

CLASSIC smoothies

A blend of whole fruits, juices, and sherbet or nonfat frozen yogurt

Sml \$4.70 Med \$5.50

STRAWBERRIES WILD

strawberry • banana • apple
cals: 290 & 410

MANGO-A-GO-GO

mango • pineapple • passion fruit
cals: 310 & 420

ORANGE-A-PEEL

orange • strawberry • banana
cals: 290 & 410

CARIBBEAN PASSION

mango • strawberry • peach • orange • passion fruit
cals: 270 & 360

RAZZMATAZZ

berry • banana • strawberry • orange
cals: 310 & 420

ALL FRUIT smoothies

A simple blend of whole fruits and/or veggies and juices • non-dairy

Sml \$4.90 Med \$5.90

STRAWBERRY WHIRL

strawberry • banana • apple
cals: 240 & 280

MEGA MANGO

mango • pineapple • passion fruit
cals: 240 & 350

ORANGE BLAST

orange • strawberry • mango • banana
cals: 220 & 280

ISLAND PASSION

passion fruit • mango • orange • banana • peach
cals: 250 & 340



APPLE 'N GREENS

apple • kale • mango • strawberry • peach
cals: 220 & 280

ADD A BOOST to any smoothie

\$0.50 each

3G ENERGY

cals: 5 (120mg caffeine)

CHIA SEEDS

cals: 35

DAILY VITAMIN

cals: 0 (contains soy)

KALE

cals: 20

WHEY PROTEIN

cals: 50 (contains milk, soy)

