Interested in becoming a Nationally Certified Personal Trainer? UAB Campus Recreation has partnered with the National Academy of Sports Medicine (NASM) to provide a course for one of the top, nationally recognized Personal Training Certifications. This 10-week course will give you the knowledge and practical experience necessary for becoming a Nationally Certified Personal Trainer!

**INCLUDES**
- NASM Essentials of Personal Fitness Training textbook
- Chapter-by-chapter online courses
- Quizzes and Reviews of each chapter
- NASM Certified Personal Trainer (NASM CPT) pre-test
  - NASM CPT practice exam
  - NASM CPT exam

**REGISTRATION**
Register at Membership Services or on our website at uab.edu/students/campusrecreation

Student **$650**
Non Student **$750**

**$1,500** VALUED COURSE