PEER WELLNESS AMBASSADOR POSITION DESCRIPTION

POSITION SUMMARY
Peer Wellness Ambassadors (PWAs) are a committed group of students who understand the importance of health and wellness and the value of connecting students to resources on campus to be successful while at the University of Alabama at Birmingham. Through intentional collaboration and support from University resources and the Office of Student Housing and Residence Life, the Peer Wellness Ambassador helps to foster a healthy environment within first-year residence halls by connecting their peers with mental and physical health and wellness resources that allow each member of our community to thrive and sustain the challenges, rigors, and stress of pursuing an academic degree while living in the residence halls.

POSITION RESPONSIBILITIES
- Plan and implement active and passive residence hall programs or initiatives related to the promotion of wellness.
- Implement additional programs utilizing individual and community needs assessment data gathered by Resident Assistants through their intentional engagement and interactions with resident students.
- Presence at Hall Council and Residence Hall Association meetings.
- Develop and implement a week of wellness-focused on the learning goals outlined in the residential curriculum and the promotion of the seven dimensions of wellness.
- Collaborate with campus and Birmingham-city departments and resources to identify and create opportunities to educate peers about health and wellness.
- Seek out opportunities to work with Resident Assistants, the Residence Hall Association, and Hall Councils to connect peers to campus resources and events that promote the concept of a healthy, balanced life while a student and beyond.
- Attendance weekly residence life student staff meetings (Thursdays, 6:30 pm – 8:30 pm).
- Attendance at student staff training.
- Required to work (3) hours at the front desk of your assigned hall per week. It is preferred that PWAs work the 6 pm – 9 pm desk shift.

QUALIFICATIONS
- **Incoming Frist-Year Students:** High School GPA of 3.0 or higher; significant involvement in co-curricular activities outside of the classroom setting.
- **Current UAB Students:** UAB semester and cumulative GPA of 2.50 or higher
Peer Wellness Ambassadors must maintain a 2.5 cumulative and semester GPA. Failure to achieve a cumulative GPA of 2.5 or higher will result in removal in from the position. Failure to achieve a semester GPA of 2.5 or higher will result in being placed on departmental academic probation.
- Must be registered for a minimum of 12 undergraduate-level hours or 9 graduate-level hours for both fall and spring term.
- Must be in good conduct standing with the university – conduct records will be verified

REQUIRED SKILLS
To be considered for this position, applicants must:
- Be willing to collaborate with their student peers, campus partners, and Residence Life staff.
- Have good understanding of Health and Wellness resources.
- Be able to develop relationships and manage conflict
- Have participated in community health, wellness, and prevention efforts

ACQUIRED SKILLS

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<tr>
<th>AS A RESULT OF SERVING IN THE PEER WELLNESS AMBASSADOR ROLE WITH THE OFFICE OF STUDENT HOUSING AND RESIDENCE LIFE, STUDENTS WILL ACQUIRE THE FOLLOWING SKILLS:</th>
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<tr>
<td><strong>PRACTICAL LEADERSHIP &amp; MANAGEMENT SKILLS</strong></td>
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<td>▪ Understand of basic requirements of the role and policies and procedures associated with the position.</td>
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<td>▪ Understand of the Student Housing and Residence Life vision and mission.</td>
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<td><strong>CIVIC IDENTITY &amp; COMMITMENT TO SERVICE</strong></td>
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<td>▪ Participate in organizations and activities that enhance their collegiate experience that foster greater sense of community within UAB.</td>
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<td><strong>TECHNOLOGY</strong></td>
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<td>▪ Explain currently trending social media platforms and their intended scope of use</td>
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<td><strong>CULTURAL HUMILITY &amp; GLOBAL FLUENCY</strong></td>
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<td>▪ Understand Divisional Core Values</td>
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BENEFITS & COMPENSATION

1. 50% discount on housing and a meal plan (Dining Dollars)
   a. Note: Freshmen PWAs will still need to purchase a required freshmen meal plan.
2. Early arrival and move-in to campus for fall semester.
3. Hall swag, name tag, and acknowledgment as a hall student leader within the residence hall community.
4. On-going leadership development.
5. Employment competencies to be leveraged for future leadership positions and employment.

CONTACT INFORMATION

If interested in applying, please email a cover letter, resume, and 3-5 professional references to shrlrecruitment@uab.edu addressing Brian Johnson, Director of Residence Life.

Brian Johnson
Director of Residence Life
Student Housing and Residence Life
shrlrecruitment@uab.edu
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Fax: 205.975.7297