Meals & Catering at UAB

Tips to decrease the spread of germs while eating.

1. Wash hands before and after you eat
2. Provide individually wrapped meals
3. Use separate utensils for each person
4. Wear a mask until ready to eat
5. Maintain 6 feet of distance from others
6. Eat in your office or outside
7. Wipe all surfaces before and after

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Approved by _______________________. Date ____________________