THE UNIVERSITY OF ALABAMA AT BIRMINGHAM



2021 - 2022

# MOVE-IN GUIDE

STUDENT HOUSING AND RESIDENCE LIFE





# WE ARE VERY EXCITED TO WELCOME YOU TO THE UNIVERSITY OF ALABAMA AT BIRMINGHAM!

# To help make your transition to on-campus living as smooth as possible, we have gathered some basic information for move-in.

\*Check your UAB email throughout the summer for important information about living on-campus.

# **DATES & DEADLINES**

### FRESHMEN BUILDING & ROOMMATE ASSIGNMENTS

July 2 | 1st round of assignments emailed to applicants July 16 | 2nd round of assignments emailed to applicants July 30 | last day to request a change or swap.

Log into My Housing to request a change.

August 9 | 3rd round of assignments emailed to applicants

### **HOUSING MOVE-IN | AUGUST 18 - 22**

Check your UAB email for information about Housing move-in.

# **VIEW RESIDENCE HALL FLOOR PLANS AND PHOTOS ONLINE!**

WWW.UAB.EDU/STUDENTS/HOUSING

### **ROOM DETAILS:**

#### **WALLS AND CEILINGS**

Do not insert any items (flat panel TVs, hooks, nails, etc.) into the walls or ceilings of your room. You can hang posters or paper items on the walls and ceilings with white sticky-tack or blue painters tape.

#### **SECURITY**

Whenever you leave your room (even for a few minutes), lock your door. Your hall and room are as safe as you make them. Also, be sure to write down the serial numbers for all electronic devices that you bring and store that list in a safe place.

#### **PAYING FOR HOUSING**

Your semester housing charges will be placed on your student account along with tuition and other fees. Fall charges are posted to student accounts in late July. Information about payment deadlines is available at uab.edu/wheretopay.

### **UTILITIES INCLUDED:**

- Electricity & Water
- Heating & Air
- Cable Television Service
- Ethernet and Wireless Network Connections
- Free Online Streaming Movie Service
- Free Laundry Swipes 6 per week

### YOUR ROOM WILL INCLUDE:

- Furniture one per resident
- Twin XL bed + Mattress
- Dresser
- Desk + Chair
- Closet

# BEFORE YOUR ARRIVAL

## PICK-UP YOUR ONE CARD

Make sure that you have your UAB ONE Card. Your ONE Card is your student ID and you will need it to check into your room, for entry into your residence hall, and to use your Meal Plan, Dragon Cash, and Blazer Bucks.

## **CONTACT YOUR ROOMMATE**

After you know who your roommate is, think about what items you will share and who will bring them (TV, appliances, cleaning products, etc.).

# **RES NET (RESIDENCE HALL WIFI)**

■ For information about ResNet, Student Housing's internet service provider, visit www.myresnet.com.

# TRANSPORTATION OPTIONS

Register your bike and pre-order your bike permit at www.uab.edu/transportation/students/bike-on-campus. Looking to have a car on-campus? Pre-order your parking permit at www.uab.edu/parking. Take time to familiarize yourself with the UAB Blazer Express. Birmingham Max bus route, or Zyp BikeShare.

# ATTEND YOUR FLOOR MEETING

Continue to check your UAB email for an email from your Resident Assistant (RA).
 Your RA will welcome you to the floor and provide details for your first floor meeting.

## COMPLETE THE ON BOARDING MODULE

 Complete the required virtual residential onboarding module. You will be added to the CANVAS course in early August. Continue to check your UAB email for information about the module.

MAKE SURE ALL ITEMS ARE PACKED IN BOXES OR REUSABLE TOTES AND ARE CLEARLY LABELED WITH YOUR NAME, RESIDENCE HALL, AND ROOM NUMBER.



# YOUR MOVE

- You can help make this a great experience by reviewing the information we send you and ensuring you have done everything before you get to campus.
- Move-in is structured around individual assigned move-in times. Move-in sign-ups are first come, first serve. Continue to check your UAB email for updates. Please adhere to your move-in time.
- Cardboard boxes are preferred to plastic containers so they can be broken down and stored under the bed.

- We recommend not throwing boxes away so they can be quickly re-assembled and packed for move out. Students returning for the spring semester do not have to move out at the end of the fall semester.
- Students will have 20-30 minutes to unload their car. All cars must be moved to the parking deck once unloaded. Set up may take as long as you need, but please be aware that other students will need elevators for moving in and consider using the stairs.
- Please make every effort to pack in one mid-size vehicle to limit traffic and congestion.

- Complete the required residential onboarding module and attend your virtual first floor meeting before coming to campus. Continue to check your UAB email for updates.
- Check-in at the lobby of your building with your UAB ONE Card.
- Complete your electronic room condition report within 48 hours.

PLEASE PACK AND BRING ONLY ESSENTIAL ITEMS. WE WILL PROVIDE A LIST OF SUGGESTED ITEMS, AS WELL AS APPROVED CLEANING AND DISINFECTING PRODUCT RECOMMENDATIONS.

# **ADDITIONAL INFORMATION**

- Students will have 20-30 minutes to unload their car and move their belongings into the building.
  Set up may take as long as you need, but please be aware that other students will need elevators for moving in and consider using the stairs
- Due to congestion in the residence halls on move-in day, students are limited to 1-2 move in helpers in the hall at one time
- All cars must be moved to the designated parking deck once unloaded
- Consider purchasing some items locally to minimize transporting and unloading essential items
- If you are considered an early arrival (i.e., moving on campus before August 18), your Program Coordinator will contact you about your move-in day and time. You will not have to signup for a move-in time

# **COVID-19 Community Standards**

Every residential student has a vital role to play in reducing the spread of the novel coronavirus (COVID-19) and keeping our campus community safe. We highly encourage all students to get vaccinated before coming to campus. Students who are vaccinated should upload their vaccination confirmation to the Student Health Services portal (https://studentwellness.uab.edu/login\_directory.aspx).

Being a Blazer means doing our part to keep our community safe by following important guidelines:

- Wear a mask/face covering if unvaccinated or in a clinical setting
- Clean and disinfect frequently touched objects
- Stay at least three (3) feet away from others
- Practice good hand hygiene, and avoid touching your face
- Cover your mouth and nose with your sleeve when you sneeze or cough

The Centers for Disease Control and Prevention (CDC) says that patients with confirmed COVID-19 infection have reported mild to severe respiratory illness with symptoms of:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell

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If you experience any of these symptoms, please contact Student Health Services immediately.

# WHAT TO BRING

#### **LINENS/LAUNDRY SUPPLIES**

- SHEETS AND PILLOWCASES (2 SETS/XL TWIN)
- TOWELS
- PILLOWS
- MATTRESS PAD (XL TWIN)
- BLANKETS
- COMFORTER
- LAUNDRY BAGS/BASKET
- CLOTHES HANGERS
- LAUNDRY DETERGENT & STAIN REMOVER

#### STUDY/OFFICE SUPPLIES

- ELECTRONIC STORAGE FLASH DRIVES
- NOTEBOOKS
- FOLDERS W/ POCKETS
- STICKY NOTES
- PAPER/BINDER CLIPS
- HIGHLIGHTER PENS (MULTIPLE COLORS)

### **HEALTH**

- ASPIRIN/PAIN RELIEVERS/MEDICATIONS
- VITAMINS
- ADHESIVE BANDAGES/ANTIBIOTIC OINTMENT
- COUGH DROPS
- **■** THERMOMETER

### **ELECTRONICS**

- LAPTOP (PRINTER OPTIONAL)
- HDMI CORD
- ETHERNET CORD (FOR COMPUTER. ALL ROOMS HAVE WIRELESS)
- SURGE PROTECTOR
- EXTENSION CORD
- DEVICE CHARGERS

# SHARED ITEMS - CHECK WITH ROOMMATES

- AUDIO EQUIPMENT
- TV/MONITOR
- MICROWAVE (RAST/CAMP/BLAZER)
- POSTERS/ART
- REMOVABLE ADHESIVE STRIPS

#### **MISC**

- UMBRELLA/RAIN COAT
- BACKPACK
- MINI TRASH CAN
- KITCHEN TRASH CAN
- HAND SANITIZER

### **CLOTHING**

- PACK FOR WARM WEATHER
- HEAVY SWEATERS AND OVERCOATS ARE BULKY AND NONESSENTIAL UNTIL EARLY NOVEMBER

#### HOUSEHOLD/KITCHEN

- TRASH BAGS
- LIGHT BULBS
- ALL PURPOSE CLEANER
- PLASTIC STORAGE BAGS
- DISH SOAP
- DISINFECTANT WIPES
- DISINFECTANT SPRAY
- TISSUES/TOILET PAPER
- COFFEE MUG
- WATER BOTTLE
- CAN/BOTTLE OPENER
- CUPS/PLATES/BOWLS
- UTENSILS

#### WHAT NOT TO BRING

- TOASTER OVEN
- TOASTER
- ANY OPEN COIL
  APPLIANCES
- HALOGEN LAMPS
- MEDUSA LAMPS
- EXTRA BED/MATTRESS
- INCENSE/CANDLES
- FIREWORKS
- ALCOHOL
- DRUGS/DRUG PARAPHERNALIA
- WEAPONS
- PETS
- CHARCOAL/GAS GRILL



# WHAT TO BRING

All items should fit in one mid-size sedan. If you have more than one vehicle, the second vehicle must be unloaded from the parking deck or pulled into the unloading zone at a later time.

\*Remember - you only have 20-30 minutes to unload your personal items.

### ONE STOP STUDENT SERVICES

One Stop is conveniently located on the first floor of the Hill Student Center. Members of the One Stop team can assist you with meal plans, financial aid, parking, paying your bill, or more. if you have any questions prior to move-in feel free to contact them at onestop@uab.edu or 205.934.4300.

### DINING

UAB has a vast selection of dining locations across campus (www.uab.edu/dining/locations). All students that live on campus are required to purchase a meal plan. Visit the Meal Plans website to find a plan that's right for you and sign-up online: www.uab.edu/mealplans.

### **PARKING**

If you plan to bring a car to campus, you can purchase a parking permit from UAB Parking and Transportation at www.uab/edu/parking. On their website, you will also find information for Blazer Express, the UAB campus bus service, and bike resources and education.

### **SAFETY**

UAB has many campus-wide features to foster a safe and secure environment:

- Residence halls are locked 24/7 ONE Card access to residents only
- 24/7 staffed front desk at each residence hall
- Student Housing and Residence Life has a UAB Police Precinct
- Over 400 Help phones on campus that connect directly to UAB Police
- Blazer Express bus service that provides free rides to students around campus

### TO INCREASE YOUR SAFETY

- Always carry your cell phone.
- Always let your roommate or someone know when/where you are going and when you expect to return.
- Download the Rave Guardian app at uab/edu/emergency/rave-guardian.
- Refer to the UABPD website at www.uab.edu/police for additional information.

## TECHNOLOGY

You will be sent an email prior to move-in explaining how to set up your internet connection and MyResNet account. For more information visit www.myresnet.com.

# **CONTACT US**

# STUDENT HOUSING AND RESIDENCE LIFE

Main Housing Office 900 17th Street South 103 Gold Hall Birmingham, AL 35205 205.996.0400 studenthousing@uab.edu uab.edu/housing Residence Life and Second Year Experience Office 1600 10th Ave South 1100 McMahon Hall Birmingham, AL 35205 205.996.4575 studenthousing@uab.edu uab.edu/housing

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