1/30: Motivations and Prioritization

MARCH
3/1: Money Matters
3/6: Self Perception and Growth Mindset
3/8: Advising 101: The Basics Recap
3/20: iProcrastinate
3/22: Taking Note of Your Note Taking: Concentration and Memory
3/26: Blazers Bounce Back
3/28: Making Your Time Work for You

FEBRUARY
2/1: Learning How You Learn Best - Learning Styles and MBTI
2/5: Credit Worthiness
2/7: Advising is Teaching: The How and Why of Academic Advising
2/13: Taming Test Anxiety
2/15: Demystifying the Core Curriculum
2/19: Stress Management, You Got This!
2/21: Metacognition
2/23: Make Your Mark and Set Your Goals
2/17: Blazers Bounce Back

APRIL
4/3: Building Your Academic Plan
4/5: Fostering Grit: Getting Through the Thick of It
4/9: Taming Test Anxiety: Finals Edition