THE UNIVERSITY OF ALABAMA AT BIRMINGHAM

2022-2023

MOVE-IN GUIDE

STUDENT HOUSING AND RESIDENCE LIFE
WE ARE VERY EXCITED TO WELCOME YOU TO THE UNIVERSITY OF ALABAMA AT BIRMINGHAM!

To help make your transition to on-campus living as smooth as possible, we have gathered some basic information for move-in.

*Check your UAB email throughout the summer for important information about living on-campus.

DATES & DEADLINES

FRESHMEN BUILDING & ROOMMATE ASSIGNMENTS

July 1 | 1st round of assignments emailed to applicants
July 15 | 2nd round of assignments emailed to applicants
July 29 | last day to request a change or swap.

- Log into My Housing to request a change.

August 8 | 3rd round of assignments emailed to applicants

HOUSING MOVE-IN | AUGUST 17 - 21

Check your UAB email for information about Housing move-in.
VIEW RESIDENCE HALL FLOOR PLANS AND PHOTOS ONLINE!

ROOM DETAILS:

WALLS AND CEILINGS
Do not insert any items (flat panel TVs, hooks, nails, etc.) into the walls or ceilings of your room. You can hang posters or paper items on the walls and ceilings with white sticky-tack or blue painters tape.

SECURITY
Whenever you leave your room (even for a few minutes), lock your door. Your hall and room are as safe as you make them. Also, be sure to write down the serial numbers for all electronic devices that you bring and store that list in a safe place.

PAYING FOR HOUSING
Your semester housing charges will be placed on your student account along with tuition and other fees. Fall charges are posted to student accounts in late July. Information about payment deadlines is available at uab.edu/whentopay.

UTILITIES INCLUDED:
- Electricity & Water
- Heating & Air
- Cable Television Service
- Ethernet and Wireless Network Connections
- Free Online Streaming Movie Service
- Free Laundry Swipes - 6 per week

YOUR ROOM WILL INCLUDE:
- Furniture - one per resident
- Twin XL bed + Mattress
- Dresser
- Desk + Chair
- Closet
BEFORE YOUR ARRIVAL

PICK-UP YOUR ONE CARD
- Make sure that you have your UAB ONE Card. Your ONE Card is your student ID and you will need it to check into your room, for entry into your residence hall, and to use your Meal Plan, Dragon Cash, and Blazer Bucks.

CONTACT YOUR ROOMMATE
- After you know who your roommate is, think about what items you will share and who will bring them (TV, appliances, cleaning products, etc.).

RES NET (RESIDENCE HALL WIFI)
- For information about ResNet, Student Housing's internet service provider, visit www.myresnet.com.

TRANSPORTATION OPTIONS
- Register your bike and pre-order your bike permit at www.uab.edu/transportation/biking. Looking to have a car on-campus? Pre-order your parking permit at https://www.uab.edu/transportation/. Take time to familiarize yourself with the UAB Blazer Express, Birmingham Max bus route, or Zyp BikeShare.

ATTEND YOUR FLOOR MEETING
- Continue to check your UAB email for an email from your Resident Assistant (RA). Your RA will welcome you to the floor and provide details for your first floor meeting.

COMPLETE THE ON BOARDING MODULE
- Complete the required virtual residential onboarding module. You will be added to the CANVAS course in early August. Continue to check your UAB email for information about the module.

MAKE SURE ALL ITEMS ARE PACKED IN BOXES OR REUSABLE TOTES AND ARE CLEARLY LABELED WITH YOUR NAME, RESIDENCE HALL, AND ROOM NUMBER.
You can help make this a great experience by reviewing the information we send you and ensuring you have done everything before you get to campus.

1. Move-in is structured around individual assigned move-in times. Move-in sign-ups are first come, first serve. Continue to check your UAB email for updates. Please adhere to your move-in time.

2. Cardboard boxes are preferred to plastic containers so they can be broken down and stored under the bed.

3. We recommend not throwing boxes away so they can be quickly re-assembled and packed for move out. Students returning for the spring semester do not have to move out at the end of the fall semester.

4. Students will have 20-30 minutes to unload their car. All cars must be moved to the parking deck once unloaded. Set up may take as long as you need, but please be aware that other students will need elevators for moving in and consider using the stairs.

5. Please make every effort to pack in one mid-size vehicle to limit traffic and congestion.

6. Complete the required residential onboarding module and attend your virtual first floor meeting before coming to campus. Continue to check your UAB email for updates.

7. Check-in at the lobby of your building with your UAB ONE Card.

8. Complete your electronic room condition report within 48 hours.

9. PLEASE PACK AND BRING ONLY ESSENTIAL ITEMS. WE WILL PROVIDE A LIST OF SUGGESTED ITEMS, AS WELL AS APPROVED CLEANING AND DISINFECTING PRODUCT RECOMMENDATIONS.
**ADDITIONAL INFORMATION**

- Students will have 20-30 minutes to unload their car and move their belongings into the building. Set up may take as long as you need, but please be aware that other students will need elevators for moving in and consider using the stairs.
- Due to congestion in the residence halls on move-in day, students are limited to 1-2 move in helpers in the hall at one time.
- Currently, UAB does not require masks to be worn inside non-clinical university buildings. It is optional for residents and helpers to wear a face mask/covering inside the residence halls.
- All cars must be moved to the designated parking deck once unloaded.
- Consider purchasing some items locally to minimize transporting and unloading essential items.
- If you are considered an early arrival (i.e., moving on campus before August 18), your Program Coordinator will contact you about your move-in day and time. You will not have to sign up for a move-in time.

All items should fit in one mid-size sedan. If you have more than one vehicle, the second vehicle must be unloaded from the parking deck or pulled into the unloading zone at a later time.

*Remember - you only have 20-30 minutes to unload your personal items.*
WHAT TO BRING

LINENS/LAUNDRY SUPPLIES
- SHEETS AND PILLOWCASES (2 SETS/XL TWIN)
- TOWELS
- PILLOWS
- MATTRESS PAD (XL TWIN)
- BLANKETS
- COMFORTER
- LAUNDRY BAGS/BASKET
- CLOTHES HANGERS
- LAUNDRY DETERGENT & STAIN REMOVER

STUDY/OFFICE SUPPLIES
- ELECTRONIC STORAGE - FLASH DRIVES
- NOTEBOOKS
- FOLDERS W/ POCKETS
- STICKY NOTES
- PAPER/BINDER CLIPS
- HIGHLIGHTER PENS (MULTIPLE COLORS)

HEALTH
- ASPIRIN/PAIN RELIEVERS/MEDICATIONS
- VITAMINS
- ADHESIVE BANDAGES/ANTIBIOTIC OINTMENT
- COUGH DROPS
- THERMOMETER

ELECTRONICS
- LAPTOP (PRINTER OPTIONAL)
- HDMI CORD
- ETHERNET CORD (FOR COMPUTER. ALL ROOMS HAVE WIRELESS)
- SURGE PROTECTOR
- EXTENSION CORD
- DEVICE CHARGERS

SHARED ITEMS - CHECK WITH ROOMMATES
- AUDIO EQUIPMENT
- TV/MONITOR
- MICROWAVE (RAST/CAMP/BLAZER)
- POSTERS/ART
- REMOVABLE ADHESIVE STRIPS

MISC
- UMBRELLA/RAIN COAT
- BACKPACK
- MINI TRASH CAN
- KITCHEN TRASH CAN
- HAND SANITIZER

CLOTHING
- PACK FOR WARM WEATHER
- HEAVY SWEATERS AND OVERCOATS ARE BULKY AND NONESSENTIAL UNTIL EARLY NOVEMBER

HOUSEHOLD/KITCHEN
- TRASH BAGS
- LIGHT BULBS
- ALL PURPOSE CLEANER
- PLASTIC STORAGE BAGS
- DISH SOAP
- DISINFECTANT WIPES
- DISINFECTANT SPRAY
- TISSUES/TOILET PAPER
- COFFEE MUG
- WATER BOTTLE
- CAN/BOTTLE OPENER
- CUPS/PLATES/BOWLS
- UTENSILS

WHAT NOT TO BRING
- TOASTER OVEN
- TOASTER
- ANY OPEN COIL APPLIANCES
- HALOGEN LAMPS
- MEDUSA LAMPS
- EXTRA BED/MATTRESS
- INCENSE/CANDLES
- FIREWORKS
- ALCOHOL
- DRUGS/DRUG PARAPHERNALIA
- WEAPONS
- PETS
- CHARCOAL/GAS GRILL
It is highly recommended for residential students to purchase renter’s insurance. UAB is not responsible for damages (water, smoke, etc.) or theft of resident student property. In some cases, the resident parent/guardian homeowners’ policy may extend coverage to room and property in on-campus housing, but it is strongly advised that residents check with an insurance agent. To view a video about renters insurance via National Student Services, Inc (NSSI) please click here.

Lastly, for information about various policy options please visit https://www.nssi.com/
COVID-19 Community Standards

Every residential student has a vital role to play in reducing the spread of the novel coronavirus (COVID-19) and keeping our campus community safe. We highly encourage all students to get vaccinated before coming to campus. Students who are vaccinated are encouraged to upload their vaccination confirmation to the Student Health Services portal (https://studentwellness.uab.edu/login_directory.aspx).

At this time, there are no active UAB/campus mandates for access, face coverings (are optional), or social distancing related to prevention of COVID-19. In the event these circumstances change, residents will be notified of the campus health/safety requirements and will be expected to fully comply as stated in the Community Guidelines, Residence Hall Handbook, and Housing Contract.
ONE STOP STUDENT SERVICES

One Stop is conveniently located on the first floor of the Hill Student Center. Members of the One Stop team can assist you with meal plans, financial aid, parking, paying your bill, or more. If you have any questions prior to move-in feel free to contact them at onestop@uab.edu or 205.934.4300.

DINING

UAB has a vast selection of dining locations across campus (www.uab.edu/dining/locations). All students that live on campus are required to purchase a meal plan. Visit the Meal Plans website to find a plan that’s right for you and sign-up online: www.uab.edu/mealplans.

PARKING

If you plan to bring a car to campus, you can purchase a parking permit from UAB Parking and Transportation at www.uab.edu/parking. On their website, you will also find information for Blazer Express, the UAB campus bus service, and bike resources and education.

SAFETY

UAB has many campus-wide features to foster a safe and secure environment:

- Residence halls are locked 24/7 - ONE Card access to residents only
- 24/7 staffed front desk at each residence hall
- Student Housing and Residence Life has a UAB Police Precinct
- Over 400 Help phones on campus that connect directly to UAB Police
- Blazer Express bus service that provides free rides to students around campus

TO INCREASE YOUR SAFETY

- Always carry your cell phone.
- Always let your roommate or someone know when/where you are going and when you expect to return.
- Download the Rave Guardian app at uab/edu/emergency/rave-guardian.
- Refer to the UABPD website at www.uab.edu/police for additional information.

TECHNOLOGY

You will be sent an email prior to move-in explaining how to set up your internet connection and MyResNet account. For more information visit www.myresnet.com.
# Contact Us

## Student Housing and Residence Life

<table>
<thead>
<tr>
<th>Main Housing Office</th>
<th>Residence Life and Second Year Experience Office</th>
</tr>
</thead>
<tbody>
<tr>
<td>900 17th Street South</td>
<td>1600 10th Ave South</td>
</tr>
<tr>
<td>103 Gold Hall</td>
<td>1100 McMahon Hall</td>
</tr>
<tr>
<td>Birmingham, AL 35205</td>
<td>Birmingham, AL 35205</td>
</tr>
<tr>
<td>205.996.0400</td>
<td>205.996.4575</td>
</tr>
<tr>
<td><a href="mailto:studenthousing@uab.edu">studenthousing@uab.edu</a></td>
<td><a href="mailto:studenthousing@uab.edu">studenthousing@uab.edu</a></td>
</tr>
<tr>
<td>uab.edu/housing</td>
<td>uab.edu/housing</td>
</tr>
</tbody>
</table>

## Follow Us on Social Media

- [UAB Housing Facebook](https://www.facebook.com/UABHousing)
- [UAB Housing Instagram](https://www.instagram.com/uabhousing)
- [UAB Housing Twitter](https://twitter.com/UABHousing)