

# **Adventure Recreation Intern**

### **JOB DESCRIPTION**

# **POSITION SUMMARY**

The adventure rec intern would be responsible for assisting the adventure rec coordinator in the day-to-day operations of the adventure rec program. This would include making schedules, planning, and organizing programming and events, assisting in the planning of trips, operating the rental center, and promoting the adventure rec department. The intern would also be responsible for gaining a base amount of knowledge about rock climbing and other outdoor activities. The position would require working 20 hours a week.

### **RESPONSIBILITIES**

- Assist with administrative tasks
- Track climbing wall attendance
- Track programming attendance
- Help plan and facilitate team meetings
- Update and maintain certification databases
- Assist with tabling events
- Assist in planning creating, organizing, executing, and evaluating Adventure Rec programming special events such as the grand slam and trips
- Aid in rental center equipment maintenance
- Attend meetings with the adventure recreation coordinator
- Help in the creation and administration of instructional program evaluations/surveys
- Develop a wellness/well-being educational program
- Evening/weekend work responsibility as required

# **ACQUIRED SKILLS**

As a result of working as an Adventure Recreation Intern, the student intern will have the opportunity to acquire and improve communication, time management, conflict resolution, adaptability, and customer service skills. The intern will gain knowledge of working in administration within a programming setting.

# STUDENT LEARNING OUTCOMES

- As a result of working for University Recreation, student intern will develop a sense of community by building relationships through effective communication and teamwork to foster resiliency.
- As a result of working for University Recreation, student intern will be able to demonstrate decision making and problem-solving skills acquired through trainings, experiences, and evaluations.
- As a result of working for University Recreation, student employees will be able to demonstrate professionalism by holding themselves and their coworkers accountable.
- As a result of working for University Recreation, student employees will be given opportunities for professional development to prepare them for future career.

## **JOB REQUIREMENTS**

# **REQUIRED QUALIFICATIONS**

- Degree seeking student at UAB.
- Complete all other required training upon hiring
  - Safety Skills
  - Disability Support Services Certification
  - o Emergency Evacuation Training Certification

# PREFERRED CERTIFICATIONS

• Current CPR/AED/First Aid for the Professional Rescuer (CPRO) Certification

### **REQUIRED SKILLS**

Leadership and supervisory abilities. Ability to work independently. Knowledge of standard practices in recreational sports and fitness. Ability to effectively manage conflict and give constructive criticism to co-workers. Ability to thrive in an environment that values high expectations, accountability, and balanced lifestyles.

- Basic computer competency
- Ability to handle customer service issues as it relates to Sports activity.
- Ability to communicate effectively with participants and professional staff.
- Ability to multitask and manage time effectively and efficiently.
- Ability to withstand extended periods of time standing, jumping, swiftly moving, and other general physical movements inside and outside.
- Repetitive movement due to belaying
- May require hearing and talking.
- Ability to withstand extended periods of activity and communicating.
- Ability to lift 30 lbs. on a regular basis

<sup>\*\*</sup>Certain disability accommodations may be accepted.