



SPRING 2021 SCHEDULE

50% OFF
SPRING UNLIMITED PASSES

MON	TUE	WED	THUR	FRI
GRACE 6:15a-7:00a	GRACE 6:15a-7:00a	GRACE + PEYTON 6:15a-7:00a	GRACE 6:15a-7:00a	PEYTON 6:15a-7:00a
	DOMINIQUE 12:00p-12:45p		DOMINIQUE 12:00p-12:45p	ZORICA 12:00p-12:45p
DE'ANGELO + ALEX 5:30p-6:15p	ALEX 5:30p-6:15p	CHRISTY + SAVANNAH 5:30p-6:15p	ALEX 5:30p-6:15p	DOMINIQUE 5:30p-6:15p

MONDAY, WEDNESDAY, FRIDAY:
CARDIO-BASED WORKOUTS
TUESDAY, THURSDAY:
STRENGTH-BASED WORKOUTS

